

The School District of Hernando County, Florida

Academic Services Division

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**HERNANDO
SCHOOL DISTRICT**

Learn it. Love it. Live it.

Superintendent: Ray Pinder

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April 2025

Dear Parent or Guardian,

The 2008 Legislature passed Senate Bill 610 which was signed into law by Governor Crist on June 2, 2008. It included changes in statute as it relates to physical education requirements for Florida students.

Senate Bill 610 continues to require 150 minutes each week for students in grades K-5 and requires at least 30 consecutive minutes of physical education on any day during which physical education instruction is conducted. This statute also requires each district school board to notify parents of the options available prior to scheduling a student in physical education. Unless your child meets one of the waiver criteria listed below for the 2025-2026 school year, he/she will be enrolled in a physical education class.

The physical education requirement shall be waived for a student who meets one of the following criteria:

1. The student is enrolled or required to enroll in an academic support course.

Or

2. The student's parent indicates in writing to the school that:

- a. The parent requests that the student enroll in another course from among those electives offered as options by the school based upon availability, OR
- b. The student is participating in physical activities outside the school day which are equal to or more than the mandated requirement.

If you are seeking a waiver for Physical Education (grades K-5) for 2025-2026 school year, please **check the appropriate box below** and return this letter to your child's respective **school counselor** with your signature. If your child is enrolled or required to enroll in a remedial course, then this will be coded under the PE waiver option for this school year.

☐ I am requesting that my child enroll in another course from among those offered as options by the school, but I understand that the placement in an elective class is based on availability.

☐ My child is participating in physical activities outside the school day which are equal to or more than the mandated requirement of one class period per day (approximately 150 minutes per week). Therefore, I am requesting that my child enroll in another course from among those offered as options by the school, but I understand that the placement in an elective class is based on availability.

Student name: _____ Date: _____

Parent/guardian signature: _____ School: _____

****The deadline to return this form to your child's school counselor by August 11, 2025.***

Please contact your school administration or child's school counselor if you have questions or concerns regarding the physical education requirements or waiver criteria.