



NOVEL CORONAVIRUS

COVID-19 infection

Prevention Steps for Close Contacts

Coronaviruses are not new, but COVID-19 (Novel Coronavirus) is a new strain.

Although the risk in the US and in our area remains low, travel from an affected area is a known risk.

- If you have traveled outside the US in the last month and develop any of the symptoms below, **CALL YOUR PROVIDER RIGHT AWAY**. Call ahead so the provider can take appropriate precautions to prevent the spread of infection.
- Tell the provider your symptoms, recent travel history or if you have been in close contact with someone suspected of having 2019-nCoV (COVID-19).

SYMPTOMS



FEVER



COUGH



SHORTNESS OF BREATH

PROTECT YOURSELF FROM RESPIRATORY INFECTIONS

- Wash your hands often with soap and water for at least 20 seconds. if soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough and sneezes with a tissue or inner elbow.
- Clean and disinfect frequently touched objects and surfaces.



20 SECONDS



In the United states, Influenza is far more common than Coronavirus. Influenza vaccinations are available on the 9th floor of the County City Building.