



## Breakfast September 2020

Student Price = \$1.65 , Reduced Price .0/ Adult Price = \$2.00

Ala Carte Milk = \$.50



**Breakfast Is Grab & GO – Students should advise classroom Teacher upon arrival, they would like breakfast and it will be delivered to the classroom.**  
**1% white milk available for breakfast.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Maple Pancakes Fruit Juice 1% Milk	WG Cinnamon Chex 4 oz Yogurt Fruit Juice 1% Milk	WG Breakfast Bun Fruit Juice 1% Milk	WG Cinnamon Chex 2oz WG Muffin Fruit Juice 1% Milk	WG Donut Holes Fruit Juice 1% Milk

- Check the **School Nutrition** portion of the school website for **menues, Wellness and Charging policies and procedures** along with **Free & Reduced applications**.
- Welcome to a new and very different school year. We will do our best to ensure the best meals possible as we navigate these trying times together! Unfortunately there will not be as many choices but it will all be prepared with love for our students.
- If your child has allergies or food restrictions please reach out to Nurse Mara and myself so we can accomadate these situations.
- As noted on the lunch menu, cash will not be accepted this year. We are trying to avoid contact with items that are shared by so many others. This is to keep yourself and our school staff safer.
- To start we will only have (2) daily lunch choices. If this goes smoothly we will add choices in the future.
- We are happy to prepare meals for all remote learners as well and will have a daily pick up time available. We hope you take advantage of this and give your students some of their favorite school meals.
- We are working on the best way to sign up for home meals. They will be the same as what is on the menu for the day.
- Any questions or concerns please contact Paula Field by phone or email.

**This institution is an equal opportunity provider.**

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**
**Offered as a Daily Alternate Meal**

 4oz Yogurt, 1oz Honey Roasted  
 Sunflower Seeds  
 2oz WG Bagel & Cream Cheese  
 Fruit, Veggie, Milk

 Please note: Until  
Further Notice Cash  
is not accepted,  
**See options below.**

**Yay for School Lunch!**

**No School  
 Labor Day**

 WG Tuna Roll  
 Baked Lays  
 Baby Carrots  
 Applesauce  
 Milk

 WG Chicken Taco  
 Lunchable  
 W/ Lettuce, Salsa, Chicken,  
 Cheese & Black Beans  
 Pineapple  
 Milk

 WG Cheese Pizza  
 Celery & Ranch Dip  
 Mixed Fruit  
 Cookie  
 Milk

 WG Turkey BLT  
 W/ Lettuce & Tomato  
 Cuke Spears  
 Pears  
 Milk

 WG Ham & Cheese Sandwich  
 Oven Fries  
 Apple  
 Milk

 Hamburger Patty  
 Served on WG Roll  
 Lettuce, Tomato & Pickle  
 Ranch Slaw  
 Grapes  
 Milk

 Picnic BBQ Chicken  
 (Served Cold)  
 Macaroni Salad  
 Tomato & Basil  
 Orange Wedges  
 Milk

 WG Cheese Pizza  
 Mixed Greens W/ Ranch  
 Banana  
 Cookie  
 Milk

 WG Turkey Salad Wrap  
 W/ Shredded Lettuce  
 Baby Carrots  
 Mixed Fruit  
 Milk

 Hot Dog on WG Roll  
 Baked Beans  
 Apple  
 Milk

 Chicken Nuggets  
 Tossed Salad  
 WG Roll  
 Diced Peaches  
 Milk

 WG Cuban Sub  
 (Shredded pork, ham, cheese  
 Pickles, honey mustard)  
 Tomato & Cucumber Salad  
 Berry Cup  
 Milk

 Cheese Pizza  
 Caesar Salad  
 Orange Wedges  
 Cookie  
 Milk

 WG Soybutter & Jelly  
 Sandwich  
 4oz Yogurt  
 Red Pepper Strips  
 Raisins  
 Milk

 Crispy Chicken & Maple Waffle  
 Sandwich  
 Baked Beans  
 Applesauce  
 Milk

 Jaguar Lunchable  
 (Cheese, egg, turkey & crackers)  
 Baby Carrots  
 Honey Dew Melon  
 Milk

 WG Macaroni & Cheese  
 Steamed Broccoli  
 Grapes  
 Milk

 Please mail checks to: North Hampton School  
 201 Atlantic Ave  
 North Hampton, NH 03862  
 Att: Paula Field

**Checks should be made out to: North Hampton School**

 Want to pay online? Go to:  
[ezschoolpay.com](https://ezschoolpay.com)  
 You create the account and link your  
 students to your account.

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