



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	More Info...
<p>All Students must process a new Free/Reduced application Regardless of last year status</p> <p>Free & Reduced Applications @ www.stonehamschools.org</p>		<p>28 <u>Crispy Nachos W/Beef, Cheese & Salsa</u> Black Bean Carrot or Celery Sticks Chilled Peas or Peaches Ice Cold Milk</p>	<p>29 <u>Hot Dog W/Baked Beans</u> Oven Baked Puffs Carrot & Celery Sticks Sliced Peaches & Pears Fresh Apples & Oranges Ice Cold Milk</p>	<p>30 <u>No School</u></p>	
<p>2 <u>Labor Day</u></p>	<p>3 <u>Waffles W/Chicken Sausage</u> Oven Baked Puffs Celery/Carrot Sticks Fresh Orange Apple Sauce & Peaches Ice Cold Milk</p>	<p>4 <u>Crispy Nachos W/Beef, Cheese & Salsa</u> Black Bean Carrot or Celery Sticks Chilled Peas or Peaches Ice Cold Milk</p>	<p>5 <u>Cheese Ravioli W/Marinara Sauce</u> Garden Salad Celery & Carrot Sticks Apple Sauce & Peaches Fresh Apples & Oranges Ice Cold Milk</p>	<p>6 <u>Cheese, Pepperoni Or Buffalo Ranch Pizza</u> Sweet Peas Carrot & Celery Sticks Fresh Apples & Oranges Sliced Peaches & Pears Ice Cold Milk</p>	
<p>9 <u>Tuna Fish Sub</u> Gold Fish Crackers Celery & Carrot Sticks Fresh Apples & Oranges Sliced Peaches & Pears Ice Cold Milk</p>	<p>10 <u>4 Oz. All White Meat Chicken Breast BLT Sandwich</u> Garbanzo Beans Carrot & Celery Sticks Apple Sauce & Peaches Fresh Apples Ice Cold Milk</p>	<p>11 <u>Crispy Nachos W/Beef, Cheese & Salsa</u> Black Bean Carrot or Celery Sticks Chilled Peas or Peaches Ice Cold Milk</p>	<p>12 <u>French Toast W/Chicken Sausage</u> Oven Baked Puffs Celery/Carrot Sticks Fresh Orange Apple Sauce & Peaches Ice Cold Milk</p>	<p>13 <u>Cheese, Pepperoni Or Buffalo Ranch Pizza</u> Sweet Peas Carrot & Celery Sticks Fresh Apples & Oranges Sliced Peaches & Pears Ice Cold Milk</p>	
<p>16 <u>Bacon Cheeseburger</u> Garden Salad Seasoned Corn Celery/Carrot Sticks Fresh Orange Apple Sauce & Peaches Ice Cold Milk</p>	<p>17 <u>Hot Dog W/Baked Beans</u> Oven Baked Puffs Carrot & Celery Sticks Sliced Peaches & Pears Fresh Apples & Oranges Ice Cold Milk</p>	<p>18 <u>Crispy Nachos W/Beef, Cheese & Salsa</u> Black Bean Carrot or Celery Sticks Chilled Peas or Peaches Ice Cold Milk</p>	<p>19 <u>French Toast w/Chicken Sausage</u> Hash Brown Patty Carrot & Celery Sticks Sliced Peaches & Pears Fresh Apples & Oranges Ice Cold Milk</p>	<p>20 <u>Cheese, Pepperoni Or Buffalo Ranch Pizza</u> Sweet Peas Carrot & Celery Sticks Fresh Apples & Oranges Sliced Peaches & Pears Ice Cold Milk</p>	
<p>23 <u>Grilled Cheese & Chicken Noodle Soup</u> Garbanzo Beans Carrot & Celery Sticks Sliced Peaches & Pears Fresh Apples & Oranges Ice Cold Milk</p>	<p>24 <u>Warm WG Pretzel Roll W/Cheese Sauce for Dipping</u> Tomato & Cucumber Salad Celery & Carrot Sticks Apple Sauce & Peaches Fresh Oranges Ice Cold Milk</p>	<p>25 <u>Crispy Nachos W/Beef, Cheese & Salsa</u> Black Bean Carrot or Celery Sticks Chilled Peas or Peaches Ice Cold Milk</p>	<p>26 <u>Chicken Parmesan W/Pasta</u> Steamed Broccoli Carrot & Celery Sticks Fresh Apples & Oranges Sliced Peaches & Pears Ice Cold Milk</p>	<p>27 <u>Cheese, Pepperoni Or Buffalo Ranch Pizza</u> Sweet Peas Carrot & Celery Sticks Fresh Apples & Oranges Sliced Peaches & Pears Ice Cold Milk</p>	

STONEHAM MIDDLE & HIGH SCHOOL LUNCH MENU



Special News...Important Links

Nutrikids prepayment-www.mySchoolBucks.com

ARAMARK Healthy For Life-www.myhealthyforlife.com

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