

ARAMARK

Sep 1, 2016 thru Sep 30, 2016

Base Menu Spreadsheet

Stoneham Elementary Lunch

Portion Values - Detailed

Page 1

Generated on: 8/19/2016 10:43:24 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 09/01/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
PIZZA AP Tony Chz 5in 2.0 WG	Pizza	40	300	38.0
CHIX Nugget, WG (5) 2.0	5 Each	30	203	12.68
BRD: BREAD WG, 1sl	Slice	5	80	15.0
MA14'-Fun Bagel Sack	1 each	5	445	49.0
MELT BD, AM WG 2.0	Sandwich	10	385	32.5
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: BEANS, Green Fz 1/2c	1/2 Cup	30	20	4.49
VEG: CARROTS, Fresh BabyIW2oz	2.0 ozw bag	30	20	4.67
VEG: CELERY, Sticks 1/2c	1/2 Cup	30	10	1.83
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	20	11	2.61
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	30	47	11.73
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	30	62	16.52
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	30	61	13.13
MILK SS, 1% White 8oz	Carton	20	103	12.23
MILK SS, Skim Chocolate	Carton	90	130	24.0
MILK SS, Skim 8oz	Carton	10	83	12.16
COND PC Drsg Ranch 12g	1 Each	10	50	1.0
COND PC Ketchup 9g Heinz	1 Each	10	10	3.0
COND PC Mustard 6g	1 Each	10	0	1.0
COND PC Sauce, BBQ 12g	1 Each	10	15	4.0
COND PC Sauce, Tartar 12g	1 Each	5	45	2.0
COND_Salsa, AP 1/4c	1/4 Cup	0	20	4.08
COND_Syrup, Pancake 1oz	1 fl oz	0	100	25.5
Weighted Daily Average			515	73.03
% of Calories				56.7%
Nutrient Guideline			550-650	

