

# PIRATE MENU

## January 2021



Monday	Tuesday	Wednesday	Thursday	Friday
				1 NO SCHOOL
4 NO SCHOOL	5 BANANA BREAD YOGURT JUICE MILK	6 MAPLE BURSTIN PANCAKES HARD BOILED EGG APPLE SLICES MILK	7 CEREAL YOGURT CRAISINS MILK	8 NO BREAKFAST REMOTE ONLY
11 CEREAL APRICOT CUPS MILK	12 MUFFIN YOGURT RAISINS MILK	13 CHEESE OMELET SAUSAGE LINKS JUICE MILK	14 APPLE FRITTERS CHEESE STICK JUICE MILK	15 NO BREAKFAST REMOTE ONLY
18 NO SCHOOL PIR DAY	19 CEREAL BAR YOGURT APPLE SLICES MILK	20 PANCAKE SAUSAGE SAND CHEESE STICK JUICE MILK	21 EGG AND CHEESE ON ENGLISH MUFFIN YOGURT ORANGE MILK	22 NO BREAKFAST REMOTE ONLY
25 PUMPKIN BREAD CHEESE STICK FRUIT MILK	26 CHOCOLATE CHIP MUFFIN YOGURT JUICE MILK	27 CEREAL HARDBOILED EGG FRUIT MILK	28 MINI FRENCH TOAST CHEESE STICK FRUIT MILK	29 NO BREAKFAST REMOTE ONLY

**Carrots** are this month's Harvest of the Month. Did you know...

- Carrots are in the vegetable food group.
- Today carrots come in many colors including purple, black, yellow, orange, red, and white and also range in size from a round 2-inch carrot to a slender 3-foot carrot!
- The average person eats 17 pounds of carrots per year. How many pounds of carrots do you eat?

To learn more about Montana Harvest of the Month visit: [www.montana.edu/mtharvestofthemoth](http://www.montana.edu/mtharvestofthemoth)



# PIRATE LUNCH

## January 2021



Monday	Tuesday	Wednesday	Thursday	Friday
				1 NO SCHOOL
4 NO SCHOOL	5 GRILL CHEESE CARROTS DRIED CRANBERRIES CHIPS	6 HOT DOGS BANANA BROCCOLI W/ RANCH CHEX MIX	7 CHILI CHEESE FRIES APRICOT CUPS BROWNIES	8 REMOTE ONLY GRILL CHEESE CARROTS APPLE SLICES CHIPS
11 MOZZERELLA BREAD STICKS CELERY W/RANCH APPLE/BANANA FRUIT POUCH MARINARA SAUCE	12 CHEESEBURGER CHIPS CUCUMBER BITES W/FRY SAUCE PEACH CUPS	13 SHEPHARDS PIE PEAS MANDARIN ORANGES ROLL	14 SLOPPY JOES CARROTS APPLE SLICES CHIPS	15 REMOTE ONLY SLOPPY JOES CELERY W/ RANCH APPLE/BANANA FRUIT POUCH
18 NO SCHOOL PIR DAY	19 BURRITO APPLE SAUCE CUP CARROTS W/RANCH RICE KRISPY TREATS	20 HAMBURGER BANANA CUCUMBER SLICES CHEX MIX	21 BEEF GRAVY OVER MASHED POTATOES ROLL APPLE SLICES	22 REMOTE ONLY BURRITO APPLESAUCE CUP CARROTS W/ RANCH RICE KRISPY TREAT
25 HOT DOGS CARROTS APPLE SLICES TEDDY GRAHAMS	26 BBQ SHREDDED PORK SAND CHIPS BELL PEPPERS FRUIT	27 CHICKEN SLUGGERS CORN COB ROLL MIXED FRUIT CUP	28 CHICKEN NOODLE CASSEROLE CRACKERS CARROTS APPLE SLICES	29 REMOTE ONLY BBQ PORK SAND CHIPS BELL PEPPERS FRUIT

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