

Canton Public Schools Gluten Free Lunch Menu September 2019

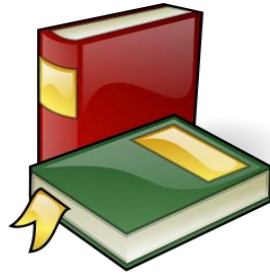


Gluten Free Products

- Breads -Mr. Sips
- Pizza- Mr. Sips
- Chicken Nuggets- Mr. Sips
- Gluten Free Rice Chex Cereal
- Hot Dog Kayem Light

Alternate Daily Choice






The Cereal Lunch will be served with fruit, vegetable, milk, string cheese . The PBJ Sandwich will be served with milk, fruit and vegetable of the day



This institution is an equal opportunity provider.

If your Child will be having a gluten free lunch please contact your School Nurse and the Food Service Director, Martha Lawless. A Dr.'s note is required for us to provide this lunch.

Martha Lawless - Food Service Director lawlessm@cantonma.org 781-821-5060 x1246

Monday	9/9	Tuesday	9/10	Wednesday	9/11	Thursday	9/12	Friday	9/13
Chicken Nuggets Carrots Slice of Bread Fresh Fruit Pears Alternate Lunch 		Hamburger Veggie Sticks Mixed Fruit Fresh Fruit Alternate Lunch 		Kayem Light Hot Dog Corn Peaches Fresh Assorted Fruit Alternate Lunch 		Grilled Cheese Sandwich Corn Peaches Fresh Assorted Fruit Alternate Lunch		Cheese Pizza Veggie Sticks Mixed Fruit Fresh Fruit Alternate Lunch 	
PBJ Sandwich or Cereal Lunch		PBJ Sandwich or Cereal Lunch		PBJ Sandwich or Cereal Lunch		PBJ Sandwich or Cereal Lunch		PBJ Sandwich or Cereal Lunch	
Monday 9/16		Tuesday 9/17		Wednesday 9/18		Thursday 9/19		Friday 9/20	
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