



Middle & High School Lunch April 2021

LUNCH & BREAKFAST FOR YOU

Bright Colors...Big Flavors...

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Free Breakfast and Lunch For all Students			1 <u>Double Cheeseburger</u> Cherry Tomatoes Fresh Fruit Cup Ice Cold Milk	2 $\frac{1}{2}$ Day Sorry No Lunch Served	<p>We offer a variety of options for you to choose from every day. There is something for everyone. Every meal comes complete with fruit, veggies, and milk. When possible, we will purchase locally and source out farm to table ingredients.</p> <p>We offer 1% White Milk, Skim Chocolate</p>
5 <u>Popcorn Chicken W/Mash Potato</u> Corn Fresh Fruit Cup Ice Cold Milk	6 <u>Waffle W/Syrup & Chicken Sausage</u> <u>Baked Puffs</u> Cucumber Slices Fresh Fruit Cup Ice Cold Milk	7 <u>Grilled Chicken Sandwich</u> <u>W/American Cheese</u> Sweet Corn Fresh Fruit Cup Ice Cold Milk	8 <u>Ravioli W/Marinara Sauce</u> Cherry Tomatoes Fresh Fruit Cup Ice Cold Milk	9 <u>Chicken Finger Sub W/Melted Mozzarella</u> Cucumber Coins Fresh Fruit Cup Ice Cold Milk	
12 <u>Chicken Caesar Wrap</u> Carrot Sticks Fresh Fruit Cup Ice Cold Milk	13 <u>Sweet & Sour Chicken W/Mash Potato</u> Broccoli Fresh Fruit Cup Ice Cold Milk	14 <u>Steak & Cheese Sub</u> Carrot Sticks Fresh Fruit Cup Ice Cold Milk	15 <u>French Toast W/Syrup & Chicken Sausage</u> Cucumber Slices Fresh Fruit Cup Ice Cold Milk	16 <u>Chicken Parmesan Sandwich</u> Cherry Tomatoes Fresh Fruit Cup Ice Cold Milk	
19 <u>April Vacation</u>	20 <u>April Vacation</u>	21 <u>April Vacation</u>	22 <u>April Vacation</u>	23 <u>April Vacation</u>	
26 <u>Crispy Chicken Breast W/Cheddar Cheese</u> <u>Sandwich</u> Carrot Sticks Fresh Fruit Cup Ice Cold Milk	27 <u>Steak & Cheese Sub</u> Carrot Sticks Fresh Fruit Cup Ice Cold Milk	28 <u>French Toast W/Syrup & Chicken Sausage</u> Cucumber Slices Fresh Fruit Cup Ice Cold Milk	29 <u>Oven Baked Mozzarella Sticks</u> Carrot Sticks Fresh Fruit Cup Ice Cold Milk	30 <u>Chicken Finger Sub W/Melted Mozzarella</u> Cucumber Coins Fresh Fruit Cup Ice Cold Milk	

Safety is our number one concern!! All Food Service Workers have been trained and wearing the approved Covid PPE. We look forward to serving your children a nutritious breakfast and lunch.

Breakfast Menu

Mon: Banana Muffin, Graham Crackers, 100% Fruit Juice, Milk
 Tues: Whole Grain Cereal Bowl, Graham Crackers, Fresh Fruit, Milk
 Weds: Bagel W/Cream Cheese, 100% Fruit Juice, Milk
 Thurs: Whole Grain Cereal Bowl, Graham Crackers Fresh Fruit, Milk
 Fri: Mini Pancakes, Fresh Fruit, Milk

Menus are subject to change without notice.

