School & Community Profile
PRHS is fully accredited by the New England Association of Schools and Colleges (NEASC).

PRHS Enrollment Information
- 456 Grades 9-12
- 107 Senior Class
- 11:1 Student/Faculty Ratio
- 16% Special Education (School-Wide)
- 34% Free/Reduced Lunch (School-Wide)

Core Values
Poland Regional High School's core values guide our decisions and anchor our actions in the pursuit of learning. We are committed to fostering Character, Citizenship & Community.

Community
The RSU 16 towns of Poland, Minot, and Mechanic Falls cover 147 square miles with a population of approximately 10,300. Our current enrollment is 456 students in grades 9-12. Located 11 miles west of Lewiston-Auburn and 33 miles north of Portland, Poland is home to the Poland Spring Bottling Company. The region is also known for its lakes and summer camps.

Teaching Staff
The teachers at PRHS are an exceptional group chosen for their passion for teaching and their commitment to our distinct, ambitious mission. 70% of teachers hold an advanced degree and average 15 years teaching experience.

Visiting PRHS
We welcome all visitors to our school! Our daily advisory period, called Roundtable, is the optimal time for college/military/career representatives to schedule a visit. Please call the Guidance Office at (207) 998-5400 x 102 to arrange a visit.

Class of 2018 Acceptances
- Arizona State University
- Assumption College
- Bates College
- Bethel University
- Central Maine Community College
- Champlain College
- Charleston Southern University
- College of the Atlantic
- Clark University
- Clarkson University
- Coastal Carolina University
- Colby-Sawyer College
- College of Wooster
- Culinary Institute of America
- Curry College
- Eckerd College
- Emmanuel College
- Endicott College
- Florida Institute of Technology
- Franklin Pierce University
- Hawaii Pacific University
- Humboldt State University
- Husson University
- Jacksonville University
- Johnson & Wales University
- Keen University
- Keene State University
- Maine College of Health Professions
- Maine Media Workshops & College
- Mass. College of Art & Design
- Merrimack College
- Montana State University
- Mount Holyoke College
- New Hampshire Inst. of Therapeutic Arts
- Old Dominion University
- Pima Community College
- Plymouth State University
- Roanoke College
- Roger Williams University
- Saint Joseph's College
- Saint Lawrence University
- Saint Michael's College
- Savannah College of Art & Design
- Simmons College
- Southern Maine Community College
- Spa Tech
- Stonehill College
- Thomas College
- Unity College
- University of Evansville
- University of Kentucky
- University of Maine
- University of Maine at Augusta
- University of Maine at Farmington
- University of Maine at Fort Kent
- University of Maine at Machias
- University of Maine at Presque Isle
- University of New England
- University of New Hampshire
- University of New Haven
- University of Rhode Island
- University of Southern Maine
- Wentworth Institute of Technology
- Western New England University
- Wheaton College
- White Mountain Community College

Class of 2019 Cumulative GPA

Class of 2018
- 77% Intend to Enroll in College
- 4% Enlisted in the Military
- 19% Entered Workforce, AmeriCorps, Safe Passage & Peace Corps
Proficiency-Based Learning

To earn a diploma from PRHS, students must demonstrate proficiency in the standards established in the Maine Learning Results and additional standards established by the school district. *Standards* are descriptions of what students are expected to know and be able to do at a specific stage of their education. PRHS courses typically have 3-5 standards and students who earn credit in a course have demonstrated proficiency in *each* of the course standards. Demonstrating proficiency in course standards earns a student a grade of Competent (CO) in the course, with grades of Advanced (AD) and Distinguished (DS) corresponding to higher degrees of accomplishment.

**Grades and credits** are posted for each semester. Grades indicating interim progress are reported once per semester.

**Class Rank** at PRHS is not determined.

Organizing for Instruction: The PRHS curriculum is designed to be demanding enough to prepare all students for post-secondary education. Students are heterogeneously grouped and enrollment is open with all course standards at the college prep level.

**Honors Challenge:** An Honors Challenge exists in all courses (except AP) for those students who seek to explore the content area in greater depth and breadth. A successfully completed Honors Challenge is noted by an H on the transcript.

**D-PAtH:** Students struggling to complete courses and earn credit in PRHS classes may apply to join D-PAtH. If accepted, students are allowed to satisfy course standards and earn credit according to a different, less rigid timetable and are encouraged to focus on fewer simultaneous topics. On the student's transcript, courses with a D prefix (such as DMath 4) are D-PAtH.

**Roundtable:** All students participate in advisory groups called Roundtables. These small groups meet daily for thirty minutes with the same advisor until graduation. The curriculum for this course includes but is not limited to, the Senior Celebration, Sophomore Exhibition, and Junior Career Portfolios.

**Sophomore Exhibition:** All sophomores, as a part of Roundtable, deliver a 10-15 minute oral presentation to peers, parents, and teachers. During the presentation, students share their progress toward meeting the school-wide learning expectations and present research on a possible career path.

**Senior Celebration:** Each senior poses a unique and highly personalized essential question that can be answered only by completing a project that would be acceptable in a real-world setting. The result of this year-long project is a 15-20 minute oral presentation during which students share their project’s measurable results or product.

### PRHS Graduation Requirements

<table>
<thead>
<tr>
<th>Learning Area</th>
<th>Courses Required to demonstrate competency</th>
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<tbody>
<tr>
<td>English</td>
<td>Humanities 3 and AP English Literature, AP English Language, or Senior English</td>
</tr>
<tr>
<td>Math</td>
<td>Math 4</td>
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<tr>
<td>Science</td>
<td>Physical Science, Biology, Chemistry or Intro Chemistry, plus one additional science credit</td>
</tr>
<tr>
<td>Social Studies</td>
<td>Humanities 3 and Comparative Government &amp; Economics</td>
</tr>
<tr>
<td>Visual/Performing Arts</td>
<td>2 credits</td>
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<tr>
<td>Wellness</td>
<td>Health, plus 1 credit of Physical Education</td>
</tr>
<tr>
<td>Technology</td>
<td>1 credit</td>
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All students must also pass four years of Roundtable and complete four co-curricular activities.

**Integrated Mathematics 1-4:** Our Core-Plus program is designed to prepare students for future success in problem solving, reasoning, and applications. By the end of Math 4, all students will have an understanding of the concepts and skills of geometry and algebra (1 & 2). They will also have the necessary background in statistics, probability, and discrete mathematics to access more advanced math, including AP Statistics or AP Calculus AB.

**Humanities:** The PRHS Humanities curriculum provides an opportunity for students to study English and social studies in an integrated setting. In grades 9-11, these courses are team-taught daily for 78 minutes. Each Humanities course results in 2 credits, one in English and one in social studies.

**Science:** All classes include a lab component.

**AP courses:** English Literature, English Language, US Government & Politics, US History, World History, Calculus AB, Statistics, Biology, Chemistry and Computer Science Principles. Not all courses are offered every year. These courses are open to all students.

**Additional Programs:** Students have earned credit through Lewiston Regional Technical Center (CTE), Academ-e (UMaine), University of Southern Maine, Bates College, Central Maine Community College, UMaine Fort Kent, UMaine Machias, St. Joseph’s College, AP4All, internships, independent study and select summer programs.