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Generated on: 8/19/2016 10:43:24 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 09/05/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
CHIX Drumstk, AP OvnRstd 2.5	1 Each	30	160	2.0
CHIX Nugget, WG (5) 2.0	5 Each	40	203	12.68
BRD: BREAD WG, 1sl	Slice	30	80	15.0
SDW HD, Tuna Salad WG 2.0	Sandwich	5	252	28.87
MELT BD, AM WG 2.0	Sandwich	5	385	32.5
MA14'-Fun Bagel Sack	1 each	10	445	49.0
SDW BD, SBJ WG 2.0	Sandwich	10	655	69.74
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: BROCCOLI, Frz Chpd 1/2c	1/2 Cup	30	24	4.61
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Fresh BabyIW2oz	2.0 ozw bag	20	20	4.67
VEG: POTATO, Mashed 1/2c	1/2 Cup	60	68	15.38
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	50	47	11.73
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	20	62	16.52
FRUIT: PEARS, Slcd w/Syr 1/2c	1/2 Cup	30	69	18.28
FRUIT: PEACHES Slcd w/Syr 1/2c	1/2 Cup	20	64	17.36
MILK SS, 1% White 8oz	Carton	30	103	12.23
MILK SS, Skim Chocolate	Carton	60	130	24.0
MILK SS, Skim 8oz	Carton	30	83	12.16
-COND PC Drsg Ranch FF12gHeinz	1 Each	10	15	4.0
COND PC Ketchup 9g Heinz	1 Each	50	10	3.0
COND PC Mustard 6g	1 Each	10	0	1.0
COND PC Sauce, BBQ 12g	1 Each	10	15	4.0
COND_Syrup, Pancake 1oz	1 fl oz	0	100	25.5
COND PC Sauce, Tartar 12g	1 Each	5	45	2.0
Weighted Daily Average			566	79.91
% of Calories				56.5%
Nutrient Guideline			550-650	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 09/06/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
BRD: FR TST STK, AP WG (1.5BG)	3 Sticks	50	225	31.5
CHIX Sausage Patty 1ea 1.0	Patty	50	100	1.0
CHIX Nugget, WG (5) 2.0	5 Each	25	203	12.68
BRD: BREAD WG, 1sl	Slice	10	80	15.0
MELT BD, AM WG 2.0	Sandwich	10	385	32.5
MA14'-Fun Bagel Sack	1 each	4	445	49.0
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
SDW BD, Tuna Salad WG 2.0	Sandwich	6	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: POTATO, HB Patty 1ea	Patty	50	130	14.0
VEG: CELERY, Sticks 1/2c	1/2 Cup	30	10	1.83
VEG: CARROTS, Fresh Baby1W2oz	2.0 ozw bag	40	20	4.67
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	10	11	2.61
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	20	62	16.52
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	40	47	11.73
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	20	61	13.13
MILK SS, 1% White 8oz	Carton	30	103	12.23
MILK SS, Skim Chocolate	Carton	60	130	24.0
MILK SS, Skim 8oz	Carton	30	83	12.16
-COND PC Drsg Ranch FF12gHeinz	1 Each	10	15	4.0
COND PC Ketchup 9g Heinz	1 Each	10	10	3.0
COND PC Mustard 6g	1 Each	0	0	1.0
COND PC Sauce, BBQ 12g	1 Each	10	15	4.0
COND PC Sauce, Tartar 12g	1 Each	0	45	2.0
COND Syrup, Pancake 1oz	1 fl oz	50	100	25.5
Weighted Daily Average			635	87.39
% of Calories				55.1%
Nutrient Guideline			550-650	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 09/07/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
CHIX Popcorn, AP WG 1.5	Serving	35	192	11.68
CHIX Nugget, WG (5) 2.0	5 Each	30	203	12.68
BRD: BREAD WG, 1sl	Slice	20	80	15.0
MELT BD, AM WG 2.0	Sandwich	10	385	32.5
MA14'-Fun Bagel Sack	1 each	10	445	49.0
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
SDW BD, SBJ WG 2.0	Sandwich	10	655	69.74
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: POTATO, Mashed 1/2c	1/2 Cup	40	68	15.38
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Fresh Baby1W2oz	2.0 ozw bag	20	20	4.67
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	25	11	2.61
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	50	47	11.73
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	20	62	16.52
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	30	61	13.13
MILK SS, 1% White 8oz	Carton	30	103	12.23
MILK SS, Skim Chocolate	Carton	60	130	24.0
MILK SS, Skim 8oz	Carton	30	83	12.16
COND_Dressing, Ranch Lite	1 TBSP	10	55	0.5
-COND_Ketchup #10 X-Std LS	1 TBSP	50	20	4.0
COND_Mustard, Yellow 1.5Gal	1 TBSP	10	10	0.65
COND_Sauce, BBQ Orig AP 1.5Gal	1 TBSP	10	35	9.0
COND_Syrup, Pancake 1oz	1 fl oz	0	100	25.5
COND_PC Sauce, Tartar 12g	1 Each	5	45	2.0
Weighted Daily Average			555	74.20
% of Calories				53.4%
Nutrient Guideline			550-650	

