

Welcome to our Lunch Cafe at...

Tony Clement Center for Education

March
2020

Monday

2 Vegetarian Hummus Wrap 🌱
Crispy Chicken Sandwich
Crispy Potato Puffs
Carrot Dippers
Light Ranch Dressing
Diced Pear Cup



Tuesday

3 Mission Burrito 🌱
Refried Beans
Broccoli Bites
Light Ranch Dressing
Applesauce

Wednesday

4 Chili Cheese Dog 🌱
NY Local Baked Fries
Carrot Dippers
Light Ranch Dressing
Diced Peaches

Thursday

5 Homemade Baked Pasta with Cheese 🌱
Whole Wheat Dinner Roll
Caesar Salad
Carrot Dippers
Light Ranch Dressing
Pineapple Cup

Friday

6 Baked Chicken Breast
Homemade Mac & Cheese Side
Whole Wheat Dinner Roll
Steamed Carrots
Cucumber Coins
Light Ranch Dressing
Mixed Fruit

9 Vegetarian Hummus Wrap 🌱
Or Chicken Nuggets
BBQ Sauce
Whole Wheat Dinner Roll
Animal Crackers
Fluffy Mashed Potatoes
Broccoli Bites
Light Ranch Dressing
Diced Pear Cup



10 Chicken Fajita
Mild Salsa
Sour Cream
Pinto Beans
Carrot Dippers
Light Ranch Dressing
Applesauce

11 Baked Potato Bar
Bread Sticks
Steamed Broccoli
Celery Sticks
Light Ranch Dressing
Diced Peaches

12 Buffalo Chicken Mac & Cheese 🌱
Whole Wheat Dinner Roll
Carrot Dippers
Side Garden Salad
Pineapple Cup

13 Deli Bar
Homemade Deli Style Coleslaw
Carrot Dippers
Light Ranch Dressing
Mixed Fruit

16 Vegetarian Hummus Wrap 🌱
Or Nachos Grande
Mexican Style Chicken 🌱
Black Beans
Carrot Dippers
Light Ranch Dressing
Diced Pear Cup



17 General Tso's Chicken 🌱
Brown Rice
Whole Wheat Dinner Roll
Steamed Broccoli
Cucumber Coins
Light Ranch Dressing
Applesauce

18 Famous Chili Cheese Fries 🌱
Whole Wheat Dinner Roll
Animal Crackers
NY Local Baked Fries
Carrot Dippers
Light Ranch Dressing
Diced Peaches

19 Salisbury Steak 🌱
WG Corn Muffin 🌱
Fluffy Mashed Potatoes
Green Beans
Pineapple Cup

20 Make Your Own Salad
Light Ranch Dressing
Carrot Dippers
Greek Salad 🌱
Mixed Fruit
Sriracha Garbanzo Beans

23 Vegetarian Hummus Wrap 🌱
Or Baked Chicken Tenders
Yellow Rice
Steamed Carrots
Broccoli Bites
Light Ranch Dressing
Applesauce



24 Burger Bar
Crispy Potato Puffs
Sweet Corn
Diced Pear Cup
Applesauce

25 Ranch & Chicken Quesadilla
Sweet Potato Fries
Cucumber Coins
Light Ranch Dressing
Diced Peaches

26 Homemade Pasta & Meat Sauce 🌱
Carrot Dippers
Bread Sticks
Side Garden Salad
Pineapple Cup

27 Fish and Chips
NY Local Baked Fries
Chickpea Salad
Mixed Fruit

30 Vegetarian Hummus Wrap 🌱
Jumpin Jack Burger Wrap 🌱
Buttered Corn
Carrot Dippers
Light Ranch Dressing
Diced Pear Cup



31 Chicken Bowl with Gravy 🌱
Whole Grain Biscuit
Fluffy Mashed Potatoes
Glazed Carrots
Applesauce

HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



Our marketing and communications programs encourage a healthy "Fooditude," that is, a healthy attitude about food. Through innovative menus and promotions, we strive to create a healthy fooditude that leaves students inspired to achieve all levels of success.



Lunch Prices: All students attending ACSD are entitled to one complete lunch free of charge. Additional lunch is \$2.50 Milk/Juice is \$.50
Lunch Includes: Skim, 1% or Fat Free Chocolate Milk/ Vegetable /Fruit /Grain /Protein
If you have any questions or

Alternate Menu Available Daily

PB&J on WW, Buffalo Chicken Wrap, Greek Salad, Garden Salad w/ Cheese, Chicken or Buffalo Chicken with WW Rolls, Vegetarian Hummus Wrap
Deli Sandwiches (on WW Roll or Wrap): Mon: Ranch Chicken, Tue: Honey Mustard Chicken, Wed: Turkey, Thu: BBQ Chicken, Fri: Tuna Hot Sandwiches Available Daily: Cheeseburger, Hamburger, Turkey Burger, Veggie Burger
Mon: BBQ Beef Rib, Tue: Chicken Patty, Wed: Hot Dog, Thu: Bacon Cheeseburger, Fri: Bacon Cheeseburger

Would like additional Made With Natural Ingredients

Smart Choice

Made With Organic Ingredients

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. Information regarding this conditions. Mon: Pizza, Tues: Chicken, Wed: Sandwiches, Thurs: Sandwiches, Fri: Sandwiches, Sat: Sandwiches, Sun: Sandwiches. This is an equal opportunity provider.