

POLSON BREAKFAST

March 2021



Monday	Tuesday	Wednesday	Thursday	Friday
1 ENTRÉE BRK. WRAP FRUIT MILK	2 BANANA BREAD APPLESAUCE MILK	3 HAM, EGG, CHEESE BRK. BAR BANANA MILK	4 BISCUIT w/ HONEY EGG PATTY JUICE MILK	5 NO SCHOOL
8 YOGURT BLACKBERRIES CHEESE STICK MILK	9 BREAKFAST ROUND APPLESAUCE CHEESE STICK MILK	10 GRILLED CHEESE STRAWBERRIES MILK	11 MUFFIN HARDBOILED EGG ORANGE MILK	12 NO SCHOOL
15 WESTERN OMELET APPLESAUCE MILK	16 FRENCH TOAST GRAPES MILK	17 MUFFIN HARDBOILED EGG BANANA MILK	18 DONUT w/SPRINKLES CHEESE STICK JUICE MILK	19 NO SCHOOL
22 SAUSAGE, EGG AND CHEESE BISCUIT APPLE MILK	23 MAPLE BURSTIN PANCAKES BANANA MILK	24 GRANOLA BAR YOGURT JUICE MILK	25 CEREAL CHEESE STICK HARDBOILED EGG JUICE MILK	26 NO SCHOOL
29 BANANA/ NUTELLA ROLL-UP CHEESE STICK MILK	30 GRANOLA BAR YOGURT APPLESAUCE MILK	31 SAUSAGE, EGG, CHEESE AND POTATO WRAP JUICE MILK		 


Grains are this month's Harvest of the Month. Did you know...

- Grains make up their own food group.
- Wheat is classified by the season in which it is grown, hardness, color, and other factors. Spring wheat is planted in the spring and harvested in the late summer. Winter wheat is planted in the fall and harvested in the spring or summer, depending on the conditions.
- What's in a bushel? One US bushel is approximately 8 gallons of dry crops.

POLSON PIRATE LUNCH

March 2021



Monday	Tuesday	Wednesday	Thursday	Friday
1 GRILLED CHICKEN BURGER LETTUCE/TOMATO GRAPES CHIPS	2 SAUSAGE DOG CUCUMBERS BANANA CHIPS TEDDY GRAHAMS	3 HAMBURGER LETTUCE TOMATO,PICKLES APPLE SLICES CHIPS	4 BEEF BURRITO TOSSED SALAD BANANA	5 REMOTE ONLY
8 CHICKEN FRIED STEAK SAND LETTUCE /TOMATO CHIPS MANDARIN ORANGES /STRAWBERRIES	9 CHICKEN STRIPS GREEN BEANS ROLL BANANA	10 STUFFWICHES CELERY AND CARROTS PINEAPPLE	11 BBQ SHREDDED CHICKEN SAND. SNAP PEAS/ TOMATO BLUEBERRIES CHIPS	12 REMOTE ONLY
15 HOT DOGS CHEDDAR SUN CHIPS APPLESAUCE CUP CHERRY TOMATO/CARROTS	16 HAMBURGER LETTUCE TOMATO, PICKLE GRAPES CHEDDAR POPCORN	17 HOT POCKET PEPPERONI STICKS ZUCHINNI STICKS BANANA	18 CHILI CHEESE FRIES TOSSED SALAD APPLE SLICES	19 REMOTE ONLY
22 FISH SAND COLESLAW APPLE/BANANA POUCH	23 CHICKEN NUGGETS CORN COB ROLL FRUIT ROLL UP	24 CHEESE BURGER LETTUCE /TOMATO CHIPS APPLE SLICES	25 GRILLED CHEESE CELERY W/ PEANUT BUTTER MANDARIN/PINEAPPLE	26 REMOTE ONLY
29 GRILLED CHICKEN BURGER LETTUCE/ TOMATO GRAPES GARDEN SALSA SUN CHIPS	30 SAUSAGE DOG APPLE BANANA POUCH TOSSED SALAD TEDDY GRAHAMS	31 HAMBURGER LETTUCE ,TOMATO, PICKLES BANANA CHEDDAR SUN CHIPS		

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- What's in a bushel? One US bushel is approximately 8 gallons of dry crops. One bushel of wheat weighs about 60 pounds.