

MENTAL HEALTH RESOURCES 2021—2022



CRISIS RESOURCES

Emergency: 911

Poison control: 1-800-222-1222

Suicide Crisis Line: 1-800-Suicide or (352) 273-8255

Hernando County Sheriff's Office: (352) 754-6850

Transgender Lifeline: 1-877-565-8860

ELITE DNA THERAPY SERVICES

(239) 223-2751

**Child, Adult and Family—ABA, Mental Health/Virtual & Face to Face
Psychiatry and Psychotherapy**

HOSPITALS

Bayfront Brooksville: (352) 796-5111

Bayfront Spring Hill: (352) 688-8200

Oak Hill: (352) 596-6632

Springbrook: (352) 596-4306

INPATIENT SERVICES

Grace Pointe—Tampa: (813) 272-2882

North Bay Recovery Center: (813) 428-6100

PHOENIX COUNSELING SERVICE

***WE COME TO YOU—HOME OR SCHOOL
phoenixcounselingservice.com -Online Referral**

813-956-5059

SUPPORT AND EDUCATION

NAMI Hernando: (352) 684-0004

Hernando Community Coalition: (352) 596-8000

**Dawn Center—Domestic & Sexual Violence Services:
(352) 686-8430**

The LaPorta Center

***Solution focused therapy**

US41—Pasco / Herando (727) 836-0943

***BayCare**

1-866-762-1743 (Brooksville)

**Monday & Thursday-Open access to services
All day walk-ins**

OUTPATIENT SERVICES

Behavioral Health Associates:

(352) 597-5497 (Spring Hill)

Big Bear: 1-800-840-2528

Solace: (352) 678-5555

Cathy Mara: (352) 442-1717

Children's Advocacy Center:

(352) 754-8809 (Brooksville)

Clemente Counseling:

(727) 858-6192 (Spring Hill)

Denise Schonwald:

**(410) 913-8963 (Sarasota, Bradenton
& Lakewood Ranch FL)**

Peaceful Pastures:

Ranch & Therapy~ Healing Together

Jessica Oliver, LCSW (813) 449-2500

Pathways: (352) 686-3188

(Spring Hill)

Sequel Care: (727) 494-7609

(New Port Richey)

Deborah Martin: (352) 228-8901

(Crystal River)

Groveland Family Crisis Center:

(352) 429-5600 (Groveland)

All Children's:

(727) 767-8477 (St. Pete)

Vista Behavioral: (813) 390-4176

(Land O Lakes)

Northside Mental Health:

(813) 977-8700 (Tampa)

Wellspring Counseling:

(352) 592-7740 (Brooksville)

IMPOWER - Telehealth:

(321) 639-1224

Chrysalis Health: (813) 443-4827

Life Stream: (352) 636-1045

