

# TSWV YIM KEV PAB RAU TSEV NEEG RAU COV TSEV NEEG MUAJ COV ME NYUAM UAS MUAJ COV KEV TSIIS TAUS

Teb Chaws Asmeskas Tuam Tsev Tswj Kev Qhia Ntawv (Department of Education (USED)) tau tshaj tawm ib daim [ntawv qhia lus tseeb](#) los tshab meej tias cov tsev kawm ntawv yuav tsum muab cov kev qhia ntawv pub dawb thiab zoo tsim nyog (FAPE) rau cov neeg kawm ntawv uas muaj cov kev tsiis taus thaum tiv thaiv txoj kev noj qab haus huv thiab kev nyab xeeb ntawm cov neeg kawm ntawv, cov xib fwb, thiab cov neeg muab kev pab txhawb. Thaum muaj cov xwm txheej txawv heev no, yuav tau muaj kev qhia ntawv tshwj xeeb txawv tsiis zoo li thaum cov tsev kawm ntawv qhib thiab ua hauj lwm txhij txhua. Yuav tau pib txoj kev qhia ntawv nyob sib nruug deb tam sim ntawd. Tsis tag koj yuav tau muab kev tso cai kom pib muaj tau cov kev qhia ntawv nyob sib nruug deb. Koj yuav tsum tau txais lub tswv yim qhia txog lub tsev kawm ntawv cov kev qhia ntawv nyob sib nruug deb.

Tsab ntawv no yuav qhia rau koj txog ib co chaw muab kev pab thiab cov cuab yeej uas koj yuav pom tias nws pab tau thiab yuav muab ncauj cov lus no kho tshiab tsiis tu ncu.

## COV CHAW MUAB KEV PAB TXOG TUS KAB MOB COVID-19:

**Muaj ntau cov koom haum hauv lub xeeb thiab cov koom haum hauv lub teb chaws yeej qhia muaj tej ncauj lus thiab chaw muab kev pab los txhawb rau cov tsev neeg thiab lawv cov me nyuam rau thaum lub caij nyooq uas tsev kawm ntawv kaw mus ntev no.**

**Yog tias koj muaj lus nug, kev txhawj xeeb los yog xav paub ntxiv, koj mus cuag tau:**

- Koj Pab Neeg Txhawb IEP/kev sib cuag (xub mus cuag koj lub cheeb tsam tsev kaw ntawv ua ntej tas li)
- Koj Pab Neeg Tawm Tswv Yim Rau Niam Txiv Txog Kev Qhia Ntawv Tshwj Xeeb (Special Education Parent Advisory Council) (SEPAC)
- Cov ncauj lus thiab cov xov tooj muab kev pab txhawb:
  - Koom Haum Pab Me Nyuam Muaj Cov Kev Tsiis Taus (Federation for Children with Special Needs) (FSCN):
    - Chaw Xa Ntawv Email: [info@fcsn.org](mailto:info@fcsn.org)  
Tsab Ntawv Rau Npe Saum Huab Cua: <https://fcsn.org/ptic/call-center/call-center-intake-form/>  
Vas Sab: [www.FSCN.org](http://www.FSCN.org)
    - Tus xov tooj hu dawb: (800) 331-0688
      - Lus Suav: (617) 399 8358
      - Lus Haitian Creole: (617) 399 8366
      - Lus Portuguese: (617) 399 8316
      - Lus Mev: (617) 399 8330
  - Massachusetts Cov Kws Pab Tswv Yim Rau Me Nyuam (Massachusetts Advocates for Children (MAC)):
    - Vas Sab: [www.massadvocates.org](http://www.massadvocates.org)
    - Lus Askiv: (617) 357-8431, zauv txuas tham 3224
    - Lus Mev: (617) 357-8431, zauv txuas tham 3237

- Tuam Tsev Tswj Xyuas Pej Xeem Kev Noj Qab Haus Huv (Department of Public Health (DPH)) Tus Xov Tooj hu cuag Cov Kev Pab Neeg Zej Zog (Community Support Line) rau Cov Me Nyuam muaj Cov Kab Mob Kev Nkeeg Tshwj Xeeb ntawm (800) 882-1435

