

School

March 2020

March 2nd -6th National

School Breakfast

Week

Breakfast for lunch



Beets are a member of the Amaranthaceae family, along with chard, quinoa and spinach. This root vegetable comes in an array of colors, including: deep red, red and white striped, orange, golden yellow and purple. Rutabagas members of the Brassicaceae family, also known as the cabbage family, along with Brussels sprouts, cabbage, cauliflower, kale and radishes.

2 Dr. Seuss's Birthday

- Green Eggs & Ham
- 1 Fish 2 Fish Crackers
- Butter Battle Biscuits
- WHO Hash w/ Beets & Rutabaga
- Grinch Grapes
- Milk

3

- Loaded Home Fries W/ Cheese, Bacon
- Corn Muffin Top
- Veggie Bar W/ Green Onion, Salsa
- Fruit Bar W/ Juice Cup
- Milk

4

- Chicken & Waffle
- Baked Beans
- Veggie Bar W/ Broccoli Salad
- Fruit Bar W/ Asstd. Melon
- Milk

5 Mini Bagel Pizza Bites

- Spinach Salad
- Veggie Bar W/ Maple Glazed Garbanzo Beans
- Fruit Bar W/ Bananas
- Oatmeal Cookie
- Milk

6

- French Toast Sticks
- Turkey Sausage Links
- Warm Apples
- Veggie Bar W/ Broccoli Slaw
- Fruit Bar W/ Berry Cups
- Frozen Go Gurt
- Milk

Specials- Turkey & Cheese or Tuna Sandwiches / Cheese, Legume or Fajita Chicken Salad

9 Hamburger Patty

- Served on WG Roll
- Sweet Potato Fries
- Veggie Bar W/Lettuce, Tomato & Pickle
- Fruit Bar W/ Berry Cups
- Milk

10

No School

11 Roast Turkey & Gravy

- Served over WG Rotini
- Green Peas or Beets
- Cranberry Sauce
- WG Roll
- Veggie Bar W/ Celery
- Fruit Bar W/ Applesauce
- Milk

12

- Stuffed Crust Pizza
- Mixed Greens W/ Lite Italian
- Veggie Bar W/ Edamame
- Fruit Bar W/ Oranges
- Pudding
- Milk

13

- Fish Sticks
- Potato Wedges
- WG Bread Stick
- Veggie Bar W/ Coleslaw
- Fruit Bar W/ Raisins
- Milk

Specials- Turkey & Cheese or Ham & Cheese Sandwiches / Cheese, Legume or Chef Salad

16

- WG Chicken Nuggets
- Green Beans
- WG Roll
- Veggie Bar W/ Mixed Greens & Lite Ranch
- Fruit Bar W/ Apples
- Milk

17 St. Patrick Day

- Baked Ham
- Braised Cabbage, Carrots
- Rutabaga & Potato
- WG Biscuit
- Veggie Bar W/ Chick Peas
- Fruit Bar W/ Kiwi
- Jello
- Milk

18

- WG Macaroni & Cheese
- Steamed Broccoli
- Veggie Bar W/ Tomato & Basil
- Fruit Bar W/ Pears
- Milk

19

- Buffalo Chicken or Cheese Pizza
- Caesar Salad
- Veggie Bar W/ Cukes
- Fruit Bar W/ Grapes
- Milk

20

- Shepherd's Pie
- Garlic Toast
- Veggie Bar W/ Pepper Strips
- Fruit Bar W/ Mixed Fruit
- Milk

Specials- Turkey & Cheese or Egg Salad Sandwiches / Cheese, Legume or Crispy Chicken Salad

23

- Scrambled Eggs
- Pancakes
- Sweet Potato Tots
- Veggie Bar W/ Celery
- Fruit Bar W/ Juice
- Milk

24

- Beef Taco
- Spicy Beans
- Veggie Bar W/ Lettuce & Salsa
- Fruit Bar W/ Pineapple
- Milk

25

- Chicken Noodle Soup
- Cheesy Garlic Bread
- Tossed Salad W/ Lite Italian
- Veggie Bar W/ Green Peas
- Fruit Bar W/ Apples
- Milk

26

- French Bread Pizza
- Mixed Greens W/ Lite Ranch
- Veggie Bar W/ Buffalo Chick Peas
- Fruit Bar W/ Bananas
- Cookie
- Milk

27

- Pulled Pork
- Served on WG Roll
- Tender Corn
- Veggie Bar W/ Slaw
- Fruit Bar W/ Applesauce
- Milk

Specials- Turkey & Cheese or Chicken Salad Sandwiches / Cheese, Legume or Asian Chicken Salad

30

- Baked Cheese Sandwich
- Tomato Soup
- Veggie Bar W/ Spinach Salad
- Fruit Bar W/ Fruit Mix
- Milk

31

- Chicken Nachos
- Corn & Black Beans
- Veggie Bar W/ Lettuce, Salsa
- Fruit Bar W/ Cantaloupe
- Milk

Lunch Prices:
 Student Price- \$2.95
 Reduced Price- \$.40
 Adult Price- \$3.85
 Ala Carte Milk- \$.50



This institution is an equal opportunity provider

Specials- Turkey & Cheese or Tuna Sandwiches / Cheese, Legume or Buffalo Chicken Salad



Breakfast March 2020

Student Price = \$1.50 , Reduced Price .0/ Adult Price = \$2.00

Ala Carte Milk = \$.50



Breakfast Is Grab & GO – Students should come directly from bus or student drop off. Skim and 1% white milk available for breakfast.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Cereal W/ 4oz Yogurt Or WG Donut Holes Both Served W/ (2) Fruit Choices & Milk	WG Cereal & 2oz Muffin Or WG Cinnamon Bun Both Served W/ (2) Fruit Choices & Milk	WG Cereal W/ 4oz Yogurt Or WG Maple Mini Pancakes Both Served W/ (2) Fruit Choices & Milk	WG Cereal & 2oz Muffin Or WG Cinnamon Bun Both Served W/ (2) Fruit Choices & Milk	WG Cereal W/ 4oz Yogurt Or WG Donut Holes Both Served W/ (2) Fruit Choices & Milk

- **March 2nd – 6th is National School Breakfast Week. We will be serving breakfast items for lunch.**
- **March 2nd is Dr. Seuss's Birthday Luncheon!**
- Check the **School Nutrition** portion of the school website for **menus, Wellness and Charging policies and procedures** along with **Free & Reduced applications**.
- The March "Harvest of the Month" is Beets & Rutabaga. Look for it on the menu!
- Please remember to check for our silverware being brought home. We are missing several hundred pieces.
- **IMPORTANT EZSCHOOLPAY INFO:** Effective January 31st, when you log into your account you will need To re-enter payment information. EZSCHOOLPAY is changing processors.

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