

# Galvin Middle School

## November 16 - November 27, 2020



### Food Allergies

If your child has a food allergy and will be eating lunch please contact your child's School Nurse and The Food Service Director. A Doctor's Note will be required

Breakfast and Lunch are free for all students everyday.



## Lunch

MONDAY	11/16	TUESDAY	11/17	WEDNESDAY	11/18	THURSDAY	11/19	FRIDAY	11/20
<b>Spicy Chicken Sandwich</b> Green Beans Potato Smiles Fresh Fruit Milk Alternate Meal PIZZA A la Carte Snack \$0.80		<b>Hot Dog</b> Potato Wedges Baked Beans Dried Cranberries Milk Alternate Meal Chickwich Sandwich A la Carte Cookie \$0.50		<b>Remote Learning</b>  <b>In School Learning</b> Grilled Cheese Veggie Sticks Fresh Fruit Milk		<b>Spicy Chicken Sandwich</b> Green Beans Potato Smiles Fresh Fruit Milk Alternate Meal PIZZA A la Carte Snack \$0.80		<b>Hot Dog</b> Potato Wedges Baked Beans Dried Cranberries Milk Alternate Meal Chickwich Sandwich A la Carte Snack \$0.80	
<b>Gluten Free Hamburger</b>				<b>Gluten Free Nuggets</b>		<b>Gluten Free Hamburger</b>		<b>Gluten Free Pizza</b>	
MONDAY	11/23	TUESDAY	11/24	WEDNESDAY	11/25	THURSDAY	11/26	FRIDAY	11/27
<b>Bacon Cheeseburger</b> Baked Beans Potato Wedges Fresh Fruit Milk Alternate Meal PIZZA A la Carte Cookie \$0.50		<b>Chicken Tenders</b> Mashed Potato Carrots Dried Cranberries Milk Alternate Meal Chickwich Sandwich A la Carte Cookie \$0.50		<b>In School Learning</b> Grilled Cheese Veggie Sticks Fresh Fruit Milk		Thanksgiving Recess No School  		Thanksgiving Recess No School	
<b>Gluten Free Hamburger</b>		<b>Gluten Free Pizza</b>		<b>Gluten Free Nuggets</b>					

## Daily Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
<b>Croissant Breakfast Sandwich</b> Juice Milk		<b>Warm Cinnamon Donut</b> Fresh Fruit Milk		<b>Remote Learning</b>  <b>In School Learning</b> Bagel Cream Cheese Orange Smiles		<b>Croissant Breakfast Sandwich</b> Juice Milk		<b>Warm Cinnamon Donut</b> Fresh Fruit Milk	
<b>Gluten Free Cereal Fruit Milk</b>		<b>Gluten Free Cereal Juice Milk</b>		<b>Gluten Free Cereal Fruit Milk</b>		<b>Gluten Free Cereal Juice Milk</b>		<b>Gluten Free Cereal Fruit Milk</b>	

A-la-carte items not included in the meals above will be paid from student lunch accounts.

#### A-la-Carte

Milk \$0.50

Water \$1.00

Snacks Various Pricing

**Gluten Free Option Meals Highlighted in Green All meals served with milk fruit and vegetable**

#### Pre-Pay into your Child's

School Lunch Account on line at

<https://www.myschoolbucks.com>



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*All Meals Offered are Nutritionally Balanced and Include 5 Components Meat/Meat Alternate, Vegetable, Fruit, Grain and Milk We support and encourage students to make food selections from each of the Components offered every Day! Selecting at least 3 components and having at least one component be a fruit or vegetable serving makes it a Reimbursable Meal!*

This institution is an equal opportunity provider