

Galvin Middle School

November 30 - December 23, 2020

Food Allergies

If your child has a food allergy and will be eating lunch please contact your child's School Nurse and The Food Service Director. A Doctor's Note will be required

Breakfast and Lunch are free for all students everyday.



Lunch

MONDAY	11/30	TUESDAY	12/1	WEDNESDAY	12/2	Thursday	12/3	FRIDAY	12/4		
General Tso Chicken Rice Green Beans Fresh Fruit Milk Alternate Meal PIZZA A la Carte Snack \$1.00		Canton's Own Pizza Garden Salad Baked Potato Wedges Peaches Milk Chicken Nuggets Roll A la Carte Snack \$0.80		Remote Learning In School Learning Grilled Cheese Veggie Sticks Fresh Fruit Milk		General Tso Chicken Rice Green Beans Fresh Fruit Milk Alternate Meal PIZZA A la Carte Snack \$1.00		Canton's Own Pizza Garden Salad Baked Potato Wedges Peaches Milk Alternate Meal Chickwich Sandwich A la Carte Snack \$0.80			
Gluten Free Hamburger			Gluten Free Nuggets			Gluten Free Hamburger		Gluten Free Pizza			
MONDAY	12/7	TUESDAY	12/8	WEDNESDAY	12/9	THURSDAY	12/10	FRIDAY	12/11		
Bacon Cheeseburger Veggie Sticks Hummus Potato Wedges Fresh Fruit Milk Alternate Meal PIZZA A la Carte Cookie \$0.50		Canton's Own Pizza Garden Salad Black Bean Salad Peaches Milk Alternate Meal Chickwich Sandwich A la Carte Cookie \$0.50		Remote Learning In School Learning Grilled Cheese Veggie Sticks Fresh Fruit Milk		Bacon Cheeseburger Veggie Sticks Hummus Potato Wedges Fresh Fruit Milk Alternate Meal PIZZA A la Carte Cookie \$0.50		Canton's Own Pizza Garden Salad Black Bean Salad Peaches Milk Alternate Meal Chickwich Sandwich A la Carte Cookie \$0.50			
Gluten Free Hamburger			Gluten Free Pizza			Gluten Free Hamburger		Gluten Free Pizza			
MONDAY	12/14	TUESDAY	12/15	WEDNESDAY	12/16	THURSDAY	12/17	FRIDAY	12/18		
Popcorn Chicken Bowl Mashed Potatoes Gravy Sweet Corn Dinner Roll Milk Fresh Fruit Alternate Meal PIZZA A la Carte Snack \$1.00		Kayem Light Hot Dog Garden Salad Baked Beans Peaches Milk Rice Krispie Treat Alternate Meal Chickwich Sandwich A la Carte Snack \$0.80		Remote Learning In School Learning Grilled Cheese Veggie Sticks Fresh Fruit Milk		Popcorn Chicken Bowl Mashed Potatoes Gravy Sweet Corn Dinner Roll Milk Fresh Fruit Alternate Meal PIZZA A la Carte Snack \$1.00		Kayem Light Hot Dog Garden Salad Baked Beans Peaches Milk Rice Krispie Treat Alternate Meal Chickwich Sandwich A la Carte Snack \$0.80			
Gluten Free Hamburger			Gluten Free Nuggets			Gluten Free Hamburger		Gluten Free Pizza			
MONDAY	12/21	TUESDAY	12/22	WEDNESDAY	12/23	<p>Winter Break No School December 24 - December 31, 2020</p>					
Bacon Cheeseburger Lettuce and Tomato Potato Wedges Fresh Fruit Milk Alternate Meal PIZZA A la Carte Cookie \$0.50		Canton's Own Pizza Garden Salad Black Bean Salad Peaches Milk Alternate Meal Chickwich Sandwich A la Carte Cookie \$0.50		Remote Learning In School Learning Grilled Cheese Veggie Sticks Fresh Fruit Milk							
Gluten Free Hamburger			Gluten Free Pizza			Gluten Free Nuggets			Gluten Free Pizza		

Daily Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 Croissant Sandwich Week 2 Muffin Week 3 Cinnamon Roll Week 4 Mini Pancake Juice Milk Alternate Choice Cereal Gluten Free Cereal Fruit Milk	Warm Cinnamon Donut Fresh Fruit Milk Fruit Milk Alternate Choice Cereal Gluten Free Cereal Juice Milk	Remote Learning In School Learning Bagel Cream Cheese Orange Smiles Milk Gluten Free Cereal Fruit Milk	Week 1 Croissant Sandwich Week 2 Muffin Week 3 Cinnamon Roll Week 4 Mini Pancake Juice Milk Alternate Choice Cereal Gluten Free Cereal Juice Milk	Warm Cinnamon Donut Fresh Fruit Milk Fruit Milk Alternate Choice Cereal Gluten Free Cereal Fruit Milk

A-la-carte items not included in the meals above will be paid from student lunch accounts.

A-la-Carte

Milk \$0.50
Water \$1.00
Snacks Various Pricing

Gluten Free Option Meals Highlighted in Green All meals served with milk fruit and vegetable

Pre-Pay into your Child's
School Lunch Account on line at
<https://www.myschoolbucks.com>



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All Meals Offered are Nutritionally Balanced and Include 5 Components Meat/Meat Alternate, Vegetable, Fruit, Grain and Milk
We support and encourage students to make food selections from each of the Components offered every Day!
Selecting at least 3 components and having at least one component be a fruit or vegetable serving makes it a Reimbursable Meal!