

# November

# BREAKFAST

NSLP K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <ul style="list-style-type: none"> <li>Corn Chex Cereal &amp; Educational Snacks</li> <li>Fresh Fruit</li> </ul>	<p>3</p> <ul style="list-style-type: none"> <li>Cinnamon crumble</li> <li>Fresh Fruit</li> </ul>	<p>4</p> <ul style="list-style-type: none"> <li>Multigrain cheerios cereal &amp; string cheese</li> <li>Fresh Fruit</li> </ul>	<p>5</p> <ul style="list-style-type: none"> <li>Yogurt w/ granola</li> <li>Fresh Fruit</li> </ul>	<p>6</p> <ul style="list-style-type: none"> <li>Waffle w/ syrup</li> <li>Fresh Fruit</li> </ul>
<p>9</p> <ul style="list-style-type: none"> <li>Zee Zee's Apple Crisp Bar</li> <li>Fresh Fruit</li> </ul>	<p>10</p> <ul style="list-style-type: none"> <li>Strawberry Pancake Bowl</li> <li>Fresh Fruit</li> </ul>	<p>11</p> <p>NO SCHOOL</p>	<p>12</p> <ul style="list-style-type: none"> <li>Yogurt with Granola and</li> <li>Fresh Fruit</li> </ul>	<p>13</p> <ul style="list-style-type: none"> <li>Cinnamon Crumble</li> <li>Fresh Fruit</li> </ul>
<p>16</p> <ul style="list-style-type: none"> <li>Cinnamon Chex Cereal &amp; Educational Snacks</li> <li>Fresh Fruit</li> </ul>	<p>17</p> <ul style="list-style-type: none"> <li>Cinnamon Crumble</li> <li>Fresh Fruit</li> </ul>	<p>18</p> <ul style="list-style-type: none"> <li>Banana Muffin</li> <li>Fresh Fruit</li> </ul>	<p>19</p> <ul style="list-style-type: none"> <li>Cinnamon Crumble</li> <li>Fresh Fruit</li> </ul>	<p>20</p> <ul style="list-style-type: none"> <li>French toast muffin</li> <li>Fresh Fruit</li> </ul>
<p>23</p> <ul style="list-style-type: none"> <li>Cinnamon Chex Cereal</li> <li>Educational Snacks</li> <li>Fresh Fruit</li> </ul>	<p>24</p> <ul style="list-style-type: none"> <li>Whole Grain Cereal with Educational Snacks</li> <li>Fresh Fruit</li> </ul>	<p>25</p> <p>NO SCHOOL</p>	<p>26</p> <p>NO SCHOOL</p>	<p>27</p> <p>NO SCHOOL</p>
<p>30</p> <ul style="list-style-type: none"> <li>Shelf Stable: Corn Chex Cereal w/ Educational Snack &amp; Raisins</li> <li>Fresh Fruit</li> </ul>				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

[surveymonkey.com/r/meals-survey](https://surveymonkey.com/r/meals-survey)



revolution foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

**Dairy-Free (DF)**  
**Vegetarian (V)**

# November

# LUNCH

NSLP LUNCH K-12 UNITIZED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <ul style="list-style-type: none"> <li>Beef Hot Dog w/ Baby carrots (DF)</li> <li>Fresh Fruit</li> </ul>	<p>3</p> <ul style="list-style-type: none"> <li>Fresh Fruit</li> <li>Chicken Taco Trio w/ black beans</li> </ul>	<p>4</p> <ul style="list-style-type: none"> <li>Mac &amp; Cheese w/ Chicken Bites &amp; Baby Carrots</li> <li>Fresh Fruit</li> </ul>	<p>5</p> <ul style="list-style-type: none"> <li>Orange Chicken w/ Broccoli (DF)</li> <li>Fresh Fruit</li> </ul>	<p>6</p> <ul style="list-style-type: none"> <li>Fresh Fruit</li> <li>Chicken Lonestar Sandwich w/ Chili Citrus Corn (DF)</li> </ul>
<p>9</p> <ul style="list-style-type: none"> <li>Crispy Chicken Sandwich w/ Carrots (DF)</li> <li>Fresh Fruit</li> </ul>	<p>10</p> <ul style="list-style-type: none"> <li>Pizza Panada pie w/ Cilantro Lime Pinto Beans</li> <li>Fresh Fruit</li> </ul>	<p>11</p> <p>NO SCHOOL</p>	<p>12</p> <ul style="list-style-type: none"> <li>Fresh Fruit</li> <li>Chicken Teriyaki w/ Broccoli (DF)</li> </ul>	<p>13</p> <ul style="list-style-type: none"> <li>Fresh Fruit</li> <li>Spaghetti Marinara w/ Green Beans (V)</li> </ul>
<p>16</p> <ul style="list-style-type: none"> <li>Fresh Fruit</li> <li>Chili Citrus Chicken Drumstick w/ Diced Carrots (DF)</li> </ul>	<p>17</p> <ul style="list-style-type: none"> <li>Beef Cheeseburger w/ Roasted Potatoes (DF)</li> <li>Fresh Fruit</li> </ul>	<p>18</p> <ul style="list-style-type: none"> <li>Fresh Fruit</li> <li>Pepperoni Pizza w/ Chili Citrus Corn &amp; Black Beans</li> </ul>	<p>19</p> <ul style="list-style-type: none"> <li>Fresh Fruit</li> <li>Pasta Alfredo w/ Broccoli (V)</li> </ul>	<p>20</p> <ul style="list-style-type: none"> <li>Fresh Fruit</li> <li>Holiday Roasted Turkey with Gravy and Candied Yams and Cranberry Sauce</li> </ul>
<p>23</p> <ul style="list-style-type: none"> <li>Beef Hot Dog w/ Baby Carrots (DF)</li> <li>Fresh Fruit</li> </ul>	<p>24</p> <ul style="list-style-type: none"> <li>Bean &amp; Cheese Pupusa w/ Black Beans (V)</li> <li>Fresh Fruit</li> </ul>	<p>25</p> <p>NO SCHOOL</p>	<p>26</p> <p>NO SCHOOL</p>	<p>27</p> <p>NO SCHOOL</p>
<p>30</p> <ul style="list-style-type: none"> <li>Fresh Fruit</li> <li>Breakfast For Lunch: Pancakes w/ Omelet w/ Baby Carrots (V)</li> </ul>				

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### Vegetable of the Day

**Dairy-Free (DF) Vegetarian (V)** options available daily – if not listed on the menu, available upon request