
EPPING SCHOOL DISTRICT

School Administrative Unit 14
213 Main Street
Epping, NH 03042



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Dear Parents and Guardians,

As we plan for returning to school in Epping, we recognize that this will be an unusual school year. However, the Health Offices remain committed to supporting your student's health and safety while they are in the buildings.

First and foremost, we want parents to understand the importance of keeping their child at home if they are ill. Any student with a fever of 100.0 degrees or greater or symptoms of possible COVID-19 infection should not be present in school and will be sent home if these symptoms develop during their time at school. A full list of COVID-19 symptoms can be found [here](#). We will be asking that all parents screen their student(s) prior to coming to school every day. For the safety of all students and staff, please be sure to follow the recommendations provided by the CDC.

We do recognize that there are certain chronic conditions that may present with some of the same symptoms of Covid-19. Examples of these conditions include, but are not limited to, asthma, seasonal allergies, and chronic migraines. This year, **we will be requiring physician documentation of the student's chronic condition and typical symptoms the health condition presents with.** If the student presents with symptoms during school, and it is unclear (or undocumented in the student's medical record) if the symptoms are chronic, than the student will be excluded from school until they have met the return to school criteria or a healthcare provider can document a chronic/stable condition that accounts for the student's symptoms and that there are not any new or unexplained symptoms of COVID-19.

Some examples of what we are looking for are:

- An updated written Asthma Action Plan as well as the necessary inhaler and spacer to be held in the health office. (Nebulizers will not be able to be used in school this year)
- Medical documentation of seasonal or chronic allergies, typical presentation of the child's symptoms and any typical treatments.
- Medical documentation of chronic headaches or migraines, typical presentation and typical treatments.

Doctor's offices get extremely busy at the start of the school year, so the sooner you ask for these items, the easier it will be to get them. Having these items before the school year will help us manage your student's condition while they are in school and may prevent them from being unnecessarily excluded.

As always, if you have any questions, please feel free to contact us for more information. We can be reached at myoung@eppingsd.org (EES) or nicole.clayton@eppingsd.org (EMS/EHS).

Sincerely,
Meghan Young and Nicole Clayton
Epping School District School Nurses

The mission of the Epping School District is to focus on the potential of every student and engage each to be passionate, confident learners who demonstrate competence and have strength of character to reach their highest aspirations and thoughtfully contribute to a diverse and changing world.
