

A Parent's Guide

When to stay home, get tested, and return.

1 Check for any New/Unexplained* Symptoms at home or in school



SYMPTOMS

- Fever (100F) or chills
- Feels feverish
- Cough, shortness of breath
- Sore throat, nasal congestion, or runny nose
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste/smell
- Nausea/vomiting
- Diarrhea
- MIS-C symptoms:
rash, neck pain
bloodshot eyes
abdominal pain

** If student has a documented chronic condition that accounts for symptoms, they are not considered "new/unexplained."*

If yes at home...
Isolate at home

If yes at school...
Students will be dismissed

2 When to Return to School

Get COVID-19 Test

Positive Test

10 days after
SYMPTOM onset

AND

24 hours of NO fever
(without use of meds)

AND

Symptoms have
improved

Negative Test

24 hours of NO fever
(without use of meds)

AND

Symptoms have
improved

No Test

10 days after
SYMPTOM onset

AND

24 hours of NO fever
(without use of meds)

AND

Symptoms have
improved

OR

Doctor's note
indicating alternative
diagnosis

3 10-Day Quarantine** if...

- Exposed to someone confirmed or suspected of having COVID-19
- Traveled outside New England

