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# POLAND REGIONAL HIGH SCHOOL

FOUNDED 1999

1457 Maine Street, Poland, Maine 04274  
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## 2019-2020 SCHOOL PROFILE

### School & Community Profile

PRHS is fully accredited by the New England Association of Schools and Colleges. (NEASC)

#### PRHS Enrollment Information

495	Grades 9-12
130	Senior Class
11:1	Student/Faculty Ratio
17.5%	Special Education (School-Wide)
36%	Free/Reduced Lunch (District-Wide)

### Core Values

Poland Regional High School's core values guide our decisions and anchor our actions in the pursuit of learning. We are committed to fostering Character, Citizenship & Community.

### Community

The RSU 16 towns of Poland, Minot, and Mechanic Falls cover 147 square miles with a population of approximately 10,300. Our current enrollment is 495 students in grades 9-12. Located 11 miles west of Lewiston-Auburn and 33 miles north of Portland, Poland is home to the Poland Spring Bottling Company. The region is also known for its lakes and summer camps.

### Teaching Staff

The teachers at PRHS are an exceptional group chosen for their passion for teaching and their commitment to our distinct, ambitious mission. 67% of teachers hold an advanced degree and 54% average 15 years teaching experience

### Visting PRHS

We welcome all visitors to our school! Our daily advisory period, called Roundtable, is the optimal time for college/military/career representatives to schedule a visit. Please call the Guidance Office at (207) 998-5400 x 102 to arrange a visit.

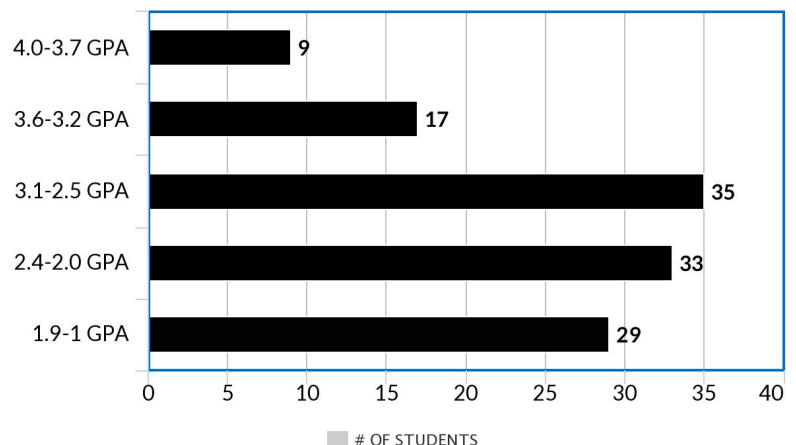
### Class Of 2019

75% Intend to Enroll in College  
7% Enlisted in the Military  
18% Entered Workforce, Internship, Other

### Class of 2019 Acceptances

- |                                     |                                     |
|-------------------------------------|-------------------------------------|
| Alabama A & M University            | Penn State                          |
| Ana Maria College                   | Plymouth State University           |
| Assumption College                  | Quincy University                   |
| Bates College                       | Rochester Inst. Of Technology       |
| Bay Path College                    | Saint Anselm's College              |
| Belmont University                  | Saint Joseph's College              |
| Central Maine Community College     | Saint Michael's College             |
| Champlain College                   | Santa Clara University              |
| Clark University (MA)               | Savannah College of Art & Design    |
| Clemson University                  | Southeastern University             |
| Colby College                       | Southern Maine Community College    |
| Colby-Sawyer College                | Southern New Hampshire University   |
| Connecticut College                 | Springfield College                 |
| Curry College                       | Stonehill College                   |
| Eastern ME Community College        | Susquehanna University              |
| Eastern Nazarene College            | Thomas College                      |
| Eckerd College                      | Unity College                       |
| Elms College                        | University of Findlay               |
| Embry-Riddle University             | University of Florida               |
| Emory University                    | University of Hartford              |
| Endicott College                    | University of Kentucky              |
| Fisher College                      | University of Maine                 |
| Franklin Pierce University          | University of Maine at Augusta      |
| Husson University                   | University of Maine at Farmington   |
| Ithaca College                      | University of Maine at Fort Kent    |
| Johnson & Wales                     | University of Maine at Machias      |
| Keene State University              | University of Maine at Presque Isle |
| Kennebec Valley Community College   | University of Massachusetts         |
| Kenzie Academy                      | University of New England           |
| Maine College of Art                | University of New Hampshire         |
| Maine College of Health Professions | University of New Haven             |
| Maine Maritime Academy              | University of Northwest Ohio        |
| Mass. College of Art & Design       | University of Pittsburg             |
| Mass. Maritime Academy              | University of Southern Maine        |
| Merrimack College                   | University of Tampa                 |
| Methodist University                | University of Texas at Austin       |
| Mount Holyoke                       | Walsh University                    |
| New England College                 | Washington County Community College |
| New England School of Metalwork     | Wentworth Institute of Technology   |
| New England Technical Institute     | Western New England University      |
| New Hampshire Institute of Art      | Wheaton College                     |
| Nichols College                     | Worcester Polytech Institute        |
| Northern Vermont University         |                                     |

