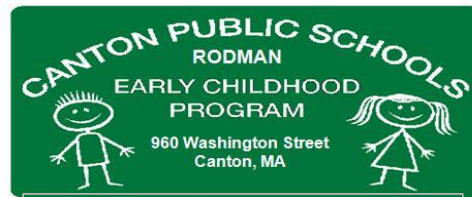


Food Allergies

If your child has a food allergy and will be eating lunch please contact your child's School Nurse and The Food Service Director. A Doctor's Note will be required



Lunch Menu September 2019

Prepay for your child's lunch. Make your check payable to Canton Public Schools Food Service Department.











You can also pay on line at myschoolbucks.com.



This institution is an equal opportunity provider

Lunch Price- \$2.75

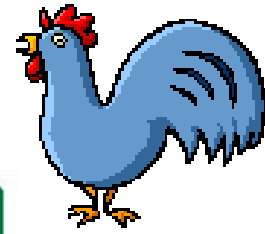
Prepay for the month - September \$35.75

Monday	9/11	Tuesday	No School	9/12	Wednesday	9/13	Friday	9/14	Thursday	
Mini Pancakes Syrup Chicken Sausage	Labor Day No School 	Baked Chicken Nuggets Ketchup Oven Baked Tater Tots			Lunch Box Sliced Turkey- Goldfish Crackers Veggies- Fruit		Breakfast for Lunch Kix Cereal Danimals Yogurt Cup String Cheese		Pizza Garden Salad	
Monday	9/18	Tuesday		9/19	Wednesday	9/20	Thursday	9/21	Friday	9/22
Mini Pancakes Syrup Chicken Sausage		Baked Chicken Nuggets Ketchup Oven Baked Tater Tots			Lunch Box Sliced Turkey- Goldfish Crackers Veggies- Fruit		Rosh Hashanah No School		Pizza Garden Salad	
Monday	9/25	Tuesday		9/26	Wednesday	9/27	Thursday	9/28	Friday	9/29
Mini Pancakes Syrup Chicken Sausage		Baked Chicken Nuggets Ketchup Oven Baked Tater Tots			Early Release Today No Lunch Served Breakfast Only		Breakfast for Lunch Kix Cereal Danimals Yogurt Cup String Cheese		Pizza Garden Salad	
Monday	9/30	<p>Milk is served with all meals- 1% white</p> <p>Everyday Veggie Sticks and Dips Available: fresh cut vegetable sticks: Carrots, red pepper, Broccoli, cucumber, green pepper Dips: Hummus</p> <p>Everyday Fruits Available: Fresh :3 or more apple varieties, oranges, bananas and seasonal fruits- peaches, pears, plums, watermelon : Canned juice pak, pineapple, applesauce, pears, peaches, apple slices</p>								
No School Rosh Hashanah										

Martha Lawless
781-821-5060 x 1246
lawlessm@cantonma.org

*All Meals Offered are Nutritionally Balanced and Include 5 Components Meat/Meat Alternate, Vegetable, Fruit, Grain and Milk
We support and encourage students to make food selections from each of the Components offered every Day!
Selecting at least 3 components and having at least one component be a fruit or vegetable serving makes it a Reimbursable Meal!*

Good Morning!



Breakfast Menu

September 2019

Monday

Kix Cereal

Tuesday

Lender's Bagel and Cream Cheese

Wednesday

Cherrios Cereal

Thursday

Kix Cereal

Friday

Graham Crackers /Yogurt

All Breakfasts Served with Fresh Fruit/ Juice and Milk

***All Meals Offered are Nutritionally Balanced and Include 3 Components
Fruit, Grain and Milk***

***We support and encourage students to make food selections from each of the Components offered
every Day!***

***Selecting at least 3 components and having at least one component be a fruit serving makes it a
Reimbursable Meal!***

Full Price\$2.00- Reduced \$0.30 - Free \$0.00

This Institution is an Equal Opportunity Provider

If your child has food allergies, please contact your child's School Nurse and the Food Service Director, Martha Lawless. A Dr.'s note is required for us to provide a meal.