Littleton Public Schools
Wellness Committee
Meeting Minutes
October 22, 2019 7:00pm
LHS Seminar Room

A. Call to Order/Introductions
   a. John Overcash, Marc O’Meara, Meredith Perry were in attendance

B. School Nutrition Updates
   a. John Overcash
      i. There isn’t too much that affects us because of the grades we serve. There were changes in the daycare aspect of the laws.
      ii. John has been trying to reach out to local farms and should have an update for us by the next meeting. The cafeteria staff has been focused on the full day professional development lunch.

C. Angst
   a. Jan Nolan - school counselor at the HS
   b. Small group of faculty previewed
   c. Waiting for a confirmed date for HS students and parents
      i. Just an update for the committee.

D. Vaping and other substance abuse Conferences
   a. MIAA - Wellness Summit - October 25
   b. MPY - New Information, Heightened Concern: Halting the Vaping Epidemic - November 12
   c. NPEN - November 5 - If They Had Known - Clay Soper Documentary
      i. Just an update for the committee.

E. Meeting Dates for 2019-2020
   a. Nov 26
   b. Jan 28
c. Feb 25
d. Mar 24
e. Apr 28
f. May 26

F. Any other business?
  a. No other business at this time.