



## City School District of Albany Community Resource Guide

Resource	Link	Categories/Description						
<p><b>Albany County Crime Victim and Sexual Assault Resources</b></p> <p><b>General Information:</b> <b>(518) 447-7000</b></p>	<p><a href="https://www.albanycounty.com/departments/crime-victim-and-sexual-violence-center/resources">https://www.albanycounty.com/departments/crime-victim-and-sexual-violence-center/resources</a></p>	<p>Categories include resources to support needs related to:</p> <ul style="list-style-type: none"> <li>● Bullying</li> <li>● Campus Resources</li> <li>● Child Abuse</li> <li>● Dating Violence</li> <li>● Elder Abuse</li> <li>● Gay, Lesbian, Bisexual, and Transgender Individuals</li> <li>● Human Trafficking</li> <li>● Individuals with Disabilities</li> <li>● Sexual Abuse by Professionals</li> <li>● Sexual Assault</li> <li>● Stalking</li> <li>● Support, Advocacy and Community Services</li> <li>● Veterans</li> <li>● Victims of Crime</li> </ul>						
<p><b>Albany County Resource Guide</b></p> <p><b>General Information:</b> <b>(518) 447-7000</b></p>	<p><a href="https://www.albanycounty.com/departments/health/coronavirus-covid-19/additional-resources-links">https://www.albanycounty.com/departments/health/coronavirus-covid-19/additional-resources-links</a></p>	<p>Support and Assistance Phone Numbers</p> <table border="0" style="width: 100%; border-collapse: collapse;"> <tr> <td style="border-right: 1px dotted black; padding: 5px;"><b>Albany County Health Department</b></td> <td style="padding: 5px;">(518) 447-4580 Mon–Fri: 8:30 a.m.–10:00 p.m. Sat and Sun: 8:30 a.m.–6:00 p.m.</td> </tr> <tr> <td style="border-right: 1px dotted black; padding: 5px;"><b>NYS COVID-19 Hotline</b></td> <td style="padding: 5px;">1-888-364-3065 (24 hours)</td> </tr> <tr> <td style="border-right: 1px dotted black; padding: 5px;"><b>Albany County-NY Connects</b></td> <td style="padding: 5px;">(518) 447-7177 <b>(Senior questions and help with food)</b></td> </tr> </table>	<b>Albany County Health Department</b>	(518) 447-4580 Mon–Fri: 8:30 a.m.–10:00 p.m. Sat and Sun: 8:30 a.m.–6:00 p.m.	<b>NYS COVID-19 Hotline</b>	1-888-364-3065 (24 hours)	<b>Albany County-NY Connects</b>	(518) 447-7177 <b>(Senior questions and help with food)</b>
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		<b>Albany County Mental Health Support Hotline</b>	(518) 269-6634 8:00 a.m.-8:00 p.m., 7 days/week
		<b>Albany County Government</b>	(518) 447-7000
		<b>Albany County Coronavirus Hotline</b>	2-1-1 from any phone (24 hours) <i>(to ask questions/report fraud)</i>
		<b>Food, Housing, Transportation and other Support</b>	Call 2-1-1 or 1-888-366-3211 from any phone, or visit <a href="http://www.211neny.org">www.211neny.org</a> for 24/7 assistance regarding food, housing, utilities, health care, senior services, disability services, transportation, and more.
		<b>Food Pantries</b>	For an updated list of available food pantries for the Capital Region, visit <a href="http://www.thefoodpantries.org">www.thefoodpantries.org</a> .  If you need help finding your nearest food pantry, please call the Food Access Referral Line, M-F from 8 a.m.-4 p.m. at (518) 458-1167, ext. 108.
		<b>National Grid (customer service)</b>	1-800-642-4272 7:00 a.m.-7:00 p.m., Monday through Friday
		<b>National Grid gas emergency</b>	1-800-892-2345 (24 hours)
		<b>National Grid power outage</b>	1-800-867-5222 (24 hours)

