

From School to Home and Back Again: Executive Function Skills Across the Day

**A Lecture Hosted by Stoneham Public Schools
and Stoneham SEPAC**

Whether you are a parent, teacher, or professional you cannot afford to miss this dynamic, practical day of learning!

Core executive function strategies will be applied to expectations of elementary students through high school.

Leave the lecture with an introduction to strategies that teach youth task initiation, transitions, forethought, time management, planning multi-step assignments, and self-awareness.

Lecture Topics:

- Executive Function (EF) Skills Defined, Executive Dysfunction
- Situational Awareness, Task Initiation and Transitions
- Teaching Forethought and Planning Skills
- The Get Ready * DO * Done model
- Practical Strategies to Increase Time Management
- Long term projects strategies, with emphasis on written expression projects
- Closing the Homework Circle

When: Monday, April 8, 2019 6-8pm

Where: Stoneham High School Library

Presenter

Kristen Jacobsen, MS CCC-SLP Co-Director at [Cognitive Connections LLP](#) has co-authored the innovative **360 Thinking** approach to facilitate executive functioning skills. Kristen has also presented and co-authored executive function articles and educational products, including the **Academic Planner** and **Tracknets**, as well as the **Time Tracker Program** and **Get Ready*Do*Done** instructional approach. Kristen frequently provides trainings and workshops for teachers to deliver effective executive function-based instruction that aims to reach all learners in their classrooms, as well as for parents to implement strategies for their children at home.



Co-Author

Sarah Ward, MS CCC-SLP Co-Director at [Cognitive Connections LLP](#) and co-author of the innovative **360 Thinking** executive function program, regularly presents on the topic of executive functions to a variety of professional and parent organizations. In addition to working directly with students in her private practice, she has presented to and consulted with public and private schools in Massachusetts and across the United States on how to implement the executive function based strategies into the classroom setting.

