Welcome to Early Childhood Education Birth to Age 5!

Early Childhood Family Education (ECFE) and Duluth Preschool are programs of Duluth Community Education, with a mission of lifelong learning.

We understand that parents are a child’s first and most important teachers. We partner with our parents and families to offer the very best in early childhood and family education. Our team of parent educators and early childhood teachers offer support and education for your child and your family. Please join us for a parent/infant class, a class for you and your on-the-move toddler, or one of our preschool classes.

We are eager to welcome your family and young children as an important part of our school communities.

What Happens in ECFE?

All Early Childhood Family Education (ECFE) programs include parent education, early childhood education, and parent-child interaction.

• Parent education time: Guided by a licensed parent educator. Conversations are focused on research-based curriculum, relate to child and parent development and are tailored to meet parent and family needs.
• Parent-child time: Time in the children’s classroom for parents and children to play and learn together in a safe and educational environment.
• Early childhood classroom time: Children will have time to play with their peers and enjoy activities planned by a licensed early childhood teacher.
• Sibling care: Sibling care is offered, for your convenience, to siblings of class participants. You must register your children for sibling care.
• Parent Advisory Council: Parents are given the opportunity to be part of site and citywide advisory council to offer their input around programming.
• Family events: Offered throughout the year at various locations.
• Home visits: Offered to families who are not able to attend a class or have a need to address individual child, parent, or family needs.

For Parents & Families:
• Information on child development
• Strategies for effective limit-setting and teaching
• Strategies for balancing work & family & managing stress
• Familiarity with community resources for families with young children
• Comfort with schools and understanding the parent role in supporting kindergarten readiness and long-term school success
• Focused time for parents and children to learn & explore in an early childhood environment

For Schools & Communities
• Parents who have positive connections to schools and other community programs
• Parents who are engaged and ready for leadership in schools
• Enhanced social connections and informal support between families in the community
• Community norms for appropriate and effective discipline for young children
MIXED AGES

Mixed Ages classes are a great opportunity for families with more than one child to be able to experience ECFE. Classes start with parent-child activity time. Parents and children are able to play and learn together in a safe and educational environment. During the Parent Ed time, children will stay with the early childhood teacher and staff. This is an opportunity for children to play with peers and enjoy activities in all areas of development. Parents attend a discussion group led by a Parent Educator. The parent group includes information on developmental, age-related concerns and allows time to get to know other parents. Sibling care available - registration required. See Registration Page 39.

Mondays:
L4 Lester Park 5:30-7:00 0-4 Year Olds
P2 Piedmont 11:00-12:30 0-4 Year Olds
S1 Stowe 9:00-10:30 0-4 Year Olds
S2 Stowe 11:00-12:30 0-4 Year Olds
S3 Stowe 6:00-7:30 0-4 Year Olds

Tuesdays:
L7 Lester Park – outdoor focus 3:30-5:00 0-4 Year Olds
L8 Lester Park 5:30-7:00 0-4 Year Olds
G6 Grant Rec Center 9:00-10:30 0-4 Year Olds
P6 Piedmont 6:00-7:30 0-4 Year Olds
W1 Washington 9:00-10:30 0-4 Year Olds
W2 Washington 11:00-12:30 0-4 Year Olds

Thursdays:
G8 Grant Rec Center 9:00-10:30 0-4 Year Olds
G9 Grant Rec Center 11:00-12:30 0-4 Year

PARENT/INFANT

Babies learn best by interacting with the people and objects in their environment. Learn about the importance of these early years and what you can do to promote healthy development. Parent/Infant classes include parent-and-baby activity time, parent discussion time, and time to connect with other parents. Parent/Infant classes are non-separating classes.

Mondays:
P3 Piedmont 3:30-5:00 0-12 Month Olds
P4 Piedmont 5:30-7:00 0-12 Month Olds

Tuesdays:
G7 Grant Rec Center 11:00-12:30 0-12 Month Olds

Wednesdays:
L9 Lester Park 9:00-10:30 0-12 Month Olds
L10 Lester Park 11:00-12:30 0-12 Month Olds
W3 Washington 1st Year Program 1:30-3:30 0-12 Month Olds

ADOPTIVE & FOSTER PARENTING

Join discussions that are unique to you as an adoptive or foster parent. Enjoy conversation with others who may be experiencing similar joys and challenges of parenting. This weekly discussion is led by a licensed Parent Educator.
Wednesdays 11:00-12:30
Piedmont Elementary
Begins September 16th
To register:
fill out the registration form on page 39

FIRST YEAR PROGRAM

This program assists first-time parents, 18 years and over, who have limited support during the critical transition time between pregnancy and parenthood. This class meets on Wednesdays from 1:30-3:30 at Washington Center. If you know of a family who would benefit from this program, or would like more information please contact our office at: 218-336-8815 or earlychildhood@isd709.org.

