

MENTAL HEALTH RESOURCES 2020—2021



OUTPATIENT SERVICES

CRISIS RESOURCES

Emergency: 911
Poison control: 1-800-222-1222
Suicide Crisis Line: 1-800-Suicide or (352) 273-8255
Hernando County Sheriff's Office: (352) 754-6850
Transgender Lifeline: 1-877-565-8860

HOSPITALS

Bayfront Brooksville: (352) 796-5111
Bayfront Spring Hill: (352) 688-8200
Oak Hill: (352) 596-6632
Springbrook: (352) 596-4306

INPATIENT SERVICES

Grace Pointe—Tampa: (813) 272-2882
North Bay Recovery Center: (813) 428-6100

SUPPORT AND EDUCATION

NAMI Hernando: (352) 684-0004
Hernando Community Coalition: (352) 596-8000
Dawn Center—Domestic & Sexual Violence Services: (352) 686-8430

PHOENIX COUNSELING SERVICE

***WE COME TO YOU—HOME OR SCHOOL**
phoenixcounselingservice.com -Online Referral
813-956-5059

****BayCare**
Monday & Thursday-Open access to services



BayCare: 1-866-762-1743
(Brooksville)
Behavioral Health Associates:
(352) 597-5497 (Spring Hill)
Big Bear: 1-800-840-2528
Solace: (352) 678-5555

Cathy Mara: (352) 442-1717
Children's Advocacy Center:
(352) 754-8809 (Brooksville)
Clemente Counseling:
(727) 858-6192 (Spring Hill)

Denise Schonwald:
(352) 666-4766 (Spring Hill)
Pathways: (352) 686-3188
(Spring Hill)

Sequel Care: (727) 494-7609
(New Port Richey)

Deborah Martin: (352) 228-8901
(Crystal River)

Groveland Family Crisis Center:
(352) 429-5600 (Groveland)

All Children's:
(727) 767-8477 (St. Pete)

Vista Behavioral: (813) 390-4176
(Land O Lakes)

Northside Mental Health:
(813) 977-8700 (Tampa)

Wellspring Counseling:
(352) 592-7740 (Brooksville)

IMPOWER - Telehealth:
(321) 639-1224

Chrysalis Health: (813) 443-4827
Life Stream: (352) 636-1045