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Thu - 09/08/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
NACHOS BfGd AP 1.0 ES	1 Each	60	285	24.23
CHIX Nugget, WG (5) 2.0	5 Each	20	203	12.68
BRD: BREAD WG, 1sl	Slice	5	80	15.0
MELT BD, AM WG 2.0	Sandwich	5	385	32.5
MA14'-Fun Bagel Sack	1 each	5	445	49.0
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: BEANS, Black 1/2c	1/2 Cup	50	188	32.32
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Fresh BabyIW2oz	2.0 ozw bag	20	20	4.67
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	25	11	2.61
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	50	62	16.52
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	50	47	11.73
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	20	61	13.13
MILK SS, 1% White 8oz	Carton	30	103	12.23
MILK SS, Skim Chocolate	Carton	60	130	24.0
MILK SS, Skim 8oz	Carton	30	83	12.16
-COND PC Drsg Ranch FF12gHeinz	1 Each	10	15	4.0
COND PC Ketchup 9g Heinz	1 Each	10	10	3.0
COND PC Mustard 6g	1 Each	10	0	1.0
COND PC Sauce, BBQ 12g	1 Each	10	15	4.0
COND PC Sauce, Tartar 12g	1 Each	1	45	2.0
COND_Syrup, Pancake 1oz	1 fl oz	0	100	25.5
COND_Salsa, AP 1/4c	1/4 Cup	50	20	4.08
Weighted Daily Average			624	87.37
% of Calories				56.0%
Nutrient Guideline			550-650	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 09/09/2016				
Stoneham Elementary Lunch	Total	100		
PIZZA 16" Chz WG 2.0	1/8 Cut Slice	30	347	30.88
PIZZA 16" CPepperoni WG 2.0	1/8 Cut Slice	30	345	30.88
CHIX Nugget, WG (5) 2.0	5 Each	15	203	12.68
BRD: BREAD WG, 1sl	Slice	5	80	15.0
MELT BD, AM WG 2.0	Sandwich	5	385	32.5
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
MA14'-Fun Bagel Sack	1 each	10	445	49.0
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: PEAS, Green Fz 1/2c	1/2 Cup	40	73	13.37
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Fresh BabyIW2oz	2.0 ozw bag	30	20	4.67
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	20	11	2.61
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	40	62	16.52
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	40	47	11.73
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	60	61	13.13
MILK SS, 1% White 8oz	Carton	40	103	12.23
MILK SS, Skim Chocolate	Carton	70	130	24.0
MILK SS, Skim 8oz	Carton	10	83	12.16
-COND PC Drsg Ranch FF12gHeinz	1 Each	60	15	4.0
COND PC Ketchup 9g Heinz	1 Each	40	10	3.0
COND PC Mustard 6g	1 Each	15	0	1.0
COND PC Sauce, BBQ 12g	1 Each	20	15	4.0
COND Salsa, AP 1/4c	1/4 Cup	0	20	4.08
COND PC Sauce, Tartar 12g	1 Each	1	45	2.0
Weighted Daily Average			632	87.62
% of Calories				55.5%
Nutrient Guideline			550-650	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 09/12/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
SDW BN, PorkRib BBQ SS WG 2.0	Sandwich	35	370	53.0
CHIX Nugget, WG (5) 2.0	5 Each	35	203	12.68
BRD: BREAD WG, 1sl	Slice	10	80	15.0
MELT BD, AM WG 2.0	Sandwich	10	385	32.5
MA14'-Fun Bagel Sack	1 each	10	445	49.0
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: POTATO, Mashed 1/2c	1/2 Cup	80	68	15.38
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Fresh Baby1W2oz	2.0 ozw bag	45	20	4.67
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	30	11	2.61
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	40	47	11.73
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	50	62	16.52
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	30	61	13.13
MILK SS, 1% White 8oz	Carton	30	103	12.23
MILK SS, Skim Chocolate	Carton	60	130	24.0
MILK SS, Skim 8oz	Carton	30	83	12.16
-COND PC Drsg Ranch FF12gHeinz	1 Each	10	15	4.0
COND PC Ketchup 9g Heinz	1 Each	50	10	3.0
COND PC Mustard 6g	1 Each	10	0	1.0
COND PC Sauce, BBQ 12g	1 Each	10	15	4.0
COND_Syrup, Pancake 1oz	1 fl oz	0	100	25.5
Weighted Daily Average			620	94.83
% of Calories				61.2%
Nutrient Guideline			550-650	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 09/13/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
HOT DOG, Plain WG 2.0	1 Each	40	250	29.0
CHIX Nugget, WG (5) 2.0	5 Each	40	203	12.68
BRD: BREAD WG, 1sl	Slice	10	80	15.0
MELT BD, AM WG 2.0	Sandwich	5	385	32.5
MA14'-Fun Bagel Sack	1 each	5	445	49.0
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: TOMATOES, Cherry 1/2c	1/2 Cup	30	15	3.32
VEG: POTATO, Tater Tots 1/2 c	1/2 Cup	80	136	16.1
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Sliced Fz 1/2c	1/2 Cup	20	32	6.77
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	30	11	2.61
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	50	47	11.73
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	30	62	16.52
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	30	61	13.13
MILK SS, 1% White 8oz	Carton	30	103	12.23
MILK SS, Skim Chocolate	Carton	60	130	24.0
MILK SS, Skim 8oz	Carton	30	83	12.16
COND PC Drsg Italian FF 12g	1 Each	10	5	1.0
COND PC Ketchup 9g Heinz	1 Each	50	10	3.0
COND PC Mustard 6g	1 Each	10	0	1.0
COND PC Sauce, BBQ 12g	1 Each	10	15	4.0
COND Syrup, Pancake 1oz	1 fl oz	0	100	25.5
Weighted Daily Average			606	82.83
% of Calories				54.7%
Nutrient Guideline			550-650	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 09/14/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
MELT BD, AM WG 2.0	Sandwich	40	385	32.5
SOUP Cond, Tomato 1c	8 fl oz	40	90	20.0
CHIX Nugget, WG (5) 2.0	5 Each	40	203	12.68
BRD: BREAD WG, 1sl	Slice	10	80	15.0
MELT BD, AM WG 2.0	Sandwich	5	385	32.5
MA14'-Fun Bagel Sack	1 each	5	445	49.0
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: BEANS, Garbanzo 1/2c	1/2 Cup	20	132	20.09
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Sliced Fz 1/2c	1/2 Cup	20	32	6.77
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	30	11	2.61
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	50	47	11.73
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	40	62	16.52
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	30	61	13.13
MILK SS, 1% White 8oz	Carton	30	103	12.23
MILK SS, Skim Chocolate	Carton	60	130	24.0
MILK SS, Skim 8oz	Carton	30	83	12.16
-COND PC Drsg Ranch FF12gHeinz	1 Each	10	15	4.0
COND PC Ketchup 9g Heinz	1 Each	50	10	3.0
COND PC Mustard 6g	1 Each	10	0	1.0
COND PC Sauce, BBQ 12g	1 Each	10	15	4.0
COND Syrup, Pancake 1oz	1 fl oz	0	100	25.5
Weighted Daily Average			616	84.32
% of Calories				54.7%
Nutrient Guideline			550-650	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 09/15/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
PASTA, Rotini WG 1/2c	1/2 Cup	40	96	19.74
SAUCE P, Spag AP Beef SS 2.0	3/4 Cup	40	190	16.01
CHIX Nugget, WG (5) 2.0	5 Each	30	203	12.68
BRD: BREAD WG, 1sl	Slice	10	80	15.0
MELT BD, AM WG 2.0	Sandwich	5	385	32.5
MA14'-Fun Bagel Sack	1 each	10	445	49.0
SDW BD, SBJ WG 2.0	Sandwich	10	655	69.74
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: SALAD, Side Rom SC 3/4c	3/4 Cup	30	5	0.93
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Fresh BabyW2oz	2.0 ozw bag	20	20	4.67
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	20	11	2.61
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	50	47	11.73
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	25	62	16.52
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	30	61	13.13
MILK SS, 1% White 8oz	Carton	30	103	12.23
MILK SS, Skim Chocolate	Carton	60	130	24.0
MILK SS, Skim 8oz	Carton	30	83	12.16
COND PC Ketchup 9g Heinz	1 Each	10	10	3.0
COND PC Mustard 6g	1 Each	10	0	1.0
COND PC Sauce, BBQ 12g	1 Each	10	15	4.0
COND_Syrup, Pancake 1oz	1 fl oz	0	100	25.5
COND PC Sauce, Tartar 12g	1 Each	0	45	2.0
Weighted Daily Average			532	73.80
% of Calories				55.4%
Nutrient Guideline			550-650	

