



January 15, 2021

To: Spectrum Parents/Guardians

Re: *Ready for School Requirements* and Revised Face Covering Requirements

Ready for School Requirements

While Spectrum was in the modified hybrid learning model (Nov. 17, 2020–Jan. 20, 2021), COVID -19 tracking was suspended for the majority of the student body and staff because they were not on campus. A responsible return to campus on Jan. 21 requires an assessment of the state of COVID among families with students returning to campus. In order to update school records and provide an accurate assessment, Spectrum is asking that families please contact the COVID Coordinator before sending student(s) to campus if any of the following is true for their family:

- (1) there has been a positive case of COVID diagnosed in someone who lives in the household between December 28, 2020 and today.
- (2) the student has been exposed to a positive case of COVID within the last 14 days
- (3) the student is symptomatic as defined by the *Ready for School Requirements*
- (4) the student has been diagnosed with COVID within the last 10 days

The *Ready for School Requirements* have been attached to this document for your convenience. While they have not changed, the language has been updated to reflect the updated decision tree provided by the Minnesota Department of Health (MDH). In addition to the initial notification, Spectrum asks that parents/guardians evaluate their child(ren) daily using the *Ready for School Checklist* before sending them to school.

Parents/guardians must contact the COVID Coordinator by [email](#) or phone (763.450.9804) to discuss returning to school if any of the above statements apply. If a student is scheduled to be on campus, the parent/guardian will be contacted. First priority will be to connect with families of those students scheduled to be on campus next Thursday and Friday.

In addition, if a student tested positive for COVID between November 17, 2020 and today, please email the student's name and the date of the positive test. Students will be exempt from close contact quarantine for 90 days after his or her isolation period.

Revised Face Covering Requirements from MDH and the Minnesota Department of Education (MDE)

Face covering guidance from the fall will remain in effect as Spectrum moves back into our hybrid learning model for 2nd semester. A face covering is required to ride on school transportation and attend school on campus. Students who are unable to wear a face covering will follow the online synchronous learning model off campus.

Additionally, MDH and MDE have modified the face covering requirement for on campus PE classes consistent with Executive Order 20-103, which states “*face coverings must be worn at all times during indoor physical activity..., regardless of the level of physical exertion.*”

Thank you for working with the school to mitigate the spread of COVID -19.

Michele Newberger

COVID 19 Program Coordinator

mnewberger@spectrumhighschool.org

763.450.9804



Updated December 4, 2020

DAILY “READY FOR SCHOOL” REQUIREMENTS

Parents of students attending Spectrum on campus are required to evaluate their child(ren) **daily** before sending him/her to campus using the Ready for School Checklist. The questions only need to be answered on days the student(s) will be on campus.

Ready for School Checklist

Question #1: Is your student experiencing one of the “more common” symptoms?

Yes No

- Fever \geq 100.4 F
- New cough / cough that gets worse
- Difficulty/hard time breathing
- New loss of taste or smell



Question #2: Is your student experiencing two of the “less common” symptoms? Yes No

- Sore throat
- Nausea / vomiting
- Diarrhea
- Chills
- Muscle Pain
- Extreme fatigue/feeling very tired
- New severe/very bad headache
- New nasal congestion/stuffy or runny nose



Question #3: Does at least one of the following apply to your student? Yes No

- Your student recently tested positive for COVID-19
- Your student had close contact (*within 6 feet for more than 15 minutes in a 24 hour period*) with a person who recently tested positive for COVID-19

If you can answer “No” to **ALL** questions:

Send your student to school and continue to follow all established protocols.

If you can answer “Yes” to **one or more** questions:

Your child **does not meet** the criteria for attending on campus. Keep the sick child and **all siblings** at home and –

1. Notify the Attendance Clerk that your child(ren) will not be attending school in person due to COVID criteria. If you have children in more than one building, notify each Attendance Clerk.
2. If you have children attending school in a different district, notify that district as needed.

Contact Michele Newberger, COVID-19 Program Coordinator, at (763) 450-9804 or mnewberger@spectrumhighschool.org for instructions on returning to campus.