**Xeev Massachusetts Cov Koom Haum yeej nquag kho tshiab lawv cov ncauj lus thiab cov chaw muab kev pab:**

- Tuam Tsev Tswj Kev Kawm Ntawv Qib Elementary thiab Secondary: <http://www.doe.mass.edu/covid19/>
- Tuam Tsev Tswj Kev Qhia Ntawv Thaum Ntxov thiab Kev Tu Zov: <https://www.mass.gov/lists/early-childhood-education-resources-for-families> thiab [https://eeced.force.com/apex/EEC\\_ChildCareEmergencyFAQParents](https://eeced.force.com/apex/EEC_ChildCareEmergencyFAQParents)
- Tuam Tsev Tswj Pej Xeem Kev Noj Qab Haus Huv, Kev Cuam Tshuam Thaum Ntxov: <https://www.mass.gov/alerts/ei-telehealth#undefined>
- Tuam Tsev Tswj Pej Xeem Kev Noj Qab Haus Huv, Fab Pab Cov Me Nyuam & Cov Hluas uas muaj Cov Kab Mob Kev Nkeeg Tshwj Xeeb: <https://www.mass.gov/orgs/division-for-children-youth-with-special-health-needs>
- Tuam Tsev Tswj Kev Noj Qab Haus Huv txog Siab Ntsws/Hlwb <https://www.mass.gov/info-details/covid-19-information-about-dmh-programs-and-services>
- Tuam Tsev Tswj Xyuas Cov Kev Pab Rau Cov Kev Loj Hlob: <https://www.mass.gov/lists/coronavirus-resources-for-dds-families-and-individuals> and <https://www.mass.gov/lists/resources-for-individuals-at-home>
- Massachusetts Koom Haum Pab Cov Lag Ntseg thiab Cov Hnov Lus Tsis Zoo: <https://www.mass.gov/orgs/massachusetts-commission-for-the-deaf-and-hard-of-hearing>
- Massachusetts Koom Haum Pab Cov Dig Muag: <https://www.mass.gov/lists/covid-19-resources-for-the-mcb-community>
- Massachusetts Koom Haum Pab Kom Rov Ua Tau Lub Neej Li Qub: <https://www.mass.gov/service-details/coronavirus-updates-from-mrc>
- Massachusetts Tuam Tsev Tswj Xyuas Cov Me Nyuam thiab Tsev Neeg (Department of Children and Families):
  - DCF cov lus tshiab txog tus kab mob COVID-19: <https://www.mass.gov/info-details/DCF-covid-19-resources-and-support>;
  - Cov Chaw Muab Kev Pab Rau Tsev Neeg (Family Resource Centers): <https://www.frcma.org/>

**KEV TXHAWB RAU COV TSEV NEEG:**

Lub sij hawm no yog ib lub sij hawm ntxhov siab. Nws tseem ceeb yuav tau tu xyuas koj tus kheej thiab thov kev pab yog thaum twg tsim nyog. Ntau cov koom haum muaj cov chaw muab kev pab thiab kev txhawb rau cov tsev neeg thaum lub caij phom sij nrog tus kab mob COVID-19.

- [Tsoj Kev Txhawb Niam Txiv \(Parent Support Program\)](#) muaj kev pab los ntawm Home for Little Wanderers (Cov Me Nyuam Loj Leeb Lub Tsev) uas muab cov kev txhawb thiab kev sib tham pem rau cov tsev neeg uas tu xyuas cov me nyuam muaj kev tu ncuu txog kev coj yam ntxwv thiab kev puas hlwb.
- Lub koom haum pab me nyuam American Academy of Pediatrics tau tshaj tawm [tswv yim pab rau cov niam txiv ntsib kev nyuab siab los ntawm tus kab mob COVID-19](#) los xyaum tu xyuas tus kheej, mus cuag lwm cov neeg kom tau kev pab txhawb.
- [Family Aid Boston](#) muaj cov chaw muab kev pab rau cov tsev neeg uas txhawj txog tsoj kev tsis muaj vaj tse nyob.

- Lub koom haum [Child Mind Institute](#) muaj cov kev pab tswv yim hauv xov tooj, hauv tshuab tham sib pom ntsej muag thiab lwm cov chaw muab kev pab rau cov tsev neeg uas ntsib cov kev ntxhov siab ntsig txog rau tus kab mob COVID-19.
- Niam Txiv Pab Niam Txiv (Parents Helping Parents): <https://www.parentshelpingparents.org/>.
- Tus Xov Tooj Pab Daws Niam Txiv Kev Ntxhov Siab qhib 24/7 (PSL) hais ntau hom lus uas raug ceev zoo cia thiab tsis paub leej twg hu tuaj 1-800-632-8188.

