

**Canton Public Schools
Emergency Health Care Plan**

School Year: September ____ to August ____



STUDENT'S NAME: _____

DATE OF BIRTH: _____ GRADE: _____ HOME ROOM/TEACHER: _____

ALLERGY TO: _____

Asthmatic Yes* No

*Higher risk for severe reaction

Allergy Free Table in Cafeteria

Yes No

◆ **STEP 1: TREATMENT** ◆

To be determined by physician authorizing treatment

Symptoms:

- If a food allergen has been ingested, but *no symptoms*:
- Mouth = itching, tingling, or swelling of lips, tongue, mouth
- Skin = Hives, itchy rash, swelling of the face or extremities
- Gut = Nausea, abdominal cramps, vomiting, diarrhea
- Throat = Tightening of throat, hoarseness, hacking cough
- Lung = Shortness of breath, repetitive coughing, wheezing
- Heart = Thready pulse, low blood pressure, fainting, pale, blueness
- Other = _____
- If reaction is progressing (several of the above areas affected), give

Give Checked Medication * *

- | | |
|---------------------------------|--|
| <input type="checkbox"/> EpiPen | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> EpiPen | <input type="checkbox"/> Antihistamine |
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The severity of symptoms can quickly change. = Potentially life-threatening.

DOSAGE

Epinephrine: inject intramuscularly (circle one) EpiPen EpiPen Jr. (see reverse side for instructions)

Antihistamine: give _____
medication/dose/route

Other: give _____
medication/dose/route

◆ **STEP 2: EMERGENCY CALLS** ◆

1. Call 911 (or Rescue Squad: _____) . State that an allergic reaction has been treated, and additional epinephrine may be needed)

2. Dr. _____ at _____

3. Emergency contacts:

Name/Relationship	Phone Number(s)
a. _____	1.) _____ 2.) _____
b. _____	1.) _____ 2.) _____
c. _____	1.) _____ 2.) _____

EVEN IF PARENT/GUARDIAN CANNOT BE REACHED, DO NOT HESITATE TO MEDICATE OR TAKE CHILD TO MEDICAL FACILITY!

Parent/Guardian Signature _____ Date _____

Doctor's Signature _____ Date _____

(Required)

