



*“Service is the rent we pay for living on this planet.”  
– Marion Wright Edelman, founder & president of Children’s Defense Fund*



## **Student volunteers – Our community needs you!**

*As a service to our students and community, Oak Park and River Forest High School provides information about volunteer opportunities. Please contact the agencies or contact person listed directly for further information or details about volunteer positions. Please contact agencies **WELL IN ADVANCE** of event dates to volunteer for their planning needs.*

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*For detailed information about volunteer opportunities in the community and a look at the online version of the 2009-10 Volunteer Opportunities for Youth, contact the Volunteer Center, 708-386-3393, [www.oprfvolunteercenter.org](http://www.oprfvolunteercenter.org).*

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**No Current Listings**

**Many classes and groups are currently working on the Holiday Gift Program. Please contact Ms. Linda Hayes, Room 105, [lhayes@oprfs.org](mailto:lhayes@oprfs.org) for more information.**

**Please also contact Tau Gamma and Service Club for information about service opportunities within the community.**

Questions about these listings? Contact Katherine Foran, OPRFHS volunteer coordinator, at [kforan@oprfs.org](mailto:kforan@oprfs.org) or 708-434-3099 or drop by Rm. 105. FYI: Student volunteer opportunities also are periodically announced through the Student Bulletin and listed on-line under the [School News](#) link.

**(Please see information below for opportunities for adult volunteers at OPRFHS.)**



# Parents/Guardians - Be involved. Be a volunteer.

## **Tutoring opportunities – As needed:**

- **Literacy/Title 1** – One-on-one mentoring and tutoring with students who need help strengthening basic literacy skills. Training and orientation provided. Minimum commitment of two hours a week for one semester, please.
- **ELL (English-Language Learning Program)** - ELL teacher needs occasional help in classroom to work one-on-one with non-English speaking students.

**Parent reminder calls** – The personal touch counts. Sometimes direct parent-to-parent reminders about important meetings, school programs or opportunities are the best way to network and connect. All it takes is a simple phone call made by you.

**Career mentoring** – Career planning is an essential part of any post-high school goal setting. We appreciate volunteers who are willing to share experiences, insights, and expertise about careers, trades, businesses or professions. Whether you have the time to mentor and network or just speak once a year, your time with students can offer an invaluable window into the world beyond!

**Our school-affiliated groups provide excellent volunteer opportunities, too.** Please contact the organizations directly. Information is available on the school website under Information For > Parents/Guardians > Parent Organizations.

- **APPLE**
- **Boosters**
- **Citizens' Council**
- **Concert Tour Association**
- **PTO**

**The Supported Education Association, SEA, a non-school affiliated group,** provides support, resources and information to families with children of special needs. More information is available on its website at <http://www.sea-oprf.org/>.

**And more.... We welcome your valuable suggestions and ideas, too!**  
Contact K. Foran, OPRF Volunteer Coordinator, at 708-434-3099 or [kforan@oprfhs.org](mailto:kforan@oprfhs.org) for more information.