### Cov Xov Tooj Kub Ceev:

**Kev Sib Ceg Sib Ntaus Hauv Tsev Neeg:** Yog koj los sis leej twg koj paub raug cais nyob rau hauv ib lub tsev uas lawv yuav tsis muaj txoj kev nyab xeeb, yeej muaj kev pab.

- **Safe Link yog ib tug xov tooj kub ceev hais ntau hom lus qhib 24/7.** Muaj cov kws pab tswv yim yuav nrog tuav tswv yim txog kev nyab xeeb, thiab nrhiav cov chaw muab kev pab txog chaw nyob, cov pab pawg neeg sib txhawb txog kev sib ceg sib ntaus hauv lub tsev neeg, thiab muaj ntau lwm cov kev ku ncuu.
  - Safe Link Tus Xov Tooj Pab Kev Phom Sij Kub Ceev 24/7: **(877) 785-2020; TTY: (877) 521-2601**
- **Teb Chaws Tus Xov Tooj Kub Ceev Pab Kev Sib Ceg Sib Ntaus Hauv Tsev Neeg (National Domestic Violence Hotline)** muaj kev pab tuav tswv yim txog kev pab txhawb thiab kev nyab xeeb 24/7. Hu rau **1-800-799-7233** kom tau tib neeg pab. Yog tias koj tsis zoo tham lus kom nyab xeeb, koj txuas tau mus rau [thehotline.org](http://thehotline.org) mus sib tham saum huab cua, los yog **sau lo lus LOVEIS mus rau tus xov tooj zauv 22522**

**Kev Tsim Txom Me Nyuam:** Thov hu tam sim ntawd yog koj paub txog, los yog xav tias, muaj ib txoj kev tsim txom los yog tsis saib xyuas me nyuam.

- Thaum cov sij hawm qhib lag luam (8:45 teev sawv ntxov-5 teev tsaus ntuj hnuv M-F) hu rau [Tuam Tsev Tswj Xyuas Cov Me Nyuam thiab Tsev Neeg \(DCF\) chaw ua hauj lwm pab rau lub zos los yog lub nroog](#) ntawm lub zos uas tus me nyuam nyob rau.
- Cov hmo ntuj, cov hnuv so, thiab cov hnuv caiv ntaus Tus Xov Tooj Kub Ceev Pab Me Nyuam Muaj Teeb Meem ntawm **(800) 792-5200**.

### TSIS MUAJ INTERNET TXUAS RAU HAUV TSEV PUAS YOG?

- Comcast muaj cov kev pab rau cov tsev neeg kom txuas tau mus rau saum huab cua (Internet). [Xyuas cov ncauj lus txog txoj kev pab no ntawm Comcast](#).
- Nyob rau hauv Boston, tus Mayor tau muab tej ncauj lus thiab chaw muab kev pab nyob rau ntawm [cov kev pab txuas mus rau saum huab cua Internet thiab kev siv tau tshuab hluav taws xob](#).
- [Vroom](#) muaj cov tswv yim kev kawm pub dawb, yooj yim siv, txhua hnuv ncaj qha rau hauv koj lub xov tooj rau cov me nyuam muaj 5 xyoos thiab yau dua.
- Muaj ntau cov chaw yuav muab cov tswv yim thiab chaw muab kev pab rau cov tsev neeg uas txhawb txoj kev kawm ntawv los ntawm cov lus sau hauv xov tooj (Tej zaum yuav tsub cov nqi sau ntawv thiab nqi txuas rau saum huab cua) thiab cov Apps uas siv hauv koj lub xov tooj ntawm tes.

