

# Relative Recharge

*Groups for all kinship caregivers*

- Meet other grandparents and relatives caring for children
- Learn about resources and supports available to you
- Enjoy coffee and conversation at your choice of locations



## ***Sign Up Today!***

(603) 422-8209

or

[Tinyurl.com/FFParenting](http://Tinyurl.com/FFParenting)

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Groups are free  
& open to all kinship  
caregivers.

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Free childcare  
is available  
upon request.

## **Now Offered in 3 Locations**

SOS Recovery Community Center

1 Lafayette Rd., **Hampton**

(behind Ocean Cycles)

1st Tuesday of the month, 9:30-11 am

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Goodwin Community Health

311 Route 108, **Somersworth**

2nd Monday of the month, 9:30-11 am

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SAU 14 Office

213 Main St., **Epping**

3rd Wednesday of the month, 9:30-11 a.m.

beginning March 18

GREATER SEACOAST COMMUNITY HEALTH

**Goodwin**  
Community Health

**Families**  
First

**Lilac City**  
Pediatrics