The First Year and Child Care Provider Mentorship Programs are offered in collaboration with grants from the Northland Foundation.

CHILD CARE PROVIDER MENTORSHIP

A licensed early childhood or parent educator provides monthly visits to in-home child care providers to provide enrichment activities for children and educational mentorship and support for the provider. Please contact our office if you are interested in this FREE opportunity. Spaces are limited. 218-336-8815 or earlychildhood@isd709.org

HOME VISITS

ECFE offers home visits to families who cannot attend class or would benefit from a parent educator visiting them at home to address individual child, parent, or family needs. If you have questions about home visiting, please contact the ECFE office. 218-336-8815 or earlychildhood@isd709.org
Early Childhood Programs

FREE

6 WEEK LONG PARENT/INFANT CLASS

For children birth-4 months old.
Topics include: adjusting to parenting, crying and sleeping issues, infant health and safety, feeding and nutrition, attachment and development.

Piedmont Elementary School:
2827 Chambersburg Ave Room 201
Duluth, MN 55811

Session #1: PI1
Wednesdays, 2:30-4:00
Sept 23, 30, October 7, 14, 21, 28

Session #2: PI2
Wednesdays, 2:30-4:00
Nov 11, 18, 25, Dec 2, 9, 16

Session #3: PI3
Wednesdays, 2:30-4:00
Jan 6, 13, 20, 27, Feb 3, 10

Session #4: PI4
Wednesdays, 2:30-4:00
Feb 24, March 3, 10, 17, 24, 31

Session #5: PI5
Wednesdays, 2:30-4:00
April 7, 14, 28, May 5, 12, 19

ONE YEAR OLDS
Your toddler’s road to independence has begun. Enjoy time playing with your toddler in a safe and educational environment. Children will have time to play with peers and enjoy activities in all areas of development, while parents engage in a discussion led by a licensed Parent Educator. The parent group includes information on developmental and age-related concerns and allows time to get to know other parents. We realize separation from one year olds can be difficult. One-year-old classes will begin a gradual separation when each group is ready.
Sibling care available - registration required.

TWO YEAR OLDS
Two-year-old classes start with parent-child activity time. This is a great opportunity for parents and children to play and learn together in a safe and educational environment. While parents meet nearby, children stay with the early childhood teacher and staff. They have the opportunity to play with peers and enjoy activities in all areas of development. Parents attend a discussion group led by a licensed Parent Educator. The parent group includes information on developmental and age-related concerns and allows time to get to know other parents.
Sibling care available - registration required.

Mondays:
P1 Piedmont 9:00-10:30 2 Year Olds
L3 Lester Park 3:30-5:00 1 Year Olds

Tuesdays:
P5 Piedmont 4:00-5:30 1 Year Olds

Wednesdays:
P7 Piedmont 9:00-10:30 2 & 3 Year Olds

Thursdays:
P10 Piedmont 11:00-12:30 2 & 3 Year Olds

To register: fill out the registration form on page 39
THREE & FOUR YEAR OLDS

Three- and four-year-old ECFE classes start with parent-child activity time. This is a great opportunity for parents and children to play and learn together in a safe and educational environment. While parents meet nearby, children stay with the early childhood teacher and staff. They have the opportunity to play with peers and enjoy activities in all areas of development. Parents attend a discussion group led by a licensed Parent Educator. The parent group includes information on developmental, age-related concerns and allows time to get to know other parents. Sibling care available - registration required.

