

# Epping Middle and High School

## “Home of the Blue Devils”

### LOBD After-School Dinner Purchase

The Food Service Department in conjunction with the *Life of a Blue Devil* (LOBD) initiative is beginning an after hour food program for students who may be traveling on long trips for away games, going directly to work, or some other commitment that does not allow them to have dinner. The program may be accessed by any student who has money or money in their school lunch account. Orders will be accepted by 9:15am on the day of the needed meal. Food service employees in the cafeteria and the main offices will have the required forms for students to complete when ordering. After school meals will be ready for pick-up in the cafeteria at the end of the day. For athletes, coaches will be issued coolers in order to keep the dinner cold during bus rides.

The food choices will include a sub with choice of meat, cheese, a fruit, chocolate milk, and a bag of baked chips. The cost for this meal will be \$5.50.

There will also be a choice of healthy snacks items if a student wishes to purchase a mixture of snacks instead of a full meal (see below).

Name:	Meal Price:	Date:	Pickup Time:	Snack Prices
Circle your Choices for your Sub Meal:	\$5.50	Check off what you want:		
Ham		WG Bagel w/ Peanut Butter		\$1.50
Turkey		Oatmeal Chocolate Chip Bar		\$1.25
Egg Salad		Raisins		.50
Tuna Salad		Yogurt Parfait		\$1.75
American / Provolone		Peanuts		\$1.00
Veggies: Lettuce / Tomato / Peppers/ Cukes / Onion		Trail Mix		\$1.00
Fruit: Apple / Orange		2 String Cheese w/ 2 Goldfish		\$1.50
Chips : Regular / BBQ / SCO		Apple / Peanut Butter		\$1.50
Mayo PK Mustard PK		Carrots/ Hummus		\$1.50
Nesquick Chocolate Milk		Nesquick Chocolate Milk		\$1.75

This service will begin on January 19. Please contact Mr. Averill at [laverill@sau14.org](mailto:laverill@sau14.org) or Mrs. Bush [vbush@sau14.org](mailto:vbush@sau14.org) with any questions or concerns regarding the service.