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Sep 1, 2016 thru Sep 30, 2016

Base Menu Spreadsheet

Stoneham Elementary Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 09/16/2016				
Stoneham Elementary Lunch	Total	100		
PIZZA 16" Chz WG 2.0	1/8 Cut Slice	30	347	30.88
PIZZA 16" CPepperoni WG 2.0	1/8 Cut Slice	30	345	30.88
CHIX Nugget, WG (5) 2.0	5 Each	15	203	12.68
BRD: BREAD WG, 1sl	Slice	5	80	15.0
MELT BD, AM WG 2.0	Sandwich	5	385	32.5
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
MA14'-Fun Bagel Sack	1 each	10	445	49.0
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: PEAS, Green Fz 1/2c	1/2 Cup	40	73	13.37
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Fresh BabyIW2oz	2.0 ozw bag	30	20	4.67
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	20	11	2.61
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	40	62	16.52
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	40	47	11.73
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	60	61	13.13
MILK SS, 1% White 8oz	Carton	40	103	12.23
MILK SS, Skim Chocolate	Carton	70	130	24.0
MILK SS, Skim 8oz	Carton	10	83	12.16
-COND PC Drsg Ranch FF12gHeinz	1 Each	60	15	4.0
COND PC Ketchup 9g Heinz	1 Each	40	10	3.0
COND PC Mustard 6g	1 Each	15	0	1.0
COND PC Sauce, BBQ 12g	1 Each	20	15	4.0
COND Salsa, AP 1/4c	1/4 Cup	0	20	4.08
COND PC Sauce, Tartar 12g	1 Each	1	45	2.0
Weighted Daily Average			632	87.62
% of Calories				55.5%
Nutrient Guideline			550-650	