Mondays:
L2 Lester Park 11:00-12:30 3 Year Olds
Wednesdays:
P7 Piedmont 9:00-10:30 2 & 3 Year Olds
Thursdays:
L12 Lester Park 11:00-12:30 3 & 4 Year Olds
P10 Piedmont 11:00-12:30 2 & 3 Year Olds
For Mixed Age class options see page 34

Lester Park Elementary School:
5300 Glenwood Street Room 210
Duluth, MN 55804
218-336-8875

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
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<tr>
<td>L1 - 9:00-10:30 1 Year Olds</td>
<td>L5 - 9:00-10:30 1 Year Olds</td>
<td>L9 - 9:00-10:30 0-12 Month Olds</td>
<td>L11 - 9:00-10:30 2 Year Olds</td>
</tr>
<tr>
<td>L2 - 11:00-12:30 3 Year Olds</td>
<td>L6 - 11:00-12:30 2 Year Olds</td>
<td>L10 - 11:00-12:30 0-12 Month Olds</td>
<td>L12 - 11:00-12:30 3 &amp; 4 Year Olds</td>
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<tr>
<td>L3 - 3:30-5:00 1 Year Olds</td>
<td>L7 - 3:30-5:00 Mixed Ages 0-4 Year Olds Outdoor focus</td>
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<tr>
<td>L4 - 5:30-7:00 Mixed Ages 0-4 Year Olds</td>
<td>L8 - 5:30-7:00 Mixed Ages 0-4 Year Olds</td>
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</table>

To register for a class, fill out the registration form on page 39

Grant Rec Center
901 East 11th St
Duluth, MN 55805
218-461-7250

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<th>Tuesday</th>
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<td>G3 - 9:00-10:30 Mixed Ages 0-4 Year Olds</td>
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<tr>
<td>G2 - 11:00-12:30 Mixed Ages 0-4 Year Olds</td>
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<td>G4 - 11:00-12:30 Mixed Ages 0-4 Year Olds</td>
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</table>

To register for a class, fill out the registration form on page 39
# Early Childhood Programs

## Piedmont Elementary School

2827 Chambersburg Ave Room 201, Duluth, MN 55811 (218-336-8950)  
*All ECFE classes begin the week of September 14, 2020*

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<th>Monday</th>
<th>Tuesday</th>
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<td><strong>P1</strong> - 9:00-10:30</td>
<td><strong>P7</strong> - 9:00-10:30</td>
<td><strong>P9</strong> - 9:00-10:30</td>
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<tr>
<td>2 Year Olds</td>
<td>2 &amp; 3 Month Olds</td>
<td>1 Year Olds</td>
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<tr>
<td><strong>P2</strong> - 11:00-12:30</td>
<td><strong>P8</strong> - 11:00-12:30</td>
<td><strong>P10</strong> - 11:00-12:30</td>
<td></td>
</tr>
<tr>
<td>Mixed Ages 0-4 Year Olds</td>
<td>Adoptive/Foster Parenting Class</td>
<td>2 &amp; 3 Year Olds</td>
<td></td>
</tr>
<tr>
<td><strong>P3</strong> - 3:30-5:00</td>
<td><strong>P5</strong> - 4:00-5:30</td>
<td><strong>P11-P15</strong> - 2:30-4:00</td>
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<tr>
<td>0-12 Moths Olds</td>
<td>1 Year Olds</td>
<td>Six Week Class 0-4 Month Olds</td>
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<tr>
<td><strong>P4</strong> - 5:30-7:00</td>
<td><strong>P6</strong> - 6:00-7:30</td>
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<tr>
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<td>Mixed Ages 0-4 Year Olds</td>
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### Stowe Elementary School

715 101st Ave West - Room 25, Duluth, MN 55808 (218-336-8700 ext. 3897)

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<td><strong>S1</strong> - 9:00-10:30</td>
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<td>Mixed Ages 0-4 Year Olds</td>
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<td><strong>S3</strong> - 6:00-7:30</td>
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<tr>
<td>Mixed Ages 0-4 Year Olds</td>
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### Washington Family Center

310 N. 1st Ave W Room 110, Duluth, MN 55802 (218-461-2081 or 218-461-7250)

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<th>Monday</th>
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<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td><strong>W1</strong> - 9:00-10:30</td>
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<tr>
<td>Mixed Ages 0-4 Year Olds</td>
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<tr>
<td><strong>W2</strong> - 11:00-12:30</td>
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</tr>
<tr>
<td>Mixed Ages 0-4 Year Olds</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>W3</strong> - 1:30-3:30</td>
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<td></td>
<td>First Year Program</td>
</tr>
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</table>

