<table>
<thead>
<tr>
<th>CONCEPTS</th>
<th>Self Awareness</th>
<th>Self Management</th>
<th>Social Awareness</th>
<th>Relationship Skills</th>
<th>Responsible Decision-Making</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Identifying and recognising emotions; recognising personal interests and strengths; maintaining a well-grounded sense of self-confidence</td>
<td>Regulating emotions to handle stress, control impulses, and motivating oneself to persevere in overcoming obstacles, setting and monitoring progress toward the achievement of personal and academic goals; expressing emotions appropriately</td>
<td>Being able to take the perspective of and empathise with others; recognising and appreciating individual and group similarities and differences</td>
<td>Establishing and maintaining healthy and rewarding relationships based on cooperation and resistance to inappropriate social pressure, preventing, managing, and constructively resolving interpersonal conflict; seeking help when needed</td>
<td>Making decisions based on a consideration of all relevant factors, including applicable ethical standards, safety concerns, and social norms; the likely consequences of taking alternative courses of action; evaluation and reflection</td>
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</tbody>
</table>

**CLASSROOM APPLICATIONS**

- Putting forth Personal best “I can”
- Read alouds and discussions
- “Stand Tall Molly Lou Melon”
- “Wemberly Worried”
- Advocacy/”I” messages
- Body bubble space
- Body engine- How is it running?
- Sensory diet/menu
- Interrupting chicken
- Be Safe education
- Be Kind education
- Be positive education
- Role playing
- “Tacky the Penguin”
- Cooperative groups
- “Don’t Squeal Unless it’s a Big Deal” Pig “Stick”
- Role playing
- Chrysanthemum
- Morning greetings
- Morning mtg share
- Buddy reading
- 4th grade reading buddies
- Goal setting
- Rules of the jungle
- Practice for fire drills and lockdown
| • Feeling Book Series  |
| • “How Full is Your Bucket”  |
| • Morning meeting  |
| • Circle time  |
| • Class books on: Sadness and Anger  |
| • First amigos play cafe  |
| • Rules of the Jaguar Jungle  |
| • “Gerald and Piggy”  |