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Sep 1, 2016 thru Sep 30, 2016

Base Menu Spreadsheet

Stoneham Elementary Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 09/19/2016				
Stoneham Elementary Lunch	Total	100		
STICKS, MAX SNAX Pizza AP 2.0	2 Each	30	260	30.0
COND_Sauce, Pizza AP 1/4c	1/4 Cup	30	20	5.0
CHIX Nugget, WG (5) 2.0	5 Each	35	203	12.68
BRD: BREAD WG, 1sl	Slice	10	80	15.0
MELT BD, AM WG 2.0	Sandwich	5	385	32.5
MA14'-Fun Bagel Sack	1 each	10	445	49.0
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: BROCCOLI, Frz Chpd 1/2c	1/2 Cup	30	24	4.61
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Fresh BabyIW2oz	2.0 ozw bag	50	20	4.67
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	35	11	2.61
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	50	47	11.73
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	30	62	16.52
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	30	61	13.13
MILK SS, 1% White 8oz	Carton	30	103	12.23
MILK SS, Skim Chocolate	Carton	60	130	24.0
MILK SS, Skim 8oz	Carton	30	83	12.16
COND PC Drsg Ranch 12g	1 Each	10	50	1.0
COND PC Ketchup 9g Heinz	1 Each	50	10	3.0
COND PC Mustard 6g	1 Each	10	0	1.0
COND PC Sauce, BBQ 12g	1 Each	10	15	4.0
COND_Syrup, Pancake 1oz	1 fl oz	0	100	25.5
COND PC Sauce, Tartar 12g	1 Each	0	45	2.0
Weighted Daily Average			505	72.16
% of Calories				57.2%
Nutrient Guideline			550-650	

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Sep 1, 2016 thru Sep 30, 2016

Base Menu Spreadsheet

Stoneham Elementary Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 09/20/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
NACHOS BfGd AP 1.0 ES	1 Each	60	285	24.23
CHIX Nugget, WG (5) 2.0	5 Each	20	203	12.68
BRD: BREAD WG, 1sl	Slice	5	80	15.0
MELT BD, AM WG 2.0	Sandwich	5	385	32.5
MA14'-Fun Bagel Sack	1 each	5	445	49.0
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: BEANS, Black 1/2c	1/2 Cup	50	188	32.32
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Fresh BabyIW2oz	2.0 ozw bag	20	20	4.67
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	25	11	2.61
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	50	62	16.52
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	50	47	11.73
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	20	61	13.13
MILK SS, 1% White 8oz	Carton	30	103	12.23
MILK SS, Skim Chocolate	Carton	60	130	24.0
MILK SS, Skim 8oz	Carton	30	83	12.16
-COND PC Drsg Ranch FF12gHeinz	1 Each	10	15	4.0
COND PC Ketchup 9g Heinz	1 Each	10	10	3.0
COND PC Mustard 6g	1 Each	10	0	1.0
COND PC Sauce, BBQ 12g	1 Each	10	15	4.0
COND PC Sauce, Tartar 12g	1 Each	0	45	2.0
COND_Syrup, Pancake 1oz	1 fl oz	0	100	25.5
COND_Salsa, AP 1/4c	1/4 Cup	50	20	4.08
Weighted Daily Average			624	87.35
% of Calories				56.0%
Nutrient Guideline			550-650	

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Base Menu Spreadsheet

Stoneham Elementary Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 09/21/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
BURG, Beef AM AP WG 2.25	1 Each	25	285	29.5
BURG, Beef AP WG 2.0	1 Each	10	240	29.0
CHIX Nugget, WG (5) 2.0	5 Each	40	203	12.68
BRD: BREAD WG, 1sl	Slice	10	80	15.0
MELT BD, AM WG 2.0	Sandwich	10	385	32.5
MA14'-Fun Bagel Sack	1 each	5	445	49.0
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: POTATO, Tater Tots 1/2 c	1/2 Cup	80	136	16.1
VEG: TOMATOES, Cherry 1/2c	1/2 Cup	30	15	3.32
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Fresh BabyW2oz	2.0 ozw bag	40	20	4.67
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	40	47	11.73
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	40	62	16.52
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	30	61	13.13
MILK SS, 1% White 8oz	Carton	30	103	12.23
MILK SS, Skim Chocolate	Carton	60	130	24.0
MILK SS, Skim 8oz	Carton	30	83	12.16
COND_Dressing, Ranch Lite	1 TBSP	10	55	0.5
-COND_Ketchup #10 X-Std LS	1 TBSP	50	20	4.0
COND_Mustard, Yellow 1.5Gal	1 TBSP	10	10	0.65
COND_Sauce, BBQ Orig AP 1.5Gal	1 TBSP	10	35	9.0
COND_Syrup, Pancake 1oz	1 fl oz	0	100	25.5
Weighted Daily Average			633	84.25
% of Calories				53.2%
Nutrient Guideline			550-650	