### FREE Six Week Parent/Infant Classes Piedmont Elementary School

2827 Chambersburg Ave - Room 201, Duluth, MN 55811 (218-336-8950)

<table>
<thead>
<tr>
<th>PI1 - Session 1</th>
<th>PI2 - Session 2</th>
<th>PI3 - Session 3</th>
<th>PI4 - Session 4</th>
<th>PI5 - Session 5</th>
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<tr>
<td>Wed - 2:30-4:00</td>
<td>Wed - 2:30-4:00</td>
<td>Wed - 2:30-4:00</td>
<td>Wed - 2:30-4:00</td>
<td>Wed - 2:30-4:00</td>
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<tr>
<td>Sept 23, 30</td>
<td>Nov 11, 18, 25</td>
<td>Jan 6, 13, 20, 27</td>
<td>Feb 24</td>
<td>Apr 7, 14, 28</td>
</tr>
<tr>
<td>Oct 7, 14, 21, 28</td>
<td>Dec 2, 9, 16</td>
<td>Feb 3, 10</td>
<td>Mar 3, 10, 17, 24, 31</td>
<td>May 5, 12, 19</td>
</tr>
</tbody>
</table>
Early Childhood Programs

ECFE Registration & Tuition Information

Registration Options
Online
Complete the registration form online at www.isd709.org
(For New Families - Birth to Age 5)

Mail, Email, or Fax
Complete the registration form on page 39. Either mail, email, or fax it to our office:

Duluth Early Childhood Office
215 N. 1st Ave. E
Duluth, MN 55802
Email: earlychildhood@isd709.org
Fax: 218-336-8819

Registration Timeline
In order to be included in the first round of registration, forms MUST be in our office by May 1st. As in previous years, registrations will be put into a lottery if more people have registered than there are spaces available.

Class Confirmation
Confirmation emails will be sent out on May 15th. If you do not have an email address, a confirmation letter will be mailed to you on May 15th.

We will continue to take registrations throughout the school year if there are openings.

Selecting a class
We enroll according to the age a child is on 9/01/20. For example, if you are enrolling in a 3-year-old class, your child must have turned three on or before 9/01/20.

Multiple Classes
In order to serve as many families as possible, we allow a family to be registered in only one class at a time. Special topic classes are the exception.

Attendance
Out of respect for families on a waiting list, consistent attendance will be expected.

Tuition
The ECFE program depends upon fees from participants to maintain its scope of services. Fees are based on a sliding scale determined by family income. Those who are unable to pay are still welcome, but we ask that you contact the ECFE office to discuss arrangements that can be made. All payments are confidential.

Do NOT send any money with your registration form!

Once you are registered, you will receive a tuition statement in the mail three times during the school year:

October, January, and April.

ECFE SESSIONS

<table>
<thead>
<tr>
<th>Annual Income</th>
<th>Fee per 10 week trimester</th>
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<tr>
<td>$80,000 or more</td>
<td>$130</td>
</tr>
<tr>
<td>$60,000-$79,999</td>
<td>$100</td>
</tr>
<tr>
<td>$40,000-$59,999</td>
<td>$70</td>
</tr>
<tr>
<td>$20,000-$39,999</td>
<td>$40</td>
</tr>
<tr>
<td>Under $20,000</td>
<td>$25</td>
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SIBLING CARE

<table>
<thead>
<tr>
<th>Annual Income</th>
<th>Fee per 10 week trimester</th>
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<tbody>
<tr>
<td>$60,000 or more</td>
<td>$25</td>
</tr>
<tr>
<td>$20,000-$59,999</td>
<td>$15</td>
</tr>
<tr>
<td>Under $20,000</td>
<td>$10</td>
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</table>

ECFE classes begin the week of September 14, 2020
ECFE REGISTRATION

Please complete ONE FORM per family. Each child must be the ages listed for class on or before 09/01/2020.

Example: If enrolling in a class for 3-year-olds, your child must have turned 3 on or before 09/01/2020

1. Child: ___________________________ ___________________________ _______ / ___ / ___ _______ Male Female
   
   Last Name  First Name  Middle Name  Date of Birth  (circle one)

Address:__________________________________________

   Street  Apt. #  City/State  Zip Code

Parent: ____________________________________________  Parent: ____________________________________________

Phone (___) ___ - ___ Male Female (circle one)  Phone (___) ___ - ___ Male Female (circle one)

Date of Birth ___ / ___ / ___  Date of Birth ___ / ___ / ___

1st Choice of Session 2nd Choice of Session 3rd Choice of Session

| Session Code: __________________ | Session Code: __________________ | Session Code: __________________ |
| Sibling Care: YES NO | Sibling Care: YES NO | Sibling Care: YES NO |

