



Monday	Tuesday	Wednesday	Thursday	Friday	
30 <i>Rosh Hashanah</i> Egg Sandwich Lunch: Breakfast for Lunch Sausage & Homefries	1 Muffins Lunch: Burgers Potato Salad	2 Pancakes Lunch: Elbow Bolognese Spinach Salad	3 Scrambled Eggs Lunch: BBQ Chicken Butternut Squash Rice	4 French Toast Lunch: Corn Chowder 1/2 Ham & Cheese Sandwich	Weekly Options: Italian Combo Sunbutter & Jelly Egg Salad
7 Egg Sandwich Lunch: Rene's Tortilla Soup	8 Muffins Lunch: Tacos Black Beans	9 Pancakes Lunch: Meatballs Whole Grain Roll Salad	10 Scrambled Eggs Lunch: Chicken Tenders French Fries Green Beans	11 French Toast HALF DAY - NO LUNCH	Weekly Options: Turkey & Cheese Sunbutter & Jelly Egg Salad
14 <i>Columbus Day</i> NO SCHOOL	15 Muffins Lunch: Shepard's Pie	16 <i>Boss's Day</i> Pancakes Lunch: Chicken Alfredo Broccoli	17 Scrambled Eggs Lunch: Chicken Quesadillas Black Beans	18 French Toast Lunch: Stuffed Peppers Brown Rice	Weekly Options: Tuna Salad Sunbutter & Jelly Egg Salad
21 Egg Sandwich Lunch: Sloppy Joes	22 Muffins Lunch: Pizza Day!	23 Pancakes Lunch: Mac & Cheese Peas	24 <i>United Nations Day</i> Scrambled Eggs Lunch: Baked Ham Mashed Potatoes Asparagus	25 French Toast Lunch: Fish Fillet Tarter Sauce Mixed Green Salad	Weekly Options: Ham & Cheese Sunbutter & Jelly Egg Salad
28 Egg Sandwich Lunch: Lasagna Garlic Bread	29 Muffins Lunch: Chicken Lo Mein	30 Pancakes Lunch: Hot Dogs Baked Beans	31 <i>Halloween</i> Scrambled Eggs Lunch: Pumpkin Pancakes Sausage Applesauce		Weekly Options: Yogurt Parfait Sunbutter & Jelly Egg Salad
		Student Breakfast \$1.75 Student Lunch \$3.00 Adult Breakfast \$2.75 Adult Lunch \$3.75		Twin Valley Elementary School (802)464-5177 This Institution is an Equal Opportunity Provider	