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Base Menu Spreadsheet

Stoneham Elementary Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 09/22/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
BRD: FR TST STK, AP WG (1.5BG)	3 Sticks	50	225	31.5
CHIX Sausage Patty 1ea 1.0	Patty	50	100	1.0
CHIX Nugget, WG (5) 2.0	5 Each	25	203	12.68
BRD: BREAD WG, 1sl	Slice	10	80	15.0
MELT BD, AM WG 2.0	Sandwich	10	385	32.5
MA14'-Fun Bagel Sack	1 each	4	445	49.0
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
SDW BD, Tuna Salad WG 2.0	Sandwich	6	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: POTATO, HB Patty 1ea	Patty	50	130	14.0
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Fresh Baby1W2oz	2.0 ozw bag	40	20	4.67
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	10	11	2.61
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	20	62	16.52
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	50	47	11.73
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	30	61	13.13
MILK SS, 1% White 8oz	Carton	30	103	12.23
MILK SS, Skim Chocolate	Carton	60	130	24.0
MILK SS, Skim 8oz	Carton	30	83	12.16
-COND PC Drsg Ranch FF12gHeinz	1 Each	10	15	4.0
COND PC Ketchup 9g Heinz	1 Each	10	10	3.0
COND PC Mustard 6g	1 Each	0	0	1.0
COND PC Sauce, BBQ 12g	1 Each	10	15	4.0
COND PC Sauce, Tartar 12g	1 Each	0	45	2.0
COND Syrup, Pancake 1oz	1 fl oz	50	100	25.5
Weighted Daily Average			648	90.25
% of Calories				55.7%
Nutrient Guideline			550-650	

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Sep 1, 2016 thru Sep 30, 2016

Base Menu Spreadsheet

Stoneham Elementary Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 09/23/2016				
Stoneham Elementary Lunch	Total	100		
PIZZA 16" Chz WG 2.0	1/8 Cut Slice	30	347	30.88
PIZZA 16" CPepperoni WG 2.0	1/8 Cut Slice	30	345	30.88
CHIX Nugget, WG (5) 2.0	5 Each	15	203	12.68
BRD: BREAD WG, 1sl	Slice	5	80	15.0
MELT BD, AM WG 2.0	Sandwich	5	385	32.5
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
MA14'-Fun Bagel Sack	1 each	10	445	49.0
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: PEAS, Green Fz 1/2c	1/2 Cup	40	73	13.37
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Fresh BabyIW2oz	2.0 ozw bag	30	20	4.67
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	20	11	2.61
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	40	62	16.52
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	40	47	11.73
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	60	61	13.13
MILK SS, 1% White 8oz	Carton	40	103	12.23
MILK SS, Skim Chocolate	Carton	70	130	24.0
MILK SS, Skim 8oz	Carton	10	83	12.16
-COND PC Drsg Ranch FF12gHeinz	1 Each	60	15	4.0
COND PC Ketchup 9g Heinz	1 Each	40	10	3.0
COND PC Mustard 6g	1 Each	15	0	1.0
COND PC Sauce, BBQ 12g	1 Each	20	15	4.0
COND Salsa, AP 1/4c	1/4 Cup	0	20	4.08
COND PC Sauce, Tartar 12g	1 Each	1	45	2.0
Weighted Daily Average			632	87.62
% of Calories				55.5%
Nutrient Guideline			550-650	

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Base Menu Spreadsheet
Portion Values - Detailed

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Sep 1, 2016 thru Sep 30, 2016

