

Greetings,

The final days of October are here. The first grading quarter of the semester ends this Friday, November 1. Please encourage your students to seek out their course teachers during FLEX Block for any extra help and completion of any missing work and assignments.

Fall athletic schedules are winding down and MIAA Tournament play will soon be released for Golf, Varsity Boys and Girls Soccer, Varsity Football. For details please see our Athletic Webpage [HERE](#).

During the month of November, all FRESHMAN students who take Physical Education Class this semester will participate in postural screening. Female students are asked to bring a bathing suit top or equivalent. This will help nurses conducting the screening to have a more accurate observation of the student's back, If your freshman is currently receiving treatment for a spinal problem, please inform the school nurse in writing prior to the screening. Please contact, Sandra Malzone RN at 781-279-3810 x 1317 with any questions.

Get ready to set your clocks back next weekend Sunday, November 3. As this will result in darker afternoons please use extra caution when driving on school grounds.

Save the date:

Thursday, October 31: District half day, SHS dismissal at 12:15

Friday, November 1: Q1 ends

Monday, November 4: Q2 begins

Monday, November 11: Veterans Day, no school

Thursday and Friday, November 15 & 16: Fall play, *Check Please*, 7pm, Auditorium

Wednesday, November 27: Thanksgiving Break, SHS dismissal at 12:15

All things SHS Library:

Monthly Library Newsletter: [The Spartan Source](#)

Thanksgiving Food Drive:

The following items are needed for the Thanksgiving Food Drive. All items are due by November 13th. A box is located near the front office to drop-off the food.

All Thanksgiving-type food items (green beans, stuffing, boxed mashed potatoes, etc), but especially:

Flour	Sugar(white/brown)	Canned Fruit for pies	Vanilla	Salt	Powder/Soda
Vegetable oil	Cake mixes	Bread mixes	Gravy Stuffing	Canned Corn	Cranberry
Sauce	Baking				

Stoneham Coalition:

Please join the Stoneham Coalition for a free film screening of Chris Herren's "The First Day" with a panel discussion to follow on ways a community can work together to prevent substance use.

WHEN: Tuesday, October 29, 7 - 9pm

WHERE: Greater Boston Stage: Doors open at 6pm, refreshments will be available.

About this Event

"Chris Herren, former professional basketball player, author and wellness advocate, has shared his story of recovery with over 1 million people nationwide. The First Day film chronicles this journey revealing Herren's vulnerability and his profound connections with high school students who, in turn, have shared their stories of struggle and strength.

Through the power of storytelling, The First Day addresses issues that school systems, communities and people across the country are impacted by, directly or indirectly, each day including substance use, other harmful behaviors and mental health problems."

To reserve your free seat, sign up via this link <https://www.facebook.com/events/377252749817292/> or email: admin@stonehamcoalition.org

Good Things at SHS:

Students of the Month

Kayla Plusquellic / English

Jayna Byrne / World Language

Sophia Perillo / Social Studies

Alexandria Crowley/ Science

Nicholas Freitas / Business Education

Neena DiLorio / Health Education

Michael DiLeo / Music

Alec Worthen-Sluz / Family and Consumer Science

Anthony Bazzinotti / Physical Education

Vera Bowerman / Art

Courtney Ponzio and Tia Lorenzetti / Spartan Spirit

Axel Cetino / Math

World language increasing cultural knowledge and awareness

Spanish 4 students enjoyed a visit to the MFA after completing their unit on Frida Kahlo and Diego Rivera. Students impressed the tour guides with their knowledge of the life and works of both artists.

During Enrichment on Friday, 23 students have taken advantage of watching the movie Coco and discussing how Day of the Dead is celebrated in Mexico. The Day of the Dead is celebrated next week ending on November 2

Community engagement

The SHS Rotary Interact Club was busy this past week. Over the weekend they painted pumpkins with the senior residents of the Life Care Center of Stoneham. It was a great afternoon of friendship, cider, and donuts. They were also busy during the lunches spearheading a **Drive for Toiletries for those Less Fortunate:** shampoos, toothpaste, toothbrushes, soap. Anyone who wishes to donate can drop off donations at the high school, it would be much appreciated.



Flag raising and retiring

We retired our old flag and raised a new with the help of our students and the local Stoneham Boys Scouts: Bryce Bardell, Keenan Porter, William Hansen, William Maurer



FLEX Block enrichment opportunities

Chorus



Open gym and ping pong

