



*Winchester Public Schools*

*1<sup>ST</sup> GRADE*

*Learning Support Resource*

**Winchester Public Schools is pleased to offer you and your child a Learning Support Resource (LSR) to help you remain actively engaged in the learning process while not in school. Included in the resource packet are online resources with usernames and passwords, a “menu” of learning activities that include various content areas and levels of difficulty, and worksheets designed to support grade level content review for writing, reading, mathematics, and science.**

See below for a list of online resources to encourage your student(s) to continue practicing skills they've learned so far this school year! When appropriate, websites have been labeled with suggested grade levels to help you determine which is best for your learner(s). Have fun!

**Literacy:**

<b>Website</b>	<b>Suggested Grade Level:</b>
<a href="https://www.starfall.com/h/">https://www.starfall.com/h/</a>	PK-3
<a href="https://www.ixl.com/ela/grade-6">https://www.ixl.com/ela/grade-6</a>	6
<a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a>	Any
<a href="https://www.abcya.com/">https://www.abcya.com/</a>	Any
<a href="https://improvingliteracy.org/kid-zone/">https://improvingliteracy.org/kid-zone/</a>	Any
<a href="https://kids.nationalgeographic.com./">https://kids.nationalgeographic.com./</a>	Any
<a href="https://www.winpublib.org/collections/ebooks/">https://www.winpublib.org/collections/ebooks/</a> (If you have a library card)	Any

**Math:**

<b>Website</b>	<b>Suggested Grade Level:</b>
<a href="https://www.tumblemath.com/home.aspx">https://www.tumblemath.com/home.aspx</a> (Stories and Literature that align with Math)	Any
<a href="https://www.mathplayground.com/">https://www.mathplayground.com/</a>	1-6
<a href="https://www.factmonster.com/math/flashcards">https://www.factmonster.com/math/flashcards</a>	1-6
<a href="https://www.abcya.com/">https://www.abcya.com/</a>	Any
<a href="https://www.funbrain.com/math-zone">https://www.funbrain.com/math-zone</a>	Any
<a href="http://mrnussbaum.com/mathgames/">http://mrnussbaum.com/mathgames/</a>	1-6
<a href="https://www.starfall.com/h/">https://www.starfall.com/h/</a>	PK-3
<a href="https://www.mathlearningcenter.org/resources/apps">https://www.mathlearningcenter.org/resources/apps</a>	K-5

### Science:

Website	Log-in Information	Suggested Grade Level:
<a href="https://pbskids.org/">https://pbskids.org/</a>	N/A	PK-2
<a href="https://www.nasa.gov/kidsclub/index.html">https://www.nasa.gov/kidsclub/index.html</a>	N/A	K-6
<a href="http://www.sciencekids.co.nz/">http://www.sciencekids.co.nz/</a>	N/A	K-6
<a href="https://kids.nationalgeographic.com/">https://kids.nationalgeographic.com./</a>	N/A	Any
<a href="https://pebblegonext.com/">https://pebblegonext.com/</a>	username: <b>vpearson</b> password: <b>school</b>	3-6
<a href="https://www.pebblego.com/">https://www.pebblego.com/</a>	username: <b>research</b> password: <b>school</b>	K-6

### Unified Arts:

Website
<a href="http://www.classicsforkids.com">www.classicsforkids.com</a>
<a href="https://www.mydso.com/dso-kids">https://www.mydso.com/dso-kids</a>
<a href="https://family.gonoodle.com/">https://family.gonoodle.com/</a>

# Menu of Learning Activities

<p>Journaling: Use sentences and pictures to show what you did during your day off today.</p>	<p>Addition: Use cereal or small objects to write addition sentences. You can use the Addition Sentences Worksheet (1-A) to record your work.</p>	<p>With help from an adult, listen to music and move to the beat. Try this website. <a href="http://www.classicsforkids.com">www.classicsforkids.com</a></p>	<p>With help from an adult, go to <a href="https://improvingliteracy.org/kid-zone/listen">https://improvingliteracy.org/kid-zone/listen</a> Choose a nonfiction text to listen to. Tell someone three facts you learned.</p>
<p>Fill in the numbers to complete the hundreds chart (1-B).</p>	<p>With permission, go outside to look at your shadow. Then go outside later in the day and see if you notice changes. Tell a grown-up how shadows are formed.</p>	<p>Read a story with someone. Retell the story including the beginning, middle, and end. Tell what you like about the story.</p>	<p>With permission, go play outside. Work with someone to find signs of Spring!</p>
<p>Give a compliment to everyone in your house. Write each one down.</p>	<p>Play a board game with someone. After the game is done, talk about why taking turns is important.</p>	<p>Write your own "Calming Strategy" and teach it to someone at home.</p>	<p>Be a great friend by making a card for someone. Include reasons why they are a great friend.</p>
<p>Follow a recipe with someone. Talk about the directions and measurements.</p>	<p>Write a friendly note to send to someone.</p>	<p>Use worksheet 1-C to create different hand shadow puppets for a play. Perform the play for someone in your house. Discuss how a shadow is made.</p>	<p>Write 4 sentences about your favorite animal. Draw pictures to match your sentences.</p>

