

DAILY “READY FOR SCHOOL” REQUIREMENTS FOR STUDENTS/PARENTS/GUARDIANS

Updated: August 22, 2021

Parents/guardians of students attending Spectrum on campus are required to evaluate their child(ren) **daily** before sending them to campus using the Ready for School Protocol listed below.

Note: Spectrum will track for close contacts if the school is notified of a positive COVID 19 test result. Parents/guardians will be notified and decide whether to have their student(s) stay home if they are asymptomatic. Students with symptoms must stay home based on the protocol below. If a student has a positive COVID 19 test result, the parent/guardian must notify the COVID 19 Program Coordinator immediately. The student will need to be isolated based on current guidelines (as determined by Spectrum’s COVID 19 Program Coordinator).

Ready for School Protocol

Keep your child home if he/she is experiencing one of the following symptoms or set of symptoms until 24 hours after the symptoms or set of symptoms have resolved:

- Fever $\geq 100^{\circ}$ F
- Vomiting or Diarrhea
- New cough/cough that gets worse
- Difficulty/hard time breathing
- New loss of taste or smell

OR

- Two or more symptoms associated with Influenza or COVID



Consider having your child tested for COVID-19 if he or she is experiencing:

- One or more of the following symptoms associated with COVID
 - Fever $\geq 100^{\circ}$ F
 - New cough or worsening cough
 - Difficulty/hard time breathing
 - Loss of sense of taste or smell

OR

- Two or more of the following symptoms associated with Influenza or COVID
 - Sore throat
 - Nausea / vomiting
 - Diarrhea
 - Chills
 - Muscle Pain
 - Extreme fatigue/feeling very tired
 - New severe/very bad headache
 - New nasal congestion/stuffy or runny nose



If your child is symptomatic as outlined above:

Your child **does not meet** the criteria for being on campus. Keep the sick child at home and:

1. Notify the Attendance Clerk in your child’s building that your child will not be attending school each morning the child will be absent.
2. Decide if your child should be tested for COVID. For questions regarding testing or to report a positive test result contact Michele Newberger, COVID -19 Program Coordinator, at (763) 450-9804 or mnewberger@spectrumhighschool.org.