### KEV KAWM NTAWV TXHAWB RAU THAUM LUB CAIJ TSEV KAWM NTAWV KAW:

Muaj ntau cov kev rau koj tus me nyuam koom nrog txoj kev kawm ntawv dua li cov ntaub ntawv uas tsev kawm ntawv muab qhia. Thaum twg yog muaj kev poob siab, ces nyeem ntawv, nyeem ntawv, nyeem ntawv! Nyeem ntawv yog ib yam tseem ceeb tshaj plaws los txhawb rau txoj kev kawm ntawv txhua fab. Puav leej muaj ntau cov kev kawm ua si saum huab cua thiab. Txhua yam uas ua rau koj tus me nyuam muaj siab, txhawm rau lawv txoj kev xav paub txog, thiab poo lawv rau tej yam tshiab yuav muaj nuj nqis heev.

- [Unite for Literacy](#) muaj kev mus cuag tau cov phau ntawv duab, nrog rau cov dab neeg lom zem tsis muaj tseeb thiab tej ncauj lus qhia rau cov neeg kawm ntawv nyeem txog. Puav leej muaj qhov xaiv tau kom mloog cov lus nyeem.
- [Improving Literacy.Org](#) [cov tswv yim](#) pab tau cov tsev neeg kom nkag siab thiab txawj cov tswv yim kawm ntawv.
- [Early Childhood Technical Assistance Center \(ECTA\)](#) muaj cov ncauj lus thiab kev ua si rau cov tsev neeg muaj cov me nyuam me.
- [The Pyramid Model](#), txhawb cov tswv yim kev ncauw neeg rau cov me nyuam yug tshab thiab cov me nyuam me, tau tsim muaj [cov phau ntawv npe](#) los pab me nyuam nkag siab thiab tsim muaj cov tswv yim sib ncauw neeg.
- [Heggerty](#): Cov kev ua si kom muaj cov hauv paus txuj ci nyeem ntawv. Cov no zoo siv tshaj rau cov muaj hnuv nyoog 4-6 xyoo.
- [StoryLine Online](#) thiab [Epic](#): Mloog cov dab neeg nyeem thiab saib cov duab.
- Kev kawm ntawv ntov [cov kev ua si game thiab kev ua si kawm](#) ntawm the Florida Center for Reading Research: luam tawm yooj yim thiab ua si ua ke.
- Duab ntawv [decodable readers](#): hom phau ntawv no yog pom zoo rau kev xyaum nyeem ntawv ntawm cov me nyuam uas tseem tab tom xyaum cov suab ntawv thiab nyeem cov lo lus yooj yim.

## KOOM HAUM:

**Tswj kom muaj tib txoj kab ke ua tas li yuav pab cov me nyuam nyob ruaj siab thaum lub caij tsev kawm ntawv kaw.**

- Npaj kom muaj kev kawm txhua hnuv thiab teem muaj sij hawm. Nco ntsoov xyuas kom muaj cov sij hawm so. DESE pom zoo kom muaj li 3 ½ txog 4 teev kawm ntawv txhua hnuv, uas yuav tau puav leej muaj caij nyoog rau nyias kawm nyias thiab kev qhia ntawv nyob sib nrug deb.
- Siv daim ntawv teev hnuv teev hli los yog ib phau ntawv teev tswv yim txhua hnuv los teev tseg cov kev kawm. Muaj ntau cov me nyuam uas muaj cov kev tsis taus, tshwj xeeb yog cov tseem yau, yuav ua raws zoo dua yog muab cov sij hawm teem rau nws pom uas yog siv tej duab qhia txog tej kev ua si kawm yuav los tom ntej.
- Rau cov neeg kawm ntawv uas yuav tsum tau muaj kev pab thiaj tswm xeeb taus, koj siv tau lub teev suav sij hawm saum huab cua uas pom.
- Txwv tsawg cov kev zes thiab npaj kom muaj qhov chaw ntsiag to rau koj tus me nyuam kawm.
- Muab phaj tshab qhuas koj tus me nyuam rau thaum nws ua tej hauj lwm tiav raws sij hawm los yog saib ntawv tiav. Muab cov kev ua si uas lawv nyiam los ua cov phaj tshab qhuas.

