

Littleton Public Schools Wellness Committee

Agenda

March 5, 2019 7:00pm

LHS Seminar Room

Attendees:

Meredith Perry

Natalie Croteau

Sarah Dorfman - Daniello

KyMBERlee Albertelli

Marc O'Meara

A. Health Curriculum Frameworks Changing - 2020 - Meredith is excited about the modifications to come.

B. YRBS - Results are being analyzed .

Stress - LMS

Bullying - LMS and LHS

Focus Groups - MS Sarah had 6 Focus Group and HS did 4 focus groups by grade level . Superintendent Clenchy attended some sessions as well.

C. Faces of Addiction - Meredith attended on Feb 15

Addiction and Brain Development

Chris Sullivan

Wellness Educator Summit - Doubletree Hotel MIAA

D. Potential sessions for next year with HS:

i. Dr Potee - Addiction and Brain Development - before January 2020

ii. Cyberbullying/proper use of tech and screen time MA DA - MS Partnership for Youth - October 2019 - Student and Parent presentation

E. Charity Bell - poster created for April 2 at LHS at 7:00 in In lieu of meeting all Wellness members are encouraged to attend

Ask Principals to send out PDF to Friday FYI's or separate mailing

Asking Ann Essman to send out to Town to increase enrollment

Offer Free babysitting - NHS-Sue Harvey is reaching out to NHS for interest

Beth - can it be taped and used within school?- verifying with all parties involved

F.

May 21

June 11 - last meeting G.

Any other business