

ALTOONA CROSS COUNTRY INVITE

Thursday, September 19, 2019

Teams attending: Augusta, Chippewa Valley Lightning Bolts, Columbus Catholic, Durand, Eau Claire Immanuel, Elk Mound, Fall Creek, G-E-T, Independence/Gilmanton, McDonell, Mondovi, Osseo-Fairchild, Regis, Stanley-Boyd, Thorp

The 2019 Altoona Invitational Cross Country Meet will be held Thursday, September 19. The schedule for the meet is as follows:

3:15 pm Course is open for inspection
4:15 pm All Girls (JV and Varsity will race together) 5000 meters
4:45 pm All Boys (JV and Varsity) 5000 meters
5:15 pm Middle School Race combined boys and girls (2 mile course)
Awards Ceremony following completion of middle school race

Please note: We have changed our starting times, due to adding a Middle School race. Team entry fee is \$75 for HS Only, \$100 for HS/MS combined.

We will be using computer timing for this event. Rosters must be emailed to boweyer@gmail.com by Friday, Sept 13. Please designate your varsity, JV, and middle school runners. Race packets will be available to pick up near the starting line on the day of the race. Course maps will be included in race packets.

Trophies will be awarded to the first and second place boys and girls team in the varsity races. Medals will be given to the top 15 runners in each varsity race. Medals will be given to top ten in JV and middle school races.

We will be using the same 5K course as last year at the Eau Claire City Wells across from Riverview Park. Buses will be able to park in the lot on the right just after the Wells entrance. Additional parking is available on the side of the road. Please note: the boat landing access parking lot across the street requires a fee for parking.

If you have any questions or concerns please contact me at 715-839-6031 (ext. 436) or email tlenz@altoona.k12.wi.us.

Todd Lenz
Altoona Cross Country Coach