Sibling Care Registration

<table>
<thead>
<tr>
<th>Child’s Name</th>
<th>Child’s Name</th>
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<tbody>
<tr>
<td>Child’s DOB</td>
<td>Child’s DOB</td>
</tr>
</tbody>
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Have you ever attended an ECFE class before? YES NO

How did you find out about ECFE: (Please check all that apply)

☐ Adult Basic Ed/Adult Literacy  ☐ Early Childhood Special Education  ☐ Child Care Program  ☐ Facebook/Internet

☐ Early Childhood Screening  ☐ Head Start  ☐ Other* (See Below): _______________________________________________________________________

*Social or Human Services Agencies, Health Care Providers (doctors or public health nurses), Judicial System, Child Care Provider, Friend, Family Member, etc.

Does anyone in your family have allergies/special needs we need to know about? YES NO

If yes, please explain: ____________________________________________________________________________

Is your child receiving special services from a District IEP, IFSP, or IIIP? YES NO

Is transportation going to be a problem? YES NO

Transportation Policy:

If you are unable to register for a class because you do not have transportation please let us know. ECFE can help transport you to a class that is closest to your home address.

Mail, Deliver, or Fax this form to: Duluth Early Childhood Main Office
215 N. 1st Ave. E., Duluth, MN 55802
218-336-8815 or Fax: 218-336-8819
DULUTH PRESCHOOL

A collaboration between Head Start, School Readiness, and Voluntary Pre-Kindergarten. Located in 7 elementary school buildings across the city, Duluth Preschool provides high quality early childhood classroom experiences. We focus on building social emotional skills, language and literacy, health and nutrition, physical health and development for all children. In addition, because we follow Head Start Performance Standards we work in partnership with parents to support family well being and help families meet their goals for themselves and their children.

Parent Aware Rated - Four STARS of Excellence

We’re proud to be one of the first preschool programs in the state to earn a four star rating from Minnesota Parent Aware - the highest rating possible! Parent Aware’s rating system helps parents find preschools and childcare programs focused on high quality early learning and kindergarten readiness. For more information check out the parent aware website: www.parentawareratings.org

Our Curriculum

Our preschool program uses Creative Curriculum. The Creative Curriculum for Preschool is a research-based, comprehensive curriculum that features exploration and discovery as a way of learning. The foundational volumes help teachers create a high-quality learning environment and build a thorough understanding of best practices, while the Daily Resources help teachers plan and manage every moment of their day.

We supplement our basic curricula with Second Step, which is a curriculum designed to promote competence by building relationships, creating supportive environments and teaching strategies. It provides engaging lessons and activities that teach essential social skills, such as problem solving, managing emotions, impulse control, and empathy. That coupled with the strategies used in the Pyramid Model, a positive behavioral intervention and support framework that promotes the social, emotional and behavioral development of all young children, make for a solid foundation of social-emotional skills.

We Provide

• High quality early childhood experiences with licensed teachers
• Parent education, support, work in partnership with families
• Full- and half-day options
• A focus on health and nutrition
• Services for children with disabilities
• Assistance accessing community resources

Parent Aware Rated - Four STARS of Excellence

We’re proud to be one of the first preschool programs in the state to earn a four star rating from Minnesota Parent Aware - the highest rating possible! Parent Aware’s rating system helps parents find preschools and childcare programs focused on high quality early learning and kindergarten readiness.

For more information check out the parent aware website: www.parentawareratings.org

If you have questions about Duluth Preschool:
218-336-8815
earlychildhood@isd709.org

Bus Transportation

Transportation is available TO AND FROM FULL DAY CLASSES, and TO THE AM CLASS for children who are 4 YEARS OLD BY 09/01/2020 and are being transported to/from an address within the transportation boundaries of the school they are attending.

No mid-day busing is available.

Use this link to see what school attendance area your house or childcare address are in: https://www.myschoollocation.com/

DuluthPublicSchools/

Great News!

Many of our preschool classrooms have once again been awarded full- or part-time Minnesota Reading Corps tutor positions! For more information on how to become a tutor, visit www.minnesotareadingcorps.org.

Duluth Preschool
How to Apply

Online Application
Complete the application online at: www.isd709.org
(How to Enroll—Birth to Age 5)

Paper Application
Available at elementary schools, or contact our office if you would like one mailed to you.

If you would like to speak with, or meet with an enrollment recruiter either over the phone, or in person, please contact our office.

