

STOP BULLYING NOW!



What is Bullying?

Bullying happens when someone hurts or scares another person. The person being bullied has a hard time defending himself or herself. It happens over and over again. Some examples of bullying include:

- **Punching, shoving and other physical acts**
- **Spreading bad rumors about people**
- **Keeping certain people out of a “group”**
- **Teasing people in a mean way**
- **Getting certain people to “gang up” on others**

It can also happen electronically:

- **Sending a mean text or e-mail**

- **Posting nasty pictures or messages about others**
- **Using someone else’s user name to spread rumors or lies**

BULLYING REPORT FORM

YOU can make a difference by helping to stop the bullying!

One way to stop bullying is to report the bullying when it happens. It is best to report the incident immediately, but it may not always be convenient to report the incident at that moment. A bullying report form is available to students. This form is in the office, the library and in each teacher’s room. Students are encouraged to complete the form to help us stop bullying. The form may be turned into the office or to one of the guidance counselors.

STUDENT BEHAVIORS

Everyone has a role. In many cases, you can choose your role. Which one are you?

Bullying Behavior: One who engages in behaviors that are intended to devalue someone, assert power or hurt another either physically or emotionally. This is a choice – you don’t have to use this behavior.

Being an Ally: One who engages in an act of support on behalf of someone who is being targeted. Ally behavior can be demonstrated through words, emotional support or direct action. If you are not an ally, you can choose to become one.

Being a Bystander: One who observes an act of bullying and takes no action to stop the behavior or to stand up as an ally for the target. You are indirectly supporting the bullying behavior. You can choose to change this role.

Being a Target: One who is a target of bullying behavior. You may feel anger, fear, and often times, isolation. This is not a role of choice.

WAYS TO REACT

Here are some suggestions for you when you’re in a specific role.

The Person using the Bullying Behavior

- This is a choice
- Put yourself in the other person’s shoes
- Think of the consequences
- Change because you can!

The Ally

- You are making a difference
- Stand up for the Victim
- Give the Victim emotional support
- Report the bullying to an adult
- Use the bullying report form

The Bystander

- This is a choice
- Walk away from the situation
- Report the situation to an adult
- Use the bullying report form (use it anonymously if you don’t want to get involved)
- Become an ally!

The Target

- Report the bullying to an adult
- Stay in a group
- If it feels safe, stand up to the person who is bullying you – tell them to “STOP”
- Use humor to “blow off” the bullying behavior
- Use the bullying report form
- Speak with your guidance counselor, teacher, or administrator about the bullying – Remember we cannot help if we are not aware of the problem!

LaVille Jr.–Sr. High School’s Bullying Plan

LaVille Jr.–Sr. High School does not condone “bullying.” Disciplinary corrective action will be used to change the behavior of the perpetrator which may include counseling, parental involvement, reporting to authorities, suspension and possible expulsion. The process includes appropriate interventions, restoration of a positive climate, and support for victims and others impacted by the violation. In many situations of bullying the following consequences will be followed (levels can be skipped due to the seriousness of the offense and alternative consequences may be assigned at the discretion of Administration):

First Offense: Educate the bully and the victim (and supporters, if identified). The

bully will meet with his/her counselor and receive a verbal warning. The parent/guardian may also be notified.

Second Offense: A discipline referral resulting in one day of Friday night school, completion of the Social Skills Packet (Part I) in Friday night school, and a telephone conference with parents/guardian.

Third Offense: A discipline referral for one day of In School Suspension and completion of the Social Skills Packet (Part II) in ISS. Again, the parent/guardian will be notified.

Fifth Offense: A discipline referral for three days of Out-Of-School suspension and notification of the parent/guardian.

Sixth Offense: A discipline referral for five or more days of Out-Of-School suspension, and/or possible recommendation for expulsion. The parent/guardian will be involved.

DIVERSITY

Definition of Diversity

The concept of diversity encompasses acceptance and respect. It means understanding

That each individual is unique and recognizing

Those individual differences of:

- | | |
|---------------------|----------------------|
| ◆Race | ◆Socio- |
| economic status | |
| ◆Ethnicity | ◆ physical abilities |
| ◆Gender | ◆ religious beliefs |
| ◆Age | ◆ political |
| beliefs | |
| ◆Sexual orientation | ◆ other |
| ideologies | |

LaVille Jr–Sr High School will provide a safe, positive, and nurturing environment for all areas of diversity. Students will understand one another and move beyond simple tolerance to embrace and celebrate one another’s differences.

Lancer Pride and Respect for Diversity

Premise: A culture that respects the rights, safety, dignity, and worth of every individual is essential to preserving freedom of thought and expression.

- LaVille Lancers will choose to respect the dignity and essential worth of all individuals.
- To respect the privacy, property, and freedom of others
- To take a stand against all forms of bigotry such as discrimination, violence, and intimidation of every kind
- To practice personal and academic integrity and to make others accountable for integrity as well
- To promote diversity throughout the school and community.

Help Us STOP Bullying!

To learn how you can help, visit the following websites:

Stop Bullying – Government
www.stopbullying.gov

Safe Child Program – Bullies
[www.safechild.org/
bullies.htm#TAKEASTAND](http://www.safechild.org/bullies.htm#TAKEASTAND)

Bully B-Ware www.bullybewre.com

Bullying.Org www.bullying.org

Not in our Town www.niot.org

The following books may also be helpful:

For Adults

Before It's Too Late: Why Some Kids Get Into Trouble and What Parents Can do About It by S. Samenow, Random House

Safe Passage: Making it Through Adolescence In a Risky Society by Joy G. Dryfoos, Oxford

Bullying at School: What We Know and What We Can Do by Dan Olweus, Oxford

For Students

(available in our library)

Please Stop Laughing at Me by Jodee Blanco, Adams Media Corp.

Start Something: You Can Make a Difference by Earl Wood and the Tiger Woods Foundation, Simon and Schuster

Don't Sweat the Small Stuff For Teens by Richard Carlson, Hyperion

A Teen's Game Plan For Life by Lou Holtz, Sorin Books

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