### CLASS OF 2020 CUMULATIVE GPA





## Proficiency-Based Learning & GPA Information

Students who earn a diploma from PRHS have demonstrated proficiency in the standards established in the Maine Learning Results and additional standards established by the school district. PRHS courses typically have 3-5 standards and students who earn credit in a course have demonstrated proficiency in *each* of the course standards.

**PRIOR TO FALL 2019:** Demonstrating proficiency in course standards earns a student a grade of Competent (CO) in the course, with grades of Advanced (AD) and Distinguished (DS) indicating higher degrees of accomplishment. GPAs were calculated on a 4.33 scale.

**BEGINNING IN FALL 2019:** In order to simplify our grading, we transitioned our GPA system to align with grades students are earning in the classroom. **Grades and GPAs are now reported on a 4.0 scale.** Great care was taken with this GPA transition to ensure that students' rank (percentile) did not fluctuate as we made this change.

**Grades and credits** are posted for each semester. Grades indicating interim progress are reported once per semester. To earn credit in a course, students must pass all course standards and earn at least a 2.5 in the course.

**Class Rank** at PRHS is not determined. However, percentiles are reported.

**High Honor Roll** is determined by earning grades of 3.7 and higher.

**Honor Roll** - is determined by earning between grades 3.2 and 3.6.

**Organizing for Instruction:** The PRHS curriculum is designed to prepare all students for post-secondary education. Students are heterogeneously grouped with all course standards at the college prep level.

**Honors Challenge:** A voluntary Honors Challenge exists in all courses (except AP) for those students who seek to explore content in greater depth and breadth. It is noted by an "H" on the transcript.

**D-PaTH:** Students struggling to earn credit in PRHS classes may apply to join D-PaTH. If accepted, students are allowed to satisfy course standards and earn credit according to a different, less rigid timetable and are encouraged to focus on fewer simultaneous topics. D-PaTH courses are noted with a "D" prefix on transcripts (i.e. DMath 4).

**Roundtable:** All students participate in advisory groups called Roundtables. These small groups meet daily for 30 minutes and students & advisors remain together until graduation.

**Sophomore Exhibition:** All sophomores share their progress toward meeting the school-wide learning expectations, and present research on a possible career path, in a 10-15 minute presentation to an audience of peers, parents and teachers.

**Senior Celebration:** Each senior poses a unique and highly personalized essential question that can be answered only by completing a project that would be acceptable in a real-world setting. The result of this year-long project is a 15-20 minute oral presentation during which students share their project's measurable results/product.

PRHS GRADUATION REQUIREMENTS FOR THE CLASS OF 2020	
In addition to competency in the areas detailed below, 24 course credits are required for graduation	
Learning Area	Courses required to demonstrate competency
English	Senior English or AP English
Math	Math 4
Science	Physical Science, Biology, Chemistry or Intro Chemistry, plus one additional science credit
Social Studies	U.S. History II or AP U.S. History, plus Comparative Government & Economics or AP U.S. Government
Visual/Performing Arts	1 credits
Wellness	Health, plus 1 credit of Physical Education
Technology	1 credit
All students must also pass four years of Roundtable and complete two co-curricular activities.	

**Integrated Mathematics 1-4:** Our Core-Plus program is designed to prepare students for future success in problem solving, reasoning, and applications. By the end of Math 4, all students will have an understanding of the concepts and skills of Geometry and Algebra (1 & 2). They will also have the necessary background in statistics, probability, and discrete mathematics to access more advanced math, including AP Statistics or AP Calculus AB.

**English & Social Studies:** Prior to 2017, the English & Social Studies curriculums were team-taught in an integrated setting in courses called Humanities. Beginning in 2017, these courses were split into distinct English and Social Studies courses.

**Science:** All classes include a lab component.

**AP courses:** English Literature, English Language, U.S. Government & Politics, U.S. History, World History, Calculus AB, Statistics, Biology, Chemistry and Computer Science Principles. Not all courses are offered every year. These courses are open to all students.

**Additional Programs:** Students have earned credit through Lewiston Regional Technical Center (CTE), Academ-e (UMaine), University of Southern Maine, Bates College, Central Maine Community College, UMaine Fort Kent, UMaine Machias, St. Joseph's College, AP4ME, internships, independent study and select summer programs.