

January 6, 2021

Dear Parents and Guardians:

By now, you might have seen in the news of the unrest in Washington DC.

Upon learning of these recent incidents, your child might experience emotions like confusion or fear. Our school staff, as always, will provide support in the event that there are students who need additional support while they are with us. If your child shares with you that they have concerns or worries about this incident, please encourage them and help them to share their worries.

At the bottom of this email is a resource for parents in supporting their child after a learning of a frightening event. We hope this resource will help you in conversations with your child at home.

Please feel welcome to contact your child's teacher, counselor, or principal if you notice your child is struggling and would like help supporting him or her. Additionally, please be reminded that, through our Student and Family Assistance Program services, our district provides four free counseling sessions to every family in our district. Please call 855-838-7170 to get connected with this resource or to learn more.

My best,



Heidi Eliopoulos  
Superintendent

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