<p><b>Albany Human Service Guide</b></p> <p><b>For additional information: 518-380-5600</b></p>	<p><a href="http://www.albanyhousing.org/wordpress/wp-content/uploads/2013/06/Community-Resource-Directory-2018.pdf">http://www.albanyhousing.org/wordpress/wp-content/uploads/2013/06/Community-Resource-Directory-2018.pdf</a></p>	<p>Categories include resources to support needs related to:</p> <ul style="list-style-type: none"> <li>● Abuse and Neglect</li> <li>● Adaptive Equipment</li> <li>● Addiction Services</li> <li>● Career Services</li> <li>● Childcare and Resources</li> <li>● Disability Resources</li> <li>● Education</li> <li>● Family Services</li> <li>● Food Pantries</li> <li>● Health and Wellness</li> <li>● Housing</li> <li>● Legal Services</li> <li>● Mental Health</li> <li>● Senior Citizen Services</li> <li>● Transportation</li> <li>● Veteran Services</li> <li>● Women’s Health Resources</li> </ul>
<p><b>City of Albany Resource List</b></p>	<p><a href="https://www.albanyny.gov/Government/MayorsOffice/COVID19ResourceGuide.aspx">https://www.albanyny.gov/Government/MayorsOffice/COVID19ResourceGuide.aspx</a></p>	<p>COVID-19 Resource Guide link to city services and supports for:</p> <ul style="list-style-type: none"> <li>● Resource Guide in Various Languages</li> <li>● City of Albany Essential and Non-Essential Services Updates</li> <li>● COVID-19 Test Sites</li> <li>● How Do I Become A Contact Tracer?</li> <li>● COVID-19 Symptoms and Prevention</li> <li>● Home-Proofing for COVID-19 and Other Illnesses</li> <li>● NYS Mandated Prohibitions</li> <li>● Where to Access Food</li> <li>● Restaurants Open for Take-Out/Delivery</li> <li>● Where to Access Childcare</li> <li>● Domestic Violence Prevention</li> <li>● Mental Health Support</li> <li>● What are the current parking rules?</li> <li>● I've Lost My Job or Closed My Business as a Result of COVID-19</li> <li>● K-12, College, Court and Library Closures</li> </ul>

		<ul style="list-style-type: none"> <li>• Public Transportation</li> <li>• Information for Various Federal, State and Local Agencies, Nonprofits &amp; Others</li> <li>• What to do if I cannot pay my utilities during COVID-19 outbreak</li> <li>• What If I don't Have Health Insurance During the COVID-19 Outbreak?</li> <li>• Where Can I Volunteer My Time to Help My Community?</li> <li>• Virtual Weddings</li> </ul>
<b>Community Mental Health Resources</b>	<a href="https://drive.google.com/file/d/1Zt-dSxhaC0cZi2IBwV7S8uesA7pVMyZr/view?usp=sharing">https://drive.google.com/file/d/1Zt-dSxhaC0cZi2IBwV7S8uesA7pVMyZr/view?usp=sharing</a>	List of Mental Health Resources in the City and County of Albany
<b>Crime Victim Services</b> 1-800-247-8035	<a href="https://ovs.ny.gov/">https://ovs.ny.gov/</a>	Provides assistance for: <ul style="list-style-type: none"> <li>• Help for Crime Victims</li> <li>• File a Claim Online</li> </ul>
<b>Electronic Benefit Transfer (P-EBT) Food benefits FAQs</b> 1-888-328-6399	<a href="https://otda.ny.gov/SNAP-COVID-19/Frequently-Asked-Questions-Pandemic-EBT.asp">https://otda.ny.gov/SNAP-COVID-19/Frequently-Asked-Questions-Pandemic-EBT.asp</a>	Answers to many commonly asked questions about the P-EBT food benefits for New York State residents.
<b>Food Resources</b>	<a href="https://docs.google.com/document/d/13kIL9RfjG4IO5E--1rxQeCoqz4tIATdPiA023S2mtxw/edit?usp=sharing">https://docs.google.com/document/d/13kIL9RfjG4IO5E--1rxQeCoqz4tIATdPiA023S2mtxw/edit?usp=sharing</a>	Free Meal Resources in the Albany Community
<b>Healthy Capital District Initiative: Social Determinants of Health Resource Guide 2020</b>	<a href="http://www.hcdiny.org/">http://www.hcdiny.org/</a>	Categories include resources to support needs related to: <ul style="list-style-type: none"> <li>• Food</li> <li>• Utilities</li> <li>• Housing</li> <li>• Child Care</li> <li>• Cost of Care</li> </ul>

<b>For general comments or inquiries, email <a href="mailto:hcdi@hcdiny.org">hcdi@hcdiny.org</a></b>		<ul style="list-style-type: none"><li>● Transportation</li><li>● Literacy, and</li><li>● Safety at Home</li></ul>
<b>Office of Mental Health Emotional Support Helpline 1-844-863-9314</b>	<a href="https://omh.ny.gov/omhweb/covid-19-resources.html">https://omh.ny.gov/omhweb/covid-19-resources.html</a>	Office of Mental Health Emotional Support Helpline is available for free and confidential support for those experiencing increased anxiety during the pandemic. You can reach the Helpline between 8:00 a.m. and 10 p.m., seven days a week.