



January 2019

**HARVEST MONTH:
Carrots**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	More Info...
<p>1</p> <p>Happy New Year</p>	<p>2</p> <p>Crispy Nachos W/Beef, Cheese & Salsa Black Bean Carrot or Celery Sticks Chilled Pears or Peaches Ice Cold Milk</p>	<p>3</p> <p>Back Yard Burger <i>Grilled Burger topped W/Cheddar Cheese, Curly Fries and BBQ Sauce</i> Garbanzo Beans Celery & Carrot Sticks Fresh Apples & Oranges Sliced Peaches & Pears Ice Cold Milk</p>	<p>4</p> <p>Cheese or Pepperoni Pizza Sweet Peas Carrot & Celery Sticks Fresh Apples & Oranges Sliced Peaches & Pears Ice Cold Milk</p>	<p>Daily Offerings:</p> <ul style="list-style-type: none"> - Deli Bar - Cheese Pizza - Pepperoni Pizza - Buffalo Chicken Pizza - Chicken Patty Sandwich - Spicy Chicken Patty Sandwich - Cheeseburger - Hamburger - Pizza Sticks w/sauce - Chicken Nuggets - Spicy Popcorn Chicken - Steak & Cheese Wrap - Popcorn Chicken Calzones Chicken Buffalo Chicken Parmesan 	
<p>7</p> <p>Steak & Cheese Sub Steamed Broccoli Carrot & Celery Sticks Sliced Peaches & Pears Fresh Apples & Oranges Ice Cold Milk</p>	<p>8</p> <p>Waffles W/Chicken Sausage Hash Brown Patty Celery/Carrot Sticks Fresh Orange Apple Sauce & Peaches Ice Cold Milk</p>	<p>9</p> <p>Crispy Nachos W/Beef, Cheese & Salsa Black Bean Carrot or Celery Sticks Chilled Pears or Peaches Ice Cold Milk</p>	<p>10</p> <p>Grilled Cheese & Chicken Noodle Soup Green Beans Carrot & Celery Sticks Apple Sauce & Peaches Fresh Apples</p>		<p>11</p> <p>Cheese or Pepperoni Pizza Sweet Peas Carrot & Celery Sticks Fresh Apples & Oranges Sliced Peaches & Pears Ice Cold Milk</p>
<p>14</p> <p>Hot Dog W/Baked Beans Oven Baked Puffs Carrot & Celery Sticks Sliced Peaches & Pears Fresh Apples & Oranges Ice Cold Milk</p>	<p>15</p> <p>4 Oz. All White Meat Chicken Breast BLT Sandwich Carrot & Celery Sticks Apple Sauce & Peaches Fresh Apples Ice Cold Milk</p>	<p>16</p> <p>Crispy Nachos W/Beef, Cheese & Salsa Black Bean Carrot or Celery Sticks Chilled Pears or Peaches Ice Cold Milk</p>	<p>17</p> <p>Rotini W/Meat Sauce Garden Salad Celery & Carrot Sticks Apple Sauce & Peaches Fresh Apples & Oranges Ice Cold Milk</p>	<p>18</p> <p>½ Day Sorry No Lunch Served</p>	
<p>21</p> <p>Martin Luther King Day</p>	<p>22</p> <p>Ravioli W/Marinara Sauce Garden Salad Celery & Carrot Sticks Apple Sauce & Peaches Fresh Apples & Oranges Ice Cold Milk</p>	<p>23</p> <p>Crispy Nachos W/Beef, Cheese & Salsa Black Bean Carrot or Celery Sticks Chilled Pears or Peaches Ice Cold Milk</p>	<p>24</p> <p>French Toast W/Chicken Sausage Hash Brown Patty Celery/Carrot Sticks Fresh Orange Apple Sauce & Peaches Ice Cold Milk</p>	<p>25</p> <p>Cheese or Pepperoni Pizza Sweet Peas Carrot & Celery Sticks Fresh Apples & Oranges Sliced Peaches & Pears Ice Cold Milk</p>	
<p>28</p> <p>Bacon Cheeseburger Steamed Broccoli Carrot & Celery Sticks Sliced Peaches & Pears Fresh Apples & Oranges Ice Cold Milk</p>	<p>29</p> <p>Cheesy Fry Chicken Sub Steamed Broccoli Celery/Carrot Sticks Fresh Orange Apple Sauce & Peaches Ice Cold Milk</p>	<p>30</p> <p>Crispy Nachos W/Beef, Cheese & Salsa Black Bean Carrot or Celery Sticks Chilled Pears or Peaches Ice Cold Milk</p>	<p>31</p> <p>Roasted Turkey Dinner W/Gravy & Mash Potato Celery/Carrot Sticks Fresh Apples & Oranges Assorted cupped Fruit Ice Cold Milk</p>	<p>26</p> <p>½ Day Sorry No Lunch Served</p>	

More Info...

Daily Offerings:

- Deli Bar
- Cheese Pizza
- Pepperoni Pizza
- Buffalo Chicken Pizza
- Chicken Patty Sandwich
- Spicy Chicken Patty Sandwich
- Cheeseburger
- Hamburger
- Pizza Sticks w/sauce
- Chicken Nuggets
- Spicy Popcorn Chicken
- Steak & Cheese Wrap
- Popcorn Chicken Calzones
- Chicken Buffalo
- Chicken Parmesan

- Taco/Nacho Bar

Paid=
Middle-\$3.00
High-\$3.00
Reduced=.40

All lunches served with milk, vegetable, fruit and bread

STONEHAM MIDDLE & HIGH SCHOOL LUNCH MENU



Special News...Important

Nutrikids prepayment-www.mySchoolBucks.com

ARAMARK Healthy For Life-www.myhealthyforlife.com

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Menus are subject to change without notice.

