

# Polson School District #23

## Safe Practices for Staff, Students, and Families

To reduce communicable disease risk, it is imperative that we follow safe infection control practices as identified by the CDC and Flathead Lake County Health Department in order to help keep ourselves, our students, our families, and our communities healthy. We should assume that there is potential for community spread of COVID-19 in the Mission Valley and use every effort to reduce risk of contracting or spreading communicable illness of any kind.

**BEFORE arriving on a Polson School District site (including riding a bus to school): Parents, students, and staff should ask themselves the following questions:**

- Is my temperature 100.0 ° F or higher?**
- Has my temperature been 100.0 ° F or higher in the past 72 hours (3 days)?**
- Do I have any symptoms of illness?**
  - These may be, but are not limited to: coughing, headache, sneezing, sore throat, runny nose, nausea, vomiting, diarrhea, dizziness, shortness of breath, chest or nasal congestion, earache, swollen glands.
- Have I had close contact with anyone who could answer YES to the questions above, or is anyone in my immediate household able to answer YES to the questions above?**
- Have I or a close contact been asked in the last 14 days to remain in quarantine for COVID-19 testing, diagnosis, or treatment?**

If you answer **YES to any of the following, please stay home** and seek healthcare provider guidance if symptoms worsen or you need treatment.

**WHEN arriving onsite: Students and staff:**

### STAFF PROCEDURES

- 1. ASK THE QUESTIONS** above to all students/parents entering the building. These can be asked in advance (e.g. the morning of or the day before). Encourage only students/parents to enter the building (e.g. avoid bringing siblings, etc.). Log/document student check-ins (names/time entering building).
- 2. MASKS** (face coverings) - Both students and staff must wear face coverings when they are in school buildings. These may include homemade or purchased masks. Students are required to bring their own masks from home.
- 3. TEMPERATURE CHECKS** - for symptomatic students and staff.
- 4. REMIND STUDENTS OF PHYSICAL/SOCIAL DISTANCING** - Maintain six feet of distance when at all possible. Consider using tape to visually represent six foot boundaries.
- 5. HAVE STUDENTS WASH HANDS/SANITIZE AND REMIND OF THEM OF EXPECTATIONS**
  - **Hand Hygiene** - Wash hands with soap and water, or use hand sanitizer between tasks.
  - **Touching** - Avoid touching your eyes, nose, or mouth. (If you must touch your face, clean your hands before and after.)
  - **Gloves** - Remember that gloves are effective for one time use in order to avoid contact with potentially contaminated surfaces. It is better to wash and clean your hands before and after touching potentially contaminated surfaces than to wear gloves for an extended length of time. Clean hands before and after gloving.
  - **Cover your mouth/nose** - Use a tissue, the inside of your collar, or your elbow, and then trash the tissue, and wash your hands.
  - **Disinfect** - Always disinfect any area of use after its use.