

MENTAL HEALTH RESOURCES 2024—2025

CRISIS RESOURCES

Emergency: 911

Poison control: 1-800-222-1222

Suicide Crisis Line: 988 1-800-Suicide or (352) 273-8255

Hernando County Sheriff's Office: (352) 754-6850

ELITE DNA THERAPY SERVICES

(352)616-7600 Brooksville Therapy & Psychiatry

Child, Adult and Family—ABA, Mental Health/Virtual & Face to Face
Psychiatry and Psychotherapy, Trauma Therapy

HOSPITALS

Tampa General Brooksville (352) 796-5111

Tampa General Spring Hill: (352) 688-8200

Oak Hill: (352) 596-6632

Springbrook: (352) 596-4306

INPATIENT SERVICES

Grace Pointe—Tampa: (813) 272-2882

North Bay Recovery Center: (813) 428-6100

PHOENIX COUNSELING SERVICE

*WELCOME TO YOU—HOME OR SCHOOL

phoenixcounselingservice.com -Online Referral

813-956-5059

IMPACT COUNSELING

Pasco & Hernando Counties(727) 380-9181

Citrus County: (352) 560-7027

START YOUR RECOVERY— StartYourRecovery.Org

SUPPORT AND EDUCATION

NAMI Hernando: (352) 684-0004

Hernando Community Coalition: (352) 596-8000

Dawn Center—Domestic & Sexual Violence Services:

(352) 686-8430—24 Hr Crisis Line

The LaPorta Center

Solution focused therapy

US41—Pasco / Hernando (727) 836-0943

BayCare

1-866-762-1743 (Brooksville) Monday & Thursday-Open access
to services - All day walk-ins

OUTPATIENT SERVICES

Behavioral Health Associates:

(352) 597-5497 (Spring Hill)

Big Bear: 1-800-840-2528

Solace: (352) 678-5550

Cathy Mara: (352) 442-1717

You Thrive-Children's Advocacy Center:

(352) 754-8809 (Brooksville)

Clemente Counseling:

(352) 848-4642 (Spring Hill)

Denise Schonwald:

(410) 913-8963 (Sarasota,
Bradenton & Lakewood Ranch FL)

Peaceful Pastures:

Ranch & Therapy~Healing Together

Jessica Oliver, LCSW

(813) 449-2500

Pathways: (352) 686-3188

(Spring Hill)

Deborah Martin: (352) 228-4969
(Crystal River)

Groveland Family Crisis Center:

(352) 429-5600 (Groveland)

All Children's:

(727) 767-8477 (St. Pete)

Vista Behavioral: (813) 390-4176
(Land O Lakes)

Northside Mental Health:

(813) 977-8700 (Tampa)

Wellspring Counseling:

(352) 592-7740 (Brooksville)

IMPOWER - Telehealth:

(321) 639-1224

Chrysalis Health: (813) 443-4827

Life Stream: (352) 636-1045

Multi-Cultural Counseling

(352) 269-5598

LifeSpring Counseling Ctr: Weeki
Wachee (352)200-2355 (*New*)