

Medical/Mental Health Help Information

- **MATCH** (Mental Health Assistance for Teens & Children)

715-552-1365 OR Family Resource Center 877-21-MATCH

MATCH is a free and confidential service available throughout the Chippewa Valley designed to:

Answer your questions regarding mental health issues in children and adolescents AND connect you with appropriate community resources regarding mental health.

- **Kids Helpline** (Through Luther Midelfort) | 715-838-5633

Luther Midelfort's Kids HelpLine is a service and resource for health providers, social workers, parents and schools who are concerned about a child or adolescent's well-being. The Kids HelpLine can suggest treatment options for children and adolescents struggling to deal with such challenging issues as:

- ADD and ADHD
- Anxiety
- Autism
- Defiant behavior
- Depression
- Eating disorders
- Family issues
- Self-injury
- Truancy
- Underachievement

The Kids HelpLine is available Monday through Friday from 8 a.m. to 5 p.m. by calling 715-838-5633.

- **Great Rivers 2-1-1 Information, Referral and Crisis Line**

Dial 2-1-1 or 1-800-362-8255

Call for information and assistance with food, shelter, support groups, counseling referrals and crisis situations such as child abuse or sexual assault.

-Free -Confidential -24 hours a day

www.greatrivers211.org

Grief Resources for Children

- **The Healing Place** |

Children's Grief Group for children ages 6-12 who have lost a special person

<http://www.sacredhearteau Claire.org/the-healing-place-services>

- **CLIMB** (Children's Lives Include Moments of Bravery)

This free six-week program, geared toward children ages 5 to 12 years old, gives emotional support to kids who have a parent or loved one diagnosed with cancer. This program occurs 4 times a year on Tuesdays

Marshfield Clinic Cancer Care at Sacred Heart Hospital

900 W. Clairemont Avenue

Eau Claire, WI 54701

Contact Nan Bethmann at 1-800-839-3956 or bethmann.nan@marshfieldclinic.org for more details

http://www.marshfieldclinic.org/patients/default.aspx?page=cancer_currentPatients_climb

Community-Based Organizations/Activities for Children

• **Big Brothers, Big Sisters of Northwestern Wisconsin** | Community-based Mentoring for Children
312 S Barstow St, Ste S1|715- 835-0161
www.bbbsnw.org

• **Boys & Girls Club of the Greater Chippewa Valley** | After-school & school break programs for 3rd—12th graders
201 E Lake St 855-0081
www.bgca-chippewavalley.org

• **Tutoring services through the UW-Eau Claire Center for Service Learning**

The **3-5 Club** offers a fun place, food, tutoring, new friends, fantastic teachers and tutors, use of computers, crafts, reading store, and indoor/outdoor games.

Check out the **3-5 Club**: Free tutoring is offered *Tuesdays and Thursdays from 3-5:30 p.m.* at the First Presbyterian Church, 2112 Rudolph Rd in Eau Claire.

For the **3-5 Club**: Contact Al and Barbara Rolland at 715-839-9331 or Keith and Carol Blomquist at 715-233-1378.

Local Food Pantry Information

• **St. Francis Food Pantry** | <http://www.stfrancisfoodpantry.org/>

1221 Truax Blvd | Eau Claire, WI 54703 | 715.839.7706
Mondays from 4 - 7 PM, Tuesday and Thursday from
11 AM - 3 PM, and Saturday from 11 AM - 1 PM

• **The Salvation Army**

2211 S Hastings Way | Eau Claire, WI 54701 | 715.834.1224
Monday through Thursday from 10 AM - 12 PM and 1 - 4 PM

• **Grace Lutheran Church Food Pantry**

202 W Grand Ave | Eau Claire, WI 54703 | 715.832.9713
Monday through Thursday 9 AM – 12 PM and 1 - 3 PM

• **Inn Towne Food Pantry**

678 Wisconsin St | Eau Claire, WI 54703 | 715.833.8769
by appointment only

• **The Community Table, Inc.** | www.communitytable.org

320 Putnam St | Eau Claire, WI 54703 | 715.835.4977
Mondays, Wednesday, Thursday, and Saturday from
11:30 AM - 1 PM, Tuesday and Friday from 5 - 6:15 PM,
and Sunday from 3 - 4 PM

• **Trinity Lutheran Church Food Pantry**

1314 E Lexington Blvd | Eau Claire, WI 54701 | 715.832.6601
Monday, Tuesday, and Thursday from 1:30 - 3 PM

• **Walk in the Light Church Food Pantry**

1719 Omaha St | Eau Claire, WI 54703 | 715.858.1175
Grocery Distribution: Wednesday, and Friday from 1 - 5 PM

Eau Claire County Resource Directory

To access this brochure on the web go to:
<http://www.uwex.edu/ces/cty/eauclaire/index.html>