# Menu of Learning Activities

<p>Read a favorite book. Draw a picture of something that happened in the story.</p>	<p>Make a list of 5 healthy snacks. Why are they healthy?</p>	<p>Learning About Each Other! Use the interview sheet (2-B) to learn about someone and their favorite things about winter.</p>	<p>Create a kindness calendar. Fill in the Kindness Calendar (2-C) to plan a week's worth of kindness activities to complete.</p>
<p>Let's Get Moving! Find a comfortable space in your house and follow the instructions on the Let's Get Moving worksheet (2-D).</p>	<p>Help someone with a chore around the house.</p>	<p>Go around your house and count the windows and doors. Are there more windows or doors? Write the number of windows and doors you have. Circle the one that has more.</p>	<p>Draw and label what you are doing at five different "o'clock" times during the day. (For example, 9:00, 2:00)</p>
<p>Create a "How to Be a Good Friend" book. Using blank paper, use words and pictures to show how you can be a good friend.</p>	<p>With help from an adult, go to <a href="https://improvingliteracy.org/kid-zone/listen">https://improvingliteracy.org/kid-zone/listen</a> Choose a nonfiction text to listen to. Tell someone a fact that surprised you while reading along with the text!</p>	<p>Use materials from around your house to make a model of a flower. (tissue paper, tin foil, cotton swabs, yarn)</p>	<p>With an adult, go on a nature walk. Record what plants and animals you see in the habitat.</p>
<p>Landscape Out Your Window: Draw a picture of what you see from your window. Use worksheet 2-E for guidance.</p>	<p>Explore instruments and composers online with help from an adult. <a href="https://www.mydso.com/dso-kids">https://www.mydso.com/dso-kids</a></p>	<p>Self-Portrait: Look in a mirror and draw a self-portrait. Include as much realistic detail as you can.</p>	<p>With help from an adult, make a healthy snack to enjoy. Talk about what makes it a healthy choice.</p>

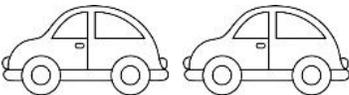
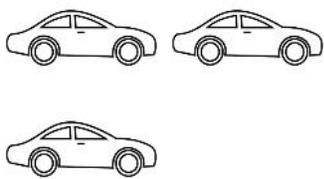
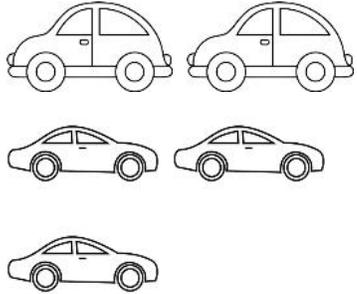
# Day 1 Worksheets and Attachments



## ADDITION SENTENCES WORKSHEET

(1-A)

Use objects or pictures to write your addition sentences. Write the addition sentence under the pictures.

	+		=	
2	+	3	=	5

	+		=	
	+		=	

	+		=	
	+		=	

# Day 1 Worksheets and Attachments



## HUNDREDS CHART

(1-B)

1				5				9	
		13				17			
	22				26			29	
			34				38		
				45				49	
51						57			
		63							70
	72				76				
81							88		
		93				97			

# Hand Shadow Puppets

Directions: Try to make these hand shadow puppets. All you need is your hands, a dark room, a light source, and a flat surface.



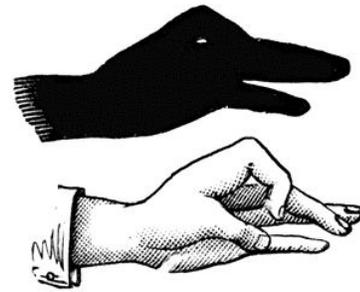
**Butterfly**



**Camel**



**Dog**



**Duck**



**Rabbit**



**Goat**



**Wolf**



**Elephant**



*Use the questions below to learn about someone's favorite things about winter? Record the answers.*

**1. What is your favorite winter outdoor activity?**

**2. Can you share a special winter memory?**

**3. What are other reasons you enjoy winter?**

# Day 2 Worksheets, Writing Prompts and Attachments



KINDNESS CALENDAR

(2-C)



kindness  
MATTERS

Day of the Week	I will show kindness by .....
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	
Sunday	



*Find a comfortable place in your house and do the exercises listed below.*



### **Push-Ups**

Get in a push-up position with your arms straight and elbows locked. Try holding yourself in this position for 90 seconds.

### **Shoulder Tap**

While in the push-up position, try to touch your right hand to your left shoulder, then your left hand to your right shoulder. Repeat 24 times.

### **Ab Crunches**

Lay on the floor and do 30 abdominal crunches.

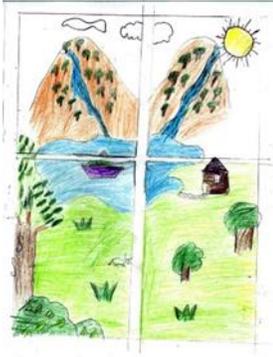
Repeat this entire routine one more time.

# Day 2 Worksheets, Writing Prompts and Attachments



## LANDSCAPE FROM YOUR WINDOW

(2-E)



*Use materials of your choice (crayons, pencils, paint, clay) to create a picture of the view from your window. What do you see? What is happening? How can you tell? What details can you include in your artwork to describe what you see? Find a creative way to show what is happening outside your window. Bring your artwork to school to share with your class.*