Stoneham Elementary Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 09/26/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
MA14'-Chicken Fajita WG	1 Each	25	306	30.31
CHIX Nugget, WG (5) 2.0	5 Each	40	203	12.68
BRD: BREAD WG, 1sl	Slice	10	80	15.0
MELT BD, AM WG 2.0	Sandwich	10	385	32.5
MA14'-Fun Bagel Sack	1 each	10	445	49.0
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
SDW BD, Tuna Salad WG 2.0	Sandwich	10	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: BEANS, Black 1/2c	1/2 Cup	30	188	32.32
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Sliced Fz 1/2c	1/2 Cup	20	32	6.77
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	10	11	2.61
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	50	47	11.73
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	1	62	16.52
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	30	61	13.13
MILK SS, 1% White 8oz	Carton	30	103	12.23
MILK SS, Skim Chocolate	Carton	60	130	24.0
MILK SS, Skim 8oz	Carton	30	83	12.16
-COND PC Drsg Ranch FF12gHeinz	1 Each	10	15	4.0
COND PC Ketchup 9g Heinz	1 Each	50	10	3.0
COND PC Mustard 6g	1 Each	10	0	1.0
COND PC Sauce, BBQ 12g	1 Each	10	15	4.0
COND_Syrup, Pancake 1oz	1 fl oz	0	100	25.5
COND_Salsa, AP 1/4c	1/4 Cup	20	20	4.08
Weighted Daily Average			566	76.10
% of Calories				53.8%
Nutrient Guideline			550-650	

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Sep 1, 2016 thru Sep 30, 2016

Base Menu Spreadsheet

Stoneham Elementary Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 09/27/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
PIZZA AP Tony Chz 5in 2.0 WG	Pizza	40	300	38.0
CHIX Nugget, WG (5) 2.0	5 Each	30	203	12.68
BRD: BREAD WG, 1sl	Slice	5	80	15.0
MA14'-Fun Bagel Sack	1 each	5	445	49.0
MELT BD, AM WG 2.0	Sandwich	10	385	32.5
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: BEANS, Green Fz 1/2c	1/2 Cup	30	20	4.49
VEG: CARROTS, Fresh BabyIW2oz	2.0 ozw bag	30	20	4.67
VEG: CELERY, Sticks 1/2c	1/2 Cup	30	10	1.83
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	20	11	2.61
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	30	47	11.73
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	30	62	16.52
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	30	61	13.13
MILK SS, 1% White 8oz	Carton	20	103	12.23
MILK SS, Skim Chocolate	Carton	90	130	24.0
MILK SS, Skim 8oz	Carton	10	83	12.16
COND PC Drsg Ranch 12g	1 Each	10	50	1.0
COND PC Ketchup 9g Heinz	1 Each	10	10	3.0
COND PC Mustard 6g	1 Each	10	0	1.0
COND PC Sauce, BBQ 12g	1 Each	10	15	4.0
COND PC Sauce, Tartar 12g	1 Each	5	45	2.0
COND_Salsa, AP 1/4c	1/4 Cup	0	20	4.08
COND_Syrup, Pancake 1oz	1 fl oz	0	100	25.5
Weighted Daily Average			515	73.03
% of Calories				56.7%
Nutrient Guideline			550-650	

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Base Menu Spreadsheet

Stoneham Elementary Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 09/28/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
NACHOS BfGd AP 1.0 ES	1 Each	60	285	24.23
CHIX Nugget, WG (5) 2.0	5 Each	20	203	12.68
BRD: BREAD WG, 1sl	Slice	5	80	15.0
MELT BD, AM WG 2.0	Sandwich	5	385	32.5
MA14'-Fun Bagel Sack	1 each	5	445	49.0
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: BEANS, Black 1/2c	1/2 Cup	50	188	32.32
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Fresh BabyIW2oz	2.0 ozw bag	20	20	4.67
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	25	11	2.61
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	50	62	16.52
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	50	47	11.73
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	20	61	13.13
MILK SS, 1% White 8oz	Carton	30	103	12.23
MILK SS, Skim Chocolate	Carton	60	130	24.0
MILK SS, Skim 8oz	Carton	30	83	12.16
-COND PC Drsg Ranch FF12gHeinz	1 Each	10	15	4.0
COND PC Ketchup 9g Heinz	1 Each	10	10	3.0
COND PC Mustard 6g	1 Each	10	0	1.0
COND PC Sauce, BBQ 12g	1 Each	10	15	4.0
COND PC Sauce, Tartar 12g	1 Each	1	45	2.0
COND_Syrup, Pancake 1oz	1 fl oz	0	100	25.5
COND_Salsa, AP 1/4c	1/4 Cup	50	20	4.08
Weighted Daily Average			624	87.37
% of Calories				56.0%
Nutrient Guideline			550-650	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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ARAMARK