## KEV PAB QHIA NTAWV:

**Cov tsev kawm ntawv yeej muab cov ntaub ntawv kawm rau cov neeg kawm ntawv kom ua nyob rau tom tsev thaum lub caij tsev kawm ntawv kaw. Koj yeej txhawb tau koj tus me nyuam txoj kev kawm yog koj nrog cob qhia thaum ua cov ntaub ntawv.**

- Npaj koj tus me nyuam rau txoj kev kawm ntawv uas yog qhia rau lawv kom paub tias vim li cas txoj kev kawm thiaj li tseem ceeb, yam lawv yuav kawm tau thiab cov hauj lwm lawv yuav tau ua thiaj tiav.
- Ua ntej kawm, qhia kom nkag siab thiab cov lo lus kawm. Nrhiav cov lo lus los yog zaj dab neeg uas koj xav tias yuav nyuab rau koj tus me nyuam. Siv cov phau ntawv, cov duab kos, cov duab yeeb yaj kiab, Google,

los yog lwm cov chaw pab uas yuav pab koj tus me nyuam nkag siab txog cov lo lus los yog cov dab neeg ua ntej yuav pib kawm.

- Nyeem cov lus qhia ua ke nrog koj tus me nyuam. Hais kom lawv rov qab hais cov lus qhia kom paub tseeb tias lawv yeej nkag siab zoo yam lawv yuav tau ua.
- Nrog ua thawj qhov los yog thawj nqe lej ua ke. Ces saib koj tus me nyuam ua qhov tom ntej nws tus kheej kom paub tseeb tias lawv yeej nkag siab zoo txog yam lawv yuav tau ua.
- Coj qhia koj tus me nyuam ua cov ntaub ntawv nws yuav tau ua. Ib sij xyuas kom paub tseeb tias lawv yeej ua cov ntaub ntawv yog.
- Yog tias koj tus me nyuam xav tau kev pab, qhia cov tswv yim uas yuav pab nws ua tau qhov lej. Xyaum tsis txhob qhia cov lus teb los yog ua cov ntawv rau nws.
- Cia koj tus me nyuam ua cov ntawv nrog ib tug phooj ywg hauv xov tooj los yog sib xyuas hauv xov tooj.
- Pab koj tus me nyuam kom nws txaus siab rau txoj kev kawm ntawv uas yog muab ntau cov sij hawm sib txawv rau lawv nyeem ntawv, sau ntawv, txav mus los, saib duab, mloog dab neeg thiab hais lus.

#### LWM COV CHAW PAB NTXIV RAU COV ME NYUAM MUAJ COV KEV TSIS TAUS:

#### COV CHAW MUAB KEV PAB RAU KEV QHIA NTAWV TSHWJ XEEB THAUM NTXOV (EARLY CHILDHOOD SPECIAL EDUCATION (ECSE)):

- Fab Tswj Xyuas Me Nyuam Yau (Division for Early Childhood): <https://www.dec-sped.org/ei-ecse-resources-covid-19>
- Pyramid Model:
  - Pab Cov Me Nyuam thiab Cov Tsev Neeg Peem - Cov Chaw Muab Kev Pab Txog Tus Kab Mob COVID-19: <https://challengingbehavior.cbcs.usf.edu/emergency/index.html>
  - Cov Tswv Yim los txhawb rau cov neeg tsev neeg tswj cov yam ntxwv cov nyom: <https://challengingbehavior.cbcs.usf.edu/Implementation/family.html#collapse2>

#### COV CHAW MUAB KEV PAB RAU ECSE MUS TXOG THAUM LOJ LAUS:

- Koom Haum Pab Me Nyuam Muaj Cov Kev Tsis Taus (Federation for Children with Special Needs) (FCSN) - hloov muaj cov tshiab txhua hnuv: <https://fcsn.org>
- Tus Nqaj Koov hauv Massachusetts (The Arc of Massachusetts)
  - Cov Lus Sau Tshaj Txhua Lub Lim Tiam Saum Huab Cua: <https://thearcofmass.org/post/the-arcs-covid-19-updates-the-arc-launches-weekly-webinar-series>
  - Nyob Siab Tus thiab Muaj Kev Sib Cuag: <https://thearcofmass.org/post/the-arcs-covid-19-updates-staying-calm-and-connected>
- Chaw Pov Hwm Kev Puas Hlwb Autism (Autism Insurance Center) txuam nrog Kev Kho Raws Ntsuas Yam Ntxwv (Applied Behavioral Analysis) thiab tus kab mob Covid-19: <https://disability-info.s3.amazonaws.com/AIRC/pdf/COVID-19-Fact-Sheet.pdf>
- Pearson Chaw Kawm Kev Sib Raug Zoo (Pearson Connection Academy): <https://www.pearson.com/news-and-research/working-learning-online-during-pandemic.html>
- Kev Txhawb Cov Tib Neeg Muaj Kev Puas Hlwb Autism thaum Cov Caij Nyoog Tsis Paub Tseeb: 7 lub tswv yim pab txhawb kom tau rau cov kev tu ncuva ntawm cov tib neeg uas muaj ASD thaum lub caij phom sij nrog tus kab mob COVID: <https://afirm.fpg.unc.edu/supporting-individuals-autism-through-uncertain-times>

