

The School District of Hernando County, Florida

Academic Services Division

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HERNANDO
SCHOOL DISTRICT

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Superintendent: Ray Pinder
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April 2025

Dear Parent or Guardian,

The 2008 Legislature passed Senate Bill 610 which was signed into law by Governor Crist on June 2, 2008. It included changes in statute as it relates to physical education requirements for Florida students.

Senate Bill 610 requires the equivalent of one class period per day of physical education for one semester of each year for students in grades 6 through 8. This statute also requires each district school board to notify parents of the options available prior to scheduling a student in physical education. Unless your child meets one of the waiver criteria listed below for the 2025-2026 school year, he/she will be enrolled in a physical education.

The physical education requirement shall be waived for a student who meets one of the following criteria:

1. The student is enrolled or required to enroll in an academic support course.
- Or
2. The student's parent indicates in writing to the school that:
 - a. The parent requests that the student enroll in another course from among those electives offered as options by the school based upon availability, OR
 - b. The student is participating in physical activities outside the school day which are equal to or more than the mandated requirement.

If you are seeking a waiver for Physical Education (grades 6-8) for the 2025-2026 school year, please **check the appropriate box below** and return this letter to your child's respective **school counselor** with your signature. If your child is enrolled or required to enroll in a remedial course, then this will be coded under the PE waiver option for this school year. Please keep in mind that all students must still complete at least one semester of Health instruction some time in grades 6-8.

☐ I am requesting that my child enroll in another course from among those offered as options by the school, but I understand that the placement in an elective class is based on availability.

☐ My child is participating in physical activities outside the school day which are equal to or more than the mandated requirement of one class period per day (approximately 225-275 minutes per week). Therefore, that my child be enrolled in another course from among those offered as options by the school, but I understand that the placement in an elective class is based on availability.

Student name: _____ Date: _____

Parent/guardian signature: _____ School: _____

****The deadline to return this form to your child's school counselor is August 11th, 2025.***

Please contact your school administration or child's school counselor if you have questions or concerns regarding the physical education requirements or waiver criteria.