Duluth Early Childhood Office
215 N. 1st Ave. E.
Duluth, MN 55802

Phone: 218-336-8815
Fax: 218-336-8819
Email: earlychildhood@isd709.org

Income verification is required in order for your registration to be complete. Income verification can be mailed, emailed, or faxed to our office.

Sliding Fee Scale for School Readiness Funded Families

<table>
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<th>Income</th>
<th>Annual Tuition</th>
<th>Monthly Payment Sept-May</th>
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<td>$2,565</td>
<td>$285</td>
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<td>$2,025</td>
<td>$225</td>
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<td>$20,000 to $39,999</td>
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<td>$0</td>
<td>$0</td>
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Half Day Classrooms

<table>
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<th>Income</th>
<th>Annual Tuition</th>
<th>Monthly Payment Sept-May</th>
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<tbody>
<tr>
<td>$75,000 or more</td>
<td>$1,665</td>
<td>$185</td>
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<tr>
<td>$40,000 to $74,999</td>
<td>$1,350</td>
<td>$150</td>
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<tr>
<td>$20,000 to $39,999</td>
<td>$810</td>
<td>$90</td>
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<td>Under $20,000</td>
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Head Start Federal poverty Guidelines

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<tr>
<th>Persons in Family/Household</th>
<th>Poverty Guideline</th>
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<tbody>
<tr>
<td>2</td>
<td>$17,240</td>
</tr>
<tr>
<td>3</td>
<td>$21,720</td>
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<td>4</td>
<td>$26,200</td>
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<tr>
<td>6</td>
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<td>7</td>
<td>$39,640</td>
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<tr>
<td>8</td>
<td>$44,120</td>
</tr>
<tr>
<td>Each Additional Person</td>
<td>$4,480</td>
</tr>
</tbody>
</table>

Tuition

- Head Start funded families will not pay any tuition.
- Voluntary Pre-Kindergarten families will not pay any tuition.
- School Readiness funded families pay tuition based on a sliding fee scale. All payments are confidential.

Tuition Assistance

State Early Learning Scholarships give families financial support to help pay for high quality early learning care and education to prepare their young children for school.

- To be eligible for a scholarship, families must:
  - Live in St. Louis County.
  - Have a child who is 3 or 4 years old by 09/01/2020.
  - Have an annual income at or below 185% of the Federal Poverty Guidelines.

Call the Northland Foundation if you have any questions about the scholarships or application.

218-260-2736 or 1-800-433-4045
Early Childhood Programs

Early Childhood Screening

Duluth Public Schools offers FREE Early Childhood Screening throughout the year. Early Childhood Screening is a free and simple check of how your child is growing, developing, and learning. Screening may help to link families to free learning opportunities or other community resources.

Screening at 3 years old is preferred, but a child may be screened between the ages of 3 years and the start of kindergarten. All students are required to be screened by law prior to entering kindergarten.

Screening is available at select Duluth Elementary Schools and community locations throughout the year. Please be sure to look for specific dates and times online or call, 218-336-8816.

View the screening calendar online and arrange an appointment at:
Online: https://www.isd709.org/for-new-families/birth-to-pre-k/early-childhood-screening/index
Phone: 218-336-8816
Email: ecscreening@isd709.org

Early Childhood Special Education (ECSE)

Provides individually tailored programs for children with identified areas of need or disabilities from birth through six years of age. These services include screening, identification, evaluation, special education, related services and support for families. An individualized educational plan is written for children who qualify for services. Services are provided in home, community, and classroom settings and are free of charge to families.

Help Me Grow - When Parents Know, Children Grow

Every child is unique. No two children develop, grow, and learn at exactly the same pace. And yet children develop in predictable ways. Babies and toddlers are constantly growing, learning, and changing all the time. It is fun to watch! Some children may need extra help to meet their milestones. Special health conditions may also affect a child’s development. If you are concerned about your child’s growth, development, or learning, we encourage you to contact us at HelpMeGrowMN.org or call 218-336-8744.

The Early Intervention program is accessed through the Help Me Grow referral system. Developmental Screenings and Evaluations are available free of charge. Screenings are done in all areas of development, including:

- Communication
- Fine and Gross Motor
- Adaptive
- Medical/Health
- Cognition
- Behavior and Social-Emotional
- Hearing

If a child is eligible for Early Intervention services, these are made available in their home, childcare, or community settings free of charge.