

# Union-North Student Assistance Plan

- **Definition of SAP?** Confidential and professional mental health services for depression, anxiety, family/parent/relationships, school or learning concerns, substance abuse
- **Who?** All Union-North students K-12
- **What?** A benefit provided by Union-North School Corporation that provides every student 2 **FREE** prepaid sessions of counseling
- **Where?** Any Bowen Center outpatient location (Plymouth and Warsaw are the closest)
- **Permission?** Parent permission is required if student is under 18
- **Referrals?** Come from Parents, students (with parent permission) school staff can assist, school counselors
- **Is the school informed?** Only if there is a written consent by parent
- **How?** Call 1-800-342-5652 and say,

*“I am the parent of a Union-North United School Corporation student and would like to schedule counseling sessions for my child.”*