Sep 1, 2016 thru Sep 30, 2016

Base Menu Spreadsheet

Stoneham Elementary Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 09/29/2016				
Stoneham Elementary Lunch	Total	100		
HD: HOME FEATURE	1 Each	0	0	0.0
TKY Rst, SS 2.0	4 ozw (2 MMA)	40	121	0.08
COND_Gravy, Poultry LS SS	1/4 Cup	40	37	6.3
CHIX Nugget, WG (5) 2.0	5 Each	30	203	12.68
BRD: BREAD WG, 1sl	Slice	10	80	15.0
MELT BD, AM WG 2.0	Sandwich	5	385	32.5
MA14'-Fun Bagel Sack	1 each	15	445	49.0
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: CORN, Fz 1/2c	1/2 Cup	30	66	15.8
VEG: POTATO, Mashed 1/2c	1/2 Cup	70	68	15.38
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Fresh Baby1W2oz	2.0 ozw bag	20	20	4.67
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	20	11	2.61
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	50	47	11.73
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	30	62	16.52
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	30	61	13.13
MILK SS, 1% White 8oz	Carton	30	103	12.23
MILK SS, Skim Chocolate	Carton	60	130	24.0
MILK SS, Skim 8oz	Carton	30	83	12.16
-COND PC Drsg Ranch FF12gHeinz	1 Each	10	15	4.0
COND PC Ketchup 9g Heinz	1 Each	10	10	3.0
COND PC Mustard 6g	1 Each	10	0	1.0
COND PC Sauce, BBQ 12g	1 Each	10	15	4.0
COND_Syrup, Pancake 1oz	1 fl oz	0	100	25.5
COND PC Sauce, Tartar 12g	1 Each	0	45	2.0
Weighted Daily Average			541	77.46
% of Calories				57.2%
Nutrient Guideline			550-650	

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ARAMARK

Sep 1, 2016 thru Sep 30, 2016

Base Menu Spreadsheet

Stoneham Elementary Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 09/30/2016				
Stoneham Elementary Lunch	Total	100		
PIZZA 16" Chz WG 2.0	1/8 Cut Slice	30	347	30.88
PIZZA 16" CPepperoni WG 2.0	1/8 Cut Slice	30	345	30.88
CHIX Nugget, WG (5) 2.0	5 Each	15	203	12.68
BRD: BREAD WG, 1sl	Slice	5	80	15.0
MELT BD, AM WG 2.0	Sandwich	5	385	32.5
SDW BD, SBJ WG 2.0	Sandwich	5	655	69.74
MA14'-Fun Bagel Sack	1 each	10	445	49.0
SDW BD, Tuna Salad WG 2.0	Sandwich	5	272	31.87
HD:VEGETABLES AND FRUITS	1 each	0	0	0.0
VEG: PEAS, Green Fz 1/2c	1/2 Cup	50	73	13.37
VEG: CELERY, Sticks 1/2c	1/2 Cup	50	10	1.83
VEG: CARROTS, Fresh BabyIW2oz	2.0 ozw bag	30	20	4.67
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	20	11	2.61
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	40	62	16.52
FRUIT: ORANGE 138ct 1/8wg 1/2c	8 Wedges	40	47	11.73
FRUIT: FRUIT MIX w/Jc 1/2c	1/2 Cup	60	61	13.13
MILK SS, 1% White 8oz	Carton	40	103	12.23
MILK SS, Skim Chocolate	Carton	70	130	24.0
MILK SS, Skim 8oz	Carton	10	83	12.16
-COND PC Drsg Ranch FF12gHeinz	1 Each	60	15	4.0
COND PC Ketchup 9g Heinz	1 Each	40	10	3.0
COND PC Mustard 6g	1 Each	15	0	1.0
COND PC Sauce, BBQ 12g	1 Each	20	15	4.0
COND Salsa, AP 1/4c	1/4 Cup	0	20	4.08
COND PC Sauce, Tartar 12g	1 Each	1	45	2.0
Weighted Daily Average			639	88.96
% of Calories				55.7%
Nutrient Guideline			550-650	

Weighted Average			593	82.74
				55.8%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	593		550 - 650	100%				
Carbohydrate (g)	82.74	55.78%						

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