

Canton High School

November 16- November 27, 2020



Food Allergies

If your child has a food allergy and will be eating lunch please contact your child's School Nurse and The Food Service Director. A Doctor's Note will be required

Breakfast and Lunch are free for all students everyday.



Lunch

MONDAY	11/16	TUESDAY	11/17	WEDNESDAY	11/18	THURSDAY	11/19	FRIDAY	11/20
Chicken Nuggets Dinner Roll Green Beans Tater Tots Milk Chips Milk 		Pizza Garden Salad/Dressing Fresh Fruit Cookie Milk Gluten Free Pizza		Remote Learning In School Learning Grilled Chicken Caesar Salad Italian Dressing Pita Bread Fruit Milk Gluten Free Hamburger		Chicken Nuggets Dinner Roll Green Beans Tater Tots Milk Chips Milk 		Pizza Garden Salad/Dressing Fresh Fruit Cookie Milk Gluten Free Pizza	
MONDAY	11/23	TUESDAY	11/24	WEDNESDAY	11/25	THURSDAY	11/26	FRIDAY	11/27
Buffalo Chicken Sandwich Veggie Sticks Ranch Dip Juice Milk Cookie Gluten Free Nuggets		Pizza Garden Salad /Dressing Fresh Fruit Milk Gluten Free Pizza		Remote Learning In School Learning Grilled Cheese Sandwich Veggie Sticks Fruit Milk Gluten Free Hamburger		Thanksgiving Recess No School 		Thanksgiving Recess No School	

Daily Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chocolate Chip Muffin Juice Milk Gluten Free Cereal Fruit Milk	Warm Cinnamon Donut Fresh Fruit Milk Gluten Free Cereal Juice Milk	Remote Learning In School Learning Bagel Cream Cheese Orange Smiles Gluten Free Cereal Fruit Milk	Chocolate Chip Muffin Juice Milk Gluten Free Cereal Juice Milk	Warm Cinnamon Donut Fresh Fruit Milk Gluten Free Cereal Fruit Milk

A-la-carte items not included in the meals above will be paid from student lunch accounts.

A-la-Carte

Milk
Water
Snacks

Gluten Free Option Meals Highlighted in Green All meals served with milk fruit and vegetable

Pre-Pay into your Child's School Lunch Account on line at

<https://www.myschoolbucks.com>



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*All Meals Offered are Nutritionally Balanced and Include 5 Components Meat/Meat Alternate, Vegetable, Fruit, Grain and Milk
We support and encourage students to make food selections from each of the Components offered every Day!
Selecting at least 3 components and having at least one component be a fruit or vegetable serving makes it a Reimbursable Meal!*

This institution is an equal opportunity provider