## Massachusetts Tuam Tsev Tswj Kev Kawm Ntawv Qib Elementary thiab Secondary

- Teb Chaws Koom Haum Txhawb Kev Koom Raus Tes Nrog Tsev Neeg, Tsev Kawm Ntawv thiab Zej Zog (National Association for Family, School and Community Engagement (NAFSCE)): <https://nafsce.org/general/custom.asp?page=coronavirus>
- Kev Cob Qhia Niam Txiv Txog Kev Nyob Sib Nrug Deb Ntawm Cov Muaj Autism (Autism Distance Education Parent Training): <https://health.ucdavis.edu/mindinstitute/centers/cedd/adept.html>
- Koom Haum rau Massachusetts Cov Xib Fwb Qhia Ntawv rau Cov Neeg Kawm Ntawv Tsis Pom Kev Zoo (Educators of Students with Visual Impairments (AMESVI)) Cov Chaw Muab Kev Pab Rau Tsev Neeg thiab Neeg Kawm Ntawv: <http://amesvi.org/Home/family-and-student-resources/>
- Family TIES rau Massachusetts/Niam Txiv-Pab-Niam Txiv muab cov niam txiv uas ntsib cov teeb meem cov nyom ntawm txoj kev tu cov me nyuam muaj cov kev tu ncuatshwj xeeb zoo sib xws coj los sib cuag sib pab: <https://www.massfamilyties.org/parent-to-parent-program/>
- Cov Tswv Yim los Pab Me Nyuam Kawm Mus Ntxiv - [https://www.cdc.gov/coronavirus/2019-ncov/prepare/children.html?deliveryName=USCDC\\_2067-DM23558](https://www.cdc.gov/coronavirus/2019-ncov/prepare/children.html?deliveryName=USCDC_2067-DM23558)
- Niam Txiv Xib Fwb Lub Koom Haum hauv Teb Chaws (National Parent Teacher's Association (PTA)) Cov Nqe Lus Nquag Nug thiab cov tswv yim pab rau cov xib fwb qhia ntawv, cov ncauj lus qhia txog Kev Txhawb Txoj Kev Sib Ncauw (Social Emotional Support), Kev Kawm Ntawv tom Tsev thiab Cov Xeeb Ceem Coj Zoo: [www.pta.org/COVID-19](http://www.pta.org/COVID-19)
- Cov Kws Pab Tswv Yim Kev Noj Qab Haus Huv Raws Cai (Health Law Advocates): <https://www.healthlawadvocates.org/> kev pab txog kev cai lij choj thiab kev pab tswv yim.

## TSHUAB HLUAV TAWS XOB PAB TXHAWB:

**Tej zaum koj tus me nyuam yuav siv cov tshuab hluav taws xob pab txhawb (AT). Koj sib tham tau nrog koj tus me nyuam tus xib fwb thiab tus neeg muab kev pab txog yam tshuab uas zoo siv tshaj nyob rau tom tsev.**

- Lub Chaw Muab Tshuab Hluav Taws Xob thiab Cov Kev Tsis Taus (Center on Technology and Disabilities) muaj daim yeeb yaj kiab [duab yeeb yaj kiab Nthuav Qhia Siv Tshuab Hluav Taws Xob Pab Txhawb](#) qhia cov lus tseem ceeb thiab cov tswv yim siv tshuab hluav taws xob nrog cov me nyuam uas muaj cov kev tsis taus.
- CAST tau tsim muaj qhov vas sab [Kev Kawm Ntawv Nyob Sib Nrug Deb](#) rau kev qhia ntawv nyob sib nrug deb. Nws muaj cov chaw muab kev pab thiab cov ncauj lus qhia txog AT.
- Tuam Tsev Tswj Kev Kawm Ntawv Qib Elementary thiab Secondary (Department of Elementary and Secondary Education (DESE)) muaj cov ncauj lus thiab cov chaw muab kev pab txog [Kev Siv thiab Muab Cuag Tshuab Hluav Taws Xob Pab Txhawb](#) uas cov tsev neeg yuav pom tias pab tau.
- Teb Chaws Koom Haum Pab Kev Lag Ntseg (National Deaf Center) tau tsim muaj tsab ntawv teev cov lus nquag nug, [Koj Cov Lus Nug](#), [Teb Lus Tag](#), los txhawb rau cov tib neeg uas lag ntseg thiab tsis hnov lus zoo.
- CaptionSync muaj cov ncauj lus pab rau koj txog [kev ntxiv koj tsab ntawv qhia kev txhom lus sau rau saum YouTube](#) .
- Mus cuag tau Massachusetts [Chaw Teev Muaj Cov Lus Qhia Kev Muab Cuag \(Accessible Instructions Materials Library \(AIM Library\)\)](#) ntawm koj tus me nyuam tus Xib Fwb Qhia Ntawv Rau Cov Tsis Pom Kev (Teacher of the Visual Impaired (TVI)) kom muab cuag tau cov chaw muab kev pab.

## TUS NEEG SAIB XYUAS COV CUAB YEEJ:

**Tej zaum cov tsev neeg yuav txhawj tias yuav ua li cas yog lawv muaj mob thiab tu xyuas tsis tau lawv tus me nyuam uas muaj cov kev tsis taus. Muaj cov chaw muab kev pab piav qhia txog tuam tsev kho**

**mob cov kev ntsuam xyuas thiab kho cov neeg mob nrog rau cov kev hloov cov luag num tu xyuas mus rau ib tug neeg hauv lub tsev neeg los yog ib tug phooj ywg uas ntseeg siab.**

- Cov tuam tsev kho mob yuav tsim muaj cov txheej txheem los ua hauj lwm nrog cov tsev neeg seb lawv puas yuav tau muaj kev pab txhawb thiab kev pab nrhiav lwm tus neeg tu xyuas thaum lub caij txais pw kho mob.
  - Koj yuav tau qhia rau koj tus kws kho mob, los yog lub tuam tsev kho mob tus neeg ua hauj lwm paub tias koj yog ib tug neeg tu xyuas ib tug me nyuam muaj cov kev tsis taus thiab koj yuav tau txiav txim txog kev hloov lub luag num tu xyuas mus rau lwm tus neeg.
    - Nws tseem ceeb yuav tau paub tias cov me nyuam uas leej niam leej txiv raug mus pw kho tus kab mob COVID yeej muaj feem yuav ntsuas pom muaj tus kab mob COVID.
    - Xav txog cov neeg tu xyuas uas noj qab haus huv thiab tsis nyob nrog cov neeg uas muaj feem yuav mob taus
- Cov tswv yim npaj rau cov neeg tu xyuas uas tej zaum yuav muaj mob
  - Lub Tswv Yim Npaj Rau Lub Tsev Neeg rau Cov Tsev Neeg Thoj Ham, nrog rau cov lus txhais ua Lus Mev thiab Lus Portuguese:  
<https://www.masslegalservices.org/content/family-preparedness-packets>.
- Ntawv Pov Thawj Neeg Tu Xyuas (Caregiver Affidavit): txoj kev npaj tswv yim rau cov niam txiv hloov lub luag num tu xyuas  
<https://www.mass.gov/files/documents/2016/08/ul/caregiverauthorizationaffidavitform.pdf>.

Peb paub tias koj, tam cov niam cov txiv, cov tsev neeg, thiab cov neeg tu xyuas, yeej muaj ntau yam teeb meem nrog hauj lwm thiab kev tu xyuas koj lub tsev neeg. Peb tsuas pom zoo kom koj ua raws li koj muaj rab peej xwm tiam sis koj tus kheej yuav tau so thiab. Ua zoo rau koj tus kheej thiab tu xyuas koj lub tsev neeg txoj kev noj qab haus huv ntawm lub cev thiab lub siab ntsws.

Xav tau cov lus tshiab rau cov npe no, thov sau ntawv email rau [specialeducation@doe.mass.edu](mailto:specialeducation@doe.mass.edu).