

The Spartan Spirit

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Enrichment programs during FLEX are now open!

- Board Games in the Library on day 6
- Puzzles in the Library on day 7
- Open Library for projects and research on days 6 and 7
- Are you a creative writer? On days 6 and 7 join NaNoWriMo with Mrs. Brooks in room 105
- Work on independent and group projects in Art Club with Ms. R in room 118 on day 7
- The school needs murals! Help out Mrs. Catalano in room 217 with ideas of paintings on day 4
- Relax and create with scrapbooking in room 228 with Ms. Gagne on day 6
- Learn about French Games and Movies in room 228 with Ms. Gagne on day 7
- Love to sing? Acapella choir meets with Mr. McShane in room 137 (Band Room) on day 6
- Just Dance! Sessions available with the help of Mrs. Barde and students in room 214 on day 7
- Need quiet time? Silent working period on days 1, 4, 6, and 7 available in the cafe
- Open gym for basketball on days 6 and 7 and table tennis with Mr. Serino on day 6
- Walking club with Mrs. Adams meets in room 105 on day 6

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SHS Academics

Faculty Feature on Ms. Julia Anderson

By Alison Beaton

I had the pleasure of interviewing Ms. Anderson, our new school psychologist. She took over for Ms. Auger when Ms. Auger took the vice-principal position. I asked Ms. Anderson, what she did before coming to Stoneham High School, and she responded by saying that she interned at Westborough High School.

Ms. Anderson went to school at Worcester State University in Worcester, Massachusetts. She found the job at Stoneham High School by doing a job search on Google and applied. I asked her if she liked it here at Stoneham High School, and she said “I really like it here at Stoneham High School because I am no longer an intern, I am an actual staff member and I love all of the students and staff because they are awesome!”


I am so glad I got to interview her. Thank you so much for your time, Ms. Anderson.

SHS Student Life

Op/Ed: Student of the Month

Pro: Students can gain recognition for their hard work because teachers are the ones who choose the students who give their best effort. For the students who are chosen, they can have higher self-esteem, and it's possible that they'll be more hard-working after the encouragement. Parents are proud of their student's attributions. “Student of the Month” awards are good for students.

Con: Choosing “Student of the Month” is entirely teacher opinion-based. Even if one is excelling in classes and participating exceedingly, one may not be chosen. This can harm students who are never chosen by lowering their self-esteem and making them feel less than others.



SHS Student Life

Halloween

Halloween is always an exciting time at SHS. Below are some examples of the excellent costumes and spirit students demonstrated on this holiday:




Maya Cunningham and Anthony Gianoulis



Luke Aronis and Yves Maurer



Kayla Plusquellic



SHS Arts
Found Poetry in Mrs. Brooks's Classes

<p>“By Class E” “May the rest of our lives be the best of our lives.” - Mamma Mia</p> <p>“The key to success is to start before you are ready.” - Marie Forleo</p> <p>“My name is Inigo Montoya. You killed my father. Prepare to die.” - Inigo Montoya, <i>The Princess Bride</i></p> <p>“When you have the choice between being right and being kind, choose kind.” - Dr. Wayne Dyer</p> <p>“If I have seen further, it is by standing on the shoulders of giants. - Sir Issac” - Dr. R</p> <p>“Keep your face always toward the sunshine-and shadows will fall behind you.” - Walt Whitman</p> <p>“Remember, your mind is your greatest asset, so be careful what you put into it.” - Robert Kiyosaki</p> <p>“Look for something positive in each day, even if some days you have to look a little harder. - Albert Einstein</p> <p>“A woman without a man is like a fish without a bicycle.” - Gloria Steinem</p> <p>“She believed she could, so she did.” - R.S Grey</p> <p>“Strength does not come from physical capacity. It comes from an indomitable will.” - Mahatma Gandhi</p> <p>“They say that the best blaze burns brightest when circumstances are at their worst.” - Sophie from <i>Howl's Moving Castle</i></p> <p>“Sometimes you will never know the value of something, until it becomes a memory.” - Dr. Seuss</p> <p>“What was the lowest heart rate ever recorded? Easy. 0. Dead.” -Mr. Bob Powers</p> <p>“Do I dare / Disturb the universe?” -T. S. Eliot</p>	<p>“By Class G” “Sometimes I'll start a sentence and I don't even know where it's going. I just hope I find it along the way.” -Michael Scott</p> <p>“And sometimes good things fall apart so better things can fall together.” - Marilyn Monroe</p> <p>“Do things for people not because of who they are or what they do in return, but because of who you are.” -Harold S. Kushner</p> <p>“Do not let your difficulties fill you with anxiety, after all it is only in the darkest nights that stars shine more brightly” -Hazrat Ali Ibn Abu-Talib</p> <p>“Difficult roads often lead to beautiful destinations. The best is yet to come” -Zig Ziglar</p> <p>“The world pushes us with no mercy and when someone pushes back the world points and cries EVIL.” - Mewtwo</p> <p>“Her revenge wasn't loud or petty or nasty. Her revenge was silent because growth can not be heard.” -Aashvi Gupta</p> <p>“Be who you are and say what you feel because those who mind don't matter and those who matter don't mind” -Dr. Seuss</p> <p>“A day without laughter is a day wasted” - Charlie Chaplin</p> <p>“Give a man a fish, you feed him for a day. Teach a man to fish, and you feed him for a lifetime.” -Confucius</p> <p>“If we all did the things we are capable of, we would literally astound ourselves.” -Thomas A. Edison</p> <p>“In three words I can sum up everything I've learned about life: it goes on.” - Robert Frost</p> <p>“Do I dare / Disturb the universe?” - T. S. Eliot</p>
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