

JANUARY 2019

Mater Dei School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

HAPPY NEW YEAR!

2

No School

3

Chicken Tempura
Nuggets
WG Dinner Roll
Tater Tots
Chilled Cinnamon
Applesauce
Variety of Milk

4

Papa Johns Pizza
Steamed Green
Beans
100% Grape Juice
Variety of Milk

7

Bosco Sticks
w/ Marinara Sauce
and
Side of Pasta
100% Apple Juice
Variety of Milk

8

Popcorn Chicken
WG Dinner Roll
Mashed Potatoes
Seasoned Corn
Chilled Pears
Variety of Milk

9

WG French Toast
Sticks w/ Pancake
Syrup and Sausage
Bites
Fresh Red Grapes
Variety of Milk

10

Soft Shell Tacos
Jumpin Spanos
Beans
Mixed Fruit Cup
Variety of Milk

11

No Lunch

14

Tangerine Chicken
Long Grain Rice
Steamed Broccoli
100% Apple Juice
Variety of Milk

15

Chicken Tempura
Nuggets
w/ Macaroni &
Cheese
and WG Dinner Roll
Chilled Cinnamon
Applesauce
Variety of Milk

16

Burger Bar
Emoji Potatoes
100% Fruit Punch
Variety of Milk

17

Chicken or Cheese
Quesadilla
Seasoned Corn
Chilled Peaches
Variety of Milk

18

Papa Johns Pizza
Steamed Green
Beans
100% Grape Juice
Variety of Milk

21

No School

22

Popcorn Chicken
WG Dinner Roll
Mashed Potatoes
Seasoned Peas
Chilled Pears
Variety of Milk

23

Philly Steak
Sandwich
w/ Toppings
Baked French Fries
100% Fruit Punch
Variety of Milk

24

Nacho Salad
Supreme
Seasoned Corn
Mandarin Orange
Slices
Variety of Milk

25

No Lunch

28

Toasted Mini Ravioli
Marinara Sauce
Steamed Broccoli
Variety of Milk
100% Apple Juice
Variety of Milk

29

Crispy Chicken Patty
on WG Bun
Baked Beans
Chilled Peaches
Variety of Milk

30

Burger Bar
Baked French Fries
100% Fruit Punch
Variety of Milk

31

Chicken Tempura
Nuggets
WG Dinner Roll
Tater Tots
Chilled Cinnamon
Applesauce
Variety of Milk

Alternate Lunch Choices:

Monday

WG Deep Dish Pizza
"Go-Yo" Grab and Go Yogurt Meal
Cheesy Nemo Cheese Sandwich
Wow Butter & Jelly WG Sandwich

Tuesday

WG Deep Dish Pizza
"Go-Yo" Grab and Go Yogurt Meal
Ham & Cheese Sammy
Wow Butter & Jelly WG Sandwich
Hot Dog on WG Bun

Wednesday

WG Deep Dish Pizza
"Go-Yo" Grab and Go Yogurt Meal
Turkey Sandwich on Ww Bread
Wow Butter & Jelly WG Sandwich

Thursday

WG Deep Dish Pizza
"Go-Yo" Grab and Go Yogurt Meal
Wow Butter & Jelly WG Sandwich
Hot Dog on WG Bun

Friday

"Go-Yo" Grab and Go Yogurt Meal
Cheesy Nemo Cheese Sandwich
Wow Butter & Jelly WG Sandwich

Available Daily at Lunch:

Side Dishes

Baby Carrots
Cucumber Slices
Tossed Romaine Salad

Assorted Fresh Fruit

Sliced Fresh Red Apples
Orange Smiles
Fresh Banana

Variety of Milk

1% White Milk
Skim Milk
Chocolate Milk
Strawberry Milk
Lactaid Milk