

Polson breakfast menu

March 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 French toast sticks Honey dew Juice / milk</p>	<p>3 Apple cinnamon bars Yogurt Grapes Milk</p>	<p>4 Scrambled eggs Toast Strawberries Milk</p>	<p>5 Pancakes Banana Juice/milk</p>	<p>6 Cocoa puff cereal bar Cheese stick Juice/milk</p>
<p>9 Pancakes w/ blueberries Sausage links Juice/ milk</p>	<p>10 Breakfast sandwich w/ sausage ,egg, & cheese Applesauce cups Juice/milk</p>	<p>11 Yogurt fruit parfaits Toast Milk /juice</p>	<p>12 Sausage gravy w/ biscuit Oranges Juice/ milk</p>	<p>13 Cheesy scrambled eggs Toast Sausage patty Juice/milk</p>
<p>16 Pancakes Sausage patty Apple slices Juice/ milk</p>	<p>17 Bean and cheese burritos Fruit Juice/milk</p>	<p>18 Early out Breakfast rounds Cheese stick Banana Juice/ milk</p>	<p>19 Pancake on a stick Cheese stick Apple milk</p>	<p>20 Chocolate donuts Cheese stick Juice/milk</p>
<p>23 Strawberry crisp bars Fresh strawberries Juice/milk</p>	<p>24 Sausage egg and cheese on a biscuit Apple Juice/ milk</p>	<p>25 Pancake on a stick Honey dew, cantaloupe and grape mix Juice/milk</p>	<p>26 Breakfast pizza Fruit Juice/milk</p>	<p>27 Dutch waffles w/ blackberries Cheese stick Juice/ milk</p>
<p>30 Pancakes Cantaloupe Juice/milk</p>	<p>31 Yogurt parfaits with mixed berries Toast Juice/milk</p>			



Grains are this month's Harvest of the Month. Did you know...

- Grains make up their own food group.
- Wheat is classified by the season in which it is grown, hardness, color, and other factors. Spring wheat is planted in the spring and harvested in the late summer. Winter wheat is planted in the fall and harvested in the spring or summer, depending on the conditions.
- What's in a bushel? One US bushel is approximately 8 gallons of dry crops. One bushel of wheat weighs about 60 pounds.

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Monday VEGETARIAN PITA POCKET	Tuesday TURKEY BACON WRAP	Wednesday YOGURT BOATS	Thursday PBJ SLAMMERS	Friday TUNA SALAD SLIDERS
2 Chicken and noodles Broccoli Salad bar Milk	3 Hamburgers Sun chips Salad Fruit	4 Chili dogs Chips Salad bar Applesauce Milk	5 Taco salad Pinto beans Salad Fruit Milk	6 Fish and chips Pineapple coleslaw salad Mandarin oranges Milk
9 Cheese burgers Onion rings Fruit milk	10 Taco soup Tortilla chips Salad bar Milk	11 BBQ Chicken sandwiches Baby carrots Fruit Milk	12 Beef Nachos w/ cheese sauce Fiesta corn Fruit Milk	13 Fish sticks Corn on cob Fruit Milk
16 CHEFS CHOICE WEEK	17 CHEFS CHOICE WEEK	18 CHEFS CHOICE WEEK	19 CHEFS CHOICE WEEK	20 CHEFS CHOICE WEEK
23 Pulled pork burgers Fries Fruit Salad Milk	24 Chicken fajita spaghetti Cooked carrots Fruit Milk	25 Corndog Salad Fruit Milk	26 Hamburger gravy over Mashed potatoes Green beans Fruit Milk	27 Cheese pizza Pineapple tidbits Salad Milk
30 Cheeseburger Wedges Salad Fruit Milk	31 Ham tetrazzini Peas Salad Milk			