



OAK PARK and RIVER FOREST HIGH SCHOOL

Dec. 30, 2021

Dear Students, Staff, and Families,

As noted in the communication sent earlier today, the Illinois Department of Public Health (IDPH) announced that it is adopting the Centers for Disease Control and Prevention's (CDC) [recommendation](#) to reduce the number of days for isolation and quarantine for the general public. However, IDPH also stated that schools should continue to follow the [guidance for schools](#) that was previously issued.

According to the Oak Park Department of Public Health, the state is currently working to update the guidelines for schools. Until that time, Oak Park and River Forest High School will maintain its existing protocols for isolations and quarantines, with one exception (see below).

Quarantine Length for Unvaccinated Close Contacts Reduced to 10 Days

Prior to the CDC update earlier this week, the Oak Park Department of Public Health was planning to reduce the quarantine length for unvaccinated close contacts from 14 days to 10 days. We are implementing this change immediately once we return from winter break, beginning with our Institute Day for staff on Monday, Jan. 3.

Below is a summary of the the district's quarantine and isolation requirements, per the local health department:

IF YOU TEST POSITIVE FOR COVID-19	
All students and staff, regardless of vaccination status	Isolate for at least 10 days from onset of symptoms. Return to school after 10 days AND 24 hours with no fever AND improvement of symptoms.

IF YOU WERE EXPOSED TO COVID-19 (CLOSE CONTACTS)

Fully vaccinated students and staff	Asymptomatic <ul style="list-style-type: none">• No missed school, work or activities (upload proof of vaccination to Skyward to avoid quarantine).• Get tested 5 days after exposure.• Wear a mask around others. Symptomatic <ul style="list-style-type: none">• Immediately quarantine and obtain a PCR test. May return if no longer symptomatic and PCR is negative.• The COVID Team will clear students/staff to return to school (testing may be required, per state exclusion guidance).
Unvaccinated students and staff	Quarantine for 10 calendar days after exposure <p>Closely monitor for symptoms and notify your healthcare provider and the COVID Team if symptoms develop.</p>

We appreciate your support in following these guidelines. Please refer to our previous message for additional steps you can take to assist us with a safe return to school next week.

We wish all of you a safe and happy New Year.

Sincerely,

